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NORTHERN COLORADO'S WEEKLY INDEPENDENT LOCAL NEWS

THE VOTES ARE IN!

The Town of Wellington will swear in 3 new Trustees. WELLINGTON PAGE 5





A PREVIEW OF WHAT'S GOING ON **IN NORTHERN COLORADO**

> Powered by Northern Colorado's Entertainment & Lifestyle Magazine

Musical Intersection

Q & A with Bruce Adolphe on Dealing with the **Coronavirus Outbreak** PAGE 10

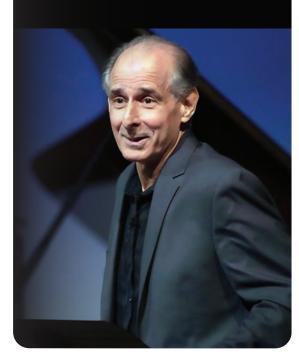




PHOTO FROM ALAMY

PHOTO COURTESY OF BRUCE ADOLPHE



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Changing Societal Norms



Who can dispute that in a matter of days the mandated behaviors of our society and that of societies around the world have changed dramatically?

Perhaps the more important question is: When this pandemic runs its course and it's safe once again to go out in public and enjoy recreational activities that bring us in close contact with other people, how will we have changed as a nation? How will we have changed as people?

Will we automatically return to walking around in public with our heads down on our phones, oblivious to those around us? Will we still fail to know the names of the neighbors who live right next door? Will we be as isolated as people as we voluntarily were before this crisis was upon us?

When we had absolute freedom to move around and engage with others so many of us voluntarily chose to live in a very small universe. That might be due in part to the fact that more and more has been demanded of American workers including working at all hours with no limit or designation as to what is true "downtime?" And what is "our time?"

Well before this recent startling chain of events, in 2017 the French government instituted a law to protect life-work balance. The law gives French employees the right to ignore work-related email that arrives after office hours, legislating protection of their downtime.

Once stay-at-home edicts have been

lifted, we may begin to appreciate the wider and richer lives we could have if we just made an effort to get to know people we see on a regular basis - the neighbor whose face we know so well. And the supermarket cashier we see on a regular basis who

wears a name pin that perhaps we've never bothered to look at - appreciating the person before you, and not just their function - especially in today's times when we owe them a debt of gratitude for continuing to "show up" in close contact with the public because we need them.

With attached garages where a car is filled in privacy, you may never notice a neighbor loading up gear for an activity you, yourself enjoy - it's possible they are an avid golfer or fly fisherman, or enjoy book clubs, or taking cooking classes, just like you - and you never knew it.

Making new friends takes time and effort - even then, sometimes two people hit it off and sometimes they don't. But when you reach out to create a connection, there's the chance that something quite wonderful will happen – and that's not happenstance - YOU created it!

We're posing the question: Once all COVID-19 restrictions have been lifted, and life returns to the "new normal" what will you have observed about your everyday

your life. And we're all for that!

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We're posing the question:

Once all COVID-19 restrictions

have been lifted, and life

returns to the "new normal"

what will you have observed

about your everyday life?

And what will you choose

to do differently?

life? And what will you choose to do differently?

We hope you'll make an effort to become more connected to your community and the people around you. Research has shown in The Blue Zones by Dan Buettner that being more socially connected can add many healthy years to

PHOTO COURTESY OF THE **CROOKED CUP: A pan full of** Kolaches from The Crooked Cup

northfortynews.com/driveway-delivery/

For new and returning subscribers, in partnership with The Crooked Cup in Old Town Fort Collins, we have a new program where we will deliver a free Kolache pastry and a coffee along with the current edition of North Forty News.

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Or contact us to learn more about advertising with us including how your ad in our print edition will also show up in our online digital replica of our current edition along with on our website.

Blaine Howerton

North Forty News

OUR MISSION

As Northern Colorado's only independently-owned, regional weekly, we connect communities and the people who live in them by providing news of hyper-local events and of businesses, nonprofits, government leaders, and individuals who are working hard to make a difference while successfully meeting the challenges of our time.

North Forty News is published weekly by North Forty News LLC and mailed to subscribers in Northern Colorado. The publication is available at another 800 locations throughout Northern Colorado. The advertising deadline is 10 days prior to distribution.

North Forty News LLC

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New content every day!



Provide a Lift: Help Cups Community Coffee Perk Up First Responders, Health Care Workers

NORTH FORTY NEWS | NorthFortyNews.com

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Through their local coffee shop, Amy and Matt Snider are giving back to the community while keeping their small business - Cups Community Coffee - percolating during the new regulations and guidelines brought on due to COVID-19.

Amy Snider delivers a #cUPLIFT to Associates in Family Medicine Urgent Care at Colorado State University

#cUPLIFT is a program Amy and Matt developed with friends last week as a way to make a quick, positive impact in the community. They were looking for creative ways to remain in operation, and to help



PHOTOS COURTESY OF CUPS **COMMUNITY COFFEE: UC Health EMS** Crew enjoying a #cUPLIFT package

others in these challenging times. From their shop, the couple delivers food and coffee packages to local first responders, medical staff, and many other groups needing a lift. The packages vary from small custom deliveries/pickups to setups for large groups.

The effort is already making a big difference to those who receive the #cUPLIFT, as well as sustaining the business and keeping staff employed.

"We make sure to include our local vendor, like Consuelo's and Silver Canyon Coffee, in the packages so we can do our part to keep buying their product, even when our normal foot traffic is much lower," says Amy Snider. "We are also able to keep our staff working shifts while we focus on the #cUPLIFT project. It is so important to us to keep doing purposeful work to stay upbeat and spread positivity right now."

In the first seven days of the #cUPLIFT initiative, the Sniders have made a dozen deliveries, including Associates in Family Medicine, Poudre Valley Hospital, Poudre Fire Authority, Fort Collins Police, UCHealth EMS Crews, and Foothills Gateway. More deliveries are in the queue.

"It is our hope that we brighten the days of a few hard-working people on the front lines, as well as encourage community members and other businesses to spread positivity in some small way," Amy said. "That is something we can control.'

Cups is looking for both contributors to the program and new recipient groups. If you want



Amy Snider delivers a #cUPLIFT to Associates in Family Medicine Urgent Care at CSU

to help, you can reach Amy at the shop by phone (970-482-2377) for larger contributions, or you can purchase singular #cUPLIFT Care Packages at cups.menufy.com. If you know of a deserving group, please contact Amy via phone, email, or message on social media.

Cups Community Coffee 970-482-2377 Current Hours: 7am – 4pm

Amy Finkelstein Snider founded the Colorado Force W-League Women's Pro-Am soccer team in 1996 and Matt Snider founded

Fish Explorer in 2006. She and Matt married in Fort Collins in 1998 and have two children, Jackson and Summer. Amy was named "Outstanding Women in Business" award winner by the Denver Business Journal in 2009, a "Woman of Vision" in 2010 by the Colorado Women of Influence Foundation, and this March received the inaugural CHAMP Dave King Challenger Award for female coaches. Both Amy and Matt are graduates of Cornell University and have lived in Fort Collins since 1996. Matt shares that he caught a fish on Tuesday.

SINCE 1975, the Community Foundation has proudly served Northern Colorado by promoting local philanthropy and connecting donors with causes they care about most.



"We are fortunate to be able to discuss our goals personally with the Community Foundation staff. Their patience through several drafts of my plan gives me every confidence that my wishes will be faithfully carried out."

Madelyn Mihm Designated legacy fundholder



COMMUNITY FOUNDATION **OF NORTHERN COLORADO**



WELLINGTON

How Visualized Learning is Helping Students Succeed

STATEPOINT

While yesterday's students once had to rely on the static images found in textbooks and overhead transparencies, today's students are being treated to a wealth of rich moving imagery with seemingly unlimited interactive potential.

This is good news, as visualized learning can help students better grasp material. Here's how:

• Like the old saying goes, "a picture's worth a thousand words." Visuals have the potential to reduce required reading, helping students absorb information more efficiently and with less fatigue.

• A visual provides a powerful memory that learners can fall back on, which can potentially improve retention of content. This may be especially handy during exams!

· Visual aids can help students identify relationships and patterns.

• The majority of students are visual learners. Incorporating this knowledge into classroom instruction is a practical measure. When a greater percentage of students get the material the first time it's delivered, teachers ultimately have more time to help everybody else get up to speed.

As more schools adopt cuttingedge technologies that embrace visualized learning, students will see the benefits.

Town Community Unites to Help Those in Need During COVID-19 Pandemic

NORTH FORTY NEWS | NorthFortyNews.com

Residents, business owners, and the Wellington Fire Protection District have joined forces with the Town of Wellington to form a Corona Virus Community Response Team in order to help and assist anyone affected by the virus within the Town of Wellington as well as surrounding communities.

With the current situation that CO-VID-19 has created, the Community Response Team aims to help each and anyone at risk, from family members to friends and neighbors with everyday essential tasks. These tasks include simple errands from grocery shopping and delivery to medication pick-up and delivery also.

.....

These unprecedented and uncertain times provide people like those within Wellington's COVID-19 Community Response Team an opportunity to come to-

DO YOU NEED ASSISTANCE DURING THE COVID-19 PANDEMIC?

We can help!

Find the Resource Request Form at

bit.ly/WellingtonResourceRequest

gether and conquer any challenges that are presented together, especially the Corona Virus.

.....

For more information about Wellington's COVID-19 Community Response Team including where and how to utilize their services, please visit bit.ly/WellingtonResourceRequestand fill out the request form.

RESPONSE TEAM

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Town of Wellington to Swear in New Trustees on April 28

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The Town of Wellington held a mail-in on April 28, 2020. ballot municipal election for three open Board of Trustee positions on April 7. The unofficial results show Jon Gaiter, Ashley Renee Macdonald, and Rebekka Kinney as new Trustees. The three candidates for Trustee with the highest vote total will receive a four-year term. The newly elected Board of Trustees will be sworn in at the regular Board of Trustees meeting

According to the Town of Wellington, the following election results are unofficial.

The State Election Law requires the Town to send ballots to registered overseas voters per the Uniformed and Overseas Citizens Absentee Voting Act (UOCAVA). The law allows ballots from UOCAVA voters to be postmarked on Election Day and

be received by the eighth day after the election to be counted. Also, mail ballot signatures must be verified by the election judges. Any ballots the judges are not able to verify must be cured within eight days after the election to be counted. The final canvassing of the election results will be held by the tenth day after the election, with final official results available no later than April 17, 2020.

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Name	Number of Votes
John Evans	387
Daniel J. Sattler	328
Jon Gaiter*	639
Ashley Renee Macdonald*	542
Joseph McDaniel	313
Rebekka Kinney*	745

*Elected to 4-year term



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Visits are \$49 when paid with a credit card or we can submit to your insurance. We can't wait to take care of you virtually!

Please note that our clinic is also still open for walk-ins. We are separating sick from well to ensure your safety. If you have a cough or fever please call when you arrive and stay in your car. You may also initiate your visit via telemedicine and if we direct you to the clinic for further evaluation or testing your fee is applied to your in-person visit.



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PHOTO FROM FREEPIK.COM

Northern Colorado COVID-19 Fund Issues Grants to Local Nonprofits

15 nonprofits receive more than \$200K to address immediate needs; more grants to come

NORTH FORTY NEWS | NorthFortyNews.com

As the impacts of COVID-19 continue to evolve across our community, local nonprofits are responding to meet the needs of people who are most affected. The Northern Colorado COVID-19 Response Fund is answering the call with urgent financial support for these organizations.

The Northern Colorado COVID-19 Response Fund announces a grant distribution of \$200,125 to 15 human service groups. These groups are active across Larimer County, including Allenspark, Berthoud, Drake, Estes Park, Fort Collins, Glen Haven, Loveland, Wellington, and unincorporated areas of the county.

Specifically, these organizations are targeting people in our community who are faced with food insecurity, childcare needs, housing, or other disruptions caused by the pandemic. A second round of grants will be disbursed in mid-April.

"We have tried to focus these grants to help people in our communities who are the most vulnerable and the most at risk due to this crisis," said Ray Caraway, president of the Community Foundation of Northern Colorado. "This includes the elderly, the homeless, healthcare providers, and first responders." Kaycee Headrick, executive director of Boys & Girls Club of Larimer County, which offers services at multiple locations throughout the county. "By providing safe childcare to our first responders and health care professionals, BGCLC is working to ensure these families have a safe place to bring their kids while they work the front lines of this pandemic."

"This fund is designed to evolve to meet the greatest needs of the community as they unfold" said Annie Davies, United Way of Larimer County chief executive officer. "We appreciate the opportunity to work collaboratively with the Community Foundation to connect generous businesses and individuals to a meaningful and local opportunity to help those affected by the pandemic."

The application deadline for nonprofits to apply for the next grant cycle is April 9. Grants are reviewed by volunteers from Estes Park, Loveland, and Fort Collins, as well as staff members from the United Way of Larimer County and the Community Foundation of Northern Colorado.

If you are able, the best way to help is to donate securely online: https://www.nocofoundation. org/covid-19.



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Recipients for the first grant cycle include:

Aspire 3D, Boys & Girls Club of Larimer County, Crossroads Ministry of Estes Park, Crossroads Safehouse, The Family Center–La Familia, Food Bank of Larimer County, The Genesis Project of Fort Collins, Homeward Alliance–Aztlan Center, House of Neighborly Service, Loveland Rotary KidsPak, Meals on Wheels for Fort Collins, Neighbor to Neighbor, The Nappie Project, Salud Family Health Center, UC Health–Family Medicine Center.

Created as a partnership between the Community Foundation of Northern Colorado and the United Way of Larimer County, the Northern Colorado COVID-19 Response Fund was designed as a fastacting source of aid in the wake of this public health emergency. The Response Fund has raised over \$400,000, but the need is much greater. For the first round of grants, the Fund received 40 applications from groups asking for nearly \$800,000.

"With Colorado Governor's announcement that all school districts will be closed until at least April 17, we are working to solve the important community problem of school-aged childcare for our first responders and healthcare providers," said

Please considering sending gifts over \$1,000 directly to the Foundation or the United Way to avoid processing fees. Neither organization will charge an administrative fee for this fund.

Checks may be payable to the Community Foundation of Northern Colorado with "Northern Colorado COVID-19 Response Fund" in the memo line, mailed to the Community Foundation of Northern Colorado, 4745 Wheaton Dr, Fort Collins, CO 80525.

United Way of Larimer County: To donate text LARIMERUNITED to 41444, make an online donation at https://impact.uwaylc.org/Corona, or send checks to United Way of Larimer County, 525 W. Oak Street Fort Collins, CO 80521 with COVID-19 in the subject line. To learn more about community resources & volunteer opportunities, please visit www.uwaylc.org.

The Community Foundation and the United Way are a 501(c)(3) public charities so gifts to any of our funds provide donors with the maximum tax deductions allowed by law.

Nonprofit organizations can visit nocofoundation. org/covid-19 for grantmaking guidelines and application instructions.

FORT COLLINS

Social Isolation in Fort Collins Doesn't **Mean Sacrificing Good Food**

J. KEN CONTE | NorthFortyNews.com

Erica Glaze, owner of the Pig and Plow bakery, had just gotten back from a weeklong baking workshop in San Francisco that had invigorated her creativity and passion for locally sourced products. She was excited to bake and see her friends at the local farmers markets, deliver bread to her wholesale customers and continue to develop and grow her business, just as she had been doing the past six years.

Then the Corona Virus made her rethink her plans. Suddenly her production ground to a halt as social distancing made farmers markets nonexistent and restaurants began canceling orders. Ms. Glaze knew she had to adapt or face the fact that she may not have a business. Fortunately, her website was set up such that customers could order baked and other goods direct. She made a few phone calls to other local food companies, like Wild and Free Teas and Jodar Farms. They were experiencing the same dip in sales that had them suddenly swimming in product. The answer seemed simple: offer a variety of locally sourced products direct to consumers, delivering what they used to get at the farmers market to their front door.

"I knew we had to pivot, or we were done", said Glaze. "I was already out delivering to some of my wholesale customers, like Beavers Market, so it made a lot of sense."

It wasn't quite as simple as it seemed, but, after just a few days, Erica had struck deals to deliver locally sourced meat and eggs from Jodar farms, locally sourced Wild and Free Fermented Teas, and locally sourced dog treats, micro greens and locally roasted coffee.

"Erica is a kindred spirit, so when she approached us about teaming up, it made a lot of sense," said Rebecca Gassman of Wild and Free Fermented Teas. "We already deliver on our own, but adding all the other products really helps the environment and gives customers the option for healthy, locally sourced safe food, crafted right here in Northern Colorado."

But it wasn't just about the fact that locally sourced food could be delivered to homes—it also meant customers could know how many people their food came in contact with because the supply chain was so short. "With our eggs, they are only typically touched by one very well-protected human prior to going into a carton, and that gives us and our customers peace of mind," said Aaron Rice of Jodar Farms.

The Pig and Plow is also committed to customer safety: the small company sanitizes all delivery bins, and employees wear personal protective equipment when delivering goods, which they do sans personal interaction with customers. "We



PHOTO COURTESY OF FRICA GLAZE FRICA GLAZE OWNER OF AND PLOW BAKERY

are so grateful to have customers support You can see more about the locally sourced us. We keep getting more orders every week, and we hope people continue to avail themselves of our services even after this passes", said Glaze.

goods available at: www.ThePigAndThePlow.com www.wildandfreefermentedtea.com www.jodarfarms.com



PHOTO COURTESY OF MATTHEW'S HOUSE: One of The Matthews House Transition Facilitators going into the Youth and Family Center with a youth he works with.

Local Nonprofit Continues to Serve Community

Fort Collins Allows Qualified Businesses to Defer Sales Tax **Payments for 60 Days**

NORTH FORTY NEWS | NorthFortyNews.com

To assist businesses affected by the economic impact of COVID-19, the City of Fort Collins has announced that qualified business taxpayers can defer tax payments for 60 days. Tax payments that are currently due on April 20th or May 20th will be extended to June 20th, interest and penalties will also be waived for approved businesses. The 60-day deferral applies only to sales tax payments associated with filing dates during the months of March and April. Please note that taxpayers that can pay, should pay and that all taxpayers are still required to file on-time monthly returns even if their payments are deferred. Businesses must apply to the Sales Tax Department and receive a positive confirmation to be approved for deferred payments. For those businesses that do not apply, the Sales Tax Department will include information about the tax relief program in those notices.



NORTH FORTY NEWS | NorthFortyNews.com

The Matthews House is continuing to work diligently in the city of Fort Collins during the current Corona Virus situation in order to help their participants who depend on them.

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Established in 2005, the Matthews House provides a safe place for youth who have aged out of foster care and are in need of resources that will aid them in escaping situations such as poverty and abuse through various programs such as the Empowering Youth program (EYP), which provides youth in need with comprehensive case management, connections to community resources, and the empowerment to develop self-sufficiency and a healthy lifestyle.

All of The House programs that serve youth and families within the community such as the EYP are made possible and heavily reliant on their Cultivate Hope fundraiser which was scheduled for Friday, May 8. However, due to the government guidelines, The Matthews House has canceled the fundraiser.

Nevertheless, The Matthews House is launching a new fundraiser called the Holding Hope Campaign with the goal of raising \$200,000. The campaign was matched with \$50,000 from the Richardson Foundation, a foundation established in 2013 by Curt and Nancy Richardson with the intent of improving the quality of lives through various programs that provide youth support and education. So far, the campaign has raised almost a quarter of thier goal, with a total of \$44,345 raised.

The Matthews House will be sharing inspirational stories of those impacted by their work as well as their current needs from now until May 8, asking for support from the community so that they may continue to meet the basic needs of youth and families.

House and their mission or where to donate to their Holding Hope Campaign, please visit their website and donation page at https://thematthewshouse.org.

Businesses will qualify based on:

Having an average monthly sales tax remittance in 2019 of \$2,000 or less; or

If a business's current tax filings are \$2,000 or less per month.

"Our City's top priority is the public health and safety of our Fort Collins comPHOTO FROM FREEPIK.COM

munity members, but we must also take proactive steps to support a timely economic recovery," says Interim Chief Finance Officer Travis Storin. "This extension will provide supplemental relief to our businesses that have felt the effects of recent changes in consumer behavior, tourism trends and employee workforce output."

The Fort Collins Sales Tax Department has set up a dedicated email address at salestax@fcgov.com, and is also offering online chat from 8 a.m. - 4 p.m. Monday - Friday at www.fcgov.com/salestax, and a hotline at (970) 221-6780 to assist businesses with related questions.

FORT COLLINS

Send stories to: city@northfortynews.com

Uncomfortable leaving your home due to the COVID-19 crisis?



We're here to help.

The is a newly registered charitable organization that provides **FREE DELIVERY SERVICES** (of groceries, medications, etc.) to those in need in the Fort Collins area. We also have limited funds for subsidizing the cost of supplies for those struggling financially.



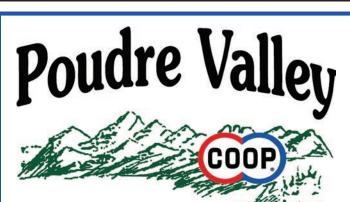
Order your delivery, volunteer or donate at: www.FortCollinsDeliveryNetwork.org



Visit the Great American Bison, the national mammal, on the Terry Town Rail Express.

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Graduate Students Start Nonprofit Delivery Network for Immunocompromised

NORTH FORTY NEWS | NorthFortyNews.com

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Three CSU MBA students have started the Fort Collins Delivery Network - a neighbor to neighbor nonprofit organization that provides free supply delivery services for anyone who feels uncomfortable leaving their home during the COVID-19 crisis. Anybody in the city of Fort Collins in need of delivery can order on their website at www.fortcollinsdeliverynetwork.org, and they'll be connected with a volunteer by the end of the day. So far, all orders have been delivered within 24 hours.

The group only just got started a couple of weeks ago, but they've already incorporated as a nonprofit and registered as a charitable organization through the secretary of state.

Volunteers are able to front the cost of supplies (groceries, prescription medications, drug store supplies, etc.) up to \$150, and recipients pay them back using cash sharing apps or a check upon delivery.

All volunteers are healthy and free of any coronavirus symptoms. They also follow strict safety precautions such as washing their hands before and after entering a store (or using gloves when possible) and wearing masks. They also never have physical contact with their order recipient, leaving supplies on their front door to be picked up after they've gone.

Recognizing the need for financial assistance, the group has also started collecting donations that will almost entirely be used for subsidizing orders



PHOTO COURTESY OF JOSEPH DE LEO

for those who can't afford to pay full price. Any donations left over after the pandemic will be donated to the Food Bank for Larimer County.

The network is currently in need of help spreading the word to those in need, donations, and more delivery volunteers.

"We're just a group of full-time grad students doing our best to help out during this crisis," said co-founder Emma McKay. "Who knows where it will lead, but right now, we're just focused on helping as many people through these tough times as we can."

The Salvation Army Ramps Up Service in Fort Collins

Amid Coronavirus concerns, The Salvation Army helps Fort Collins with food assistance

NORTH FORTY NEWS | NorthFortyNews.com

The Salvation Army continues to provide traditional social services to those we serve, including food and shelter. As our nation adapts to social distancing guidelines, The Salvation Army Fort Collins has pivoted to provide breakfast, lunch and food baskets through a drive-up/walk-up window at their location at 3901 South Mason Street, Fort Collins.

The Salvation Army Fort Collins has helped 1,275 families and individuals in the last two weeks in response to COVID-19 and other concerns. Community members are welcome to stop by The Salvation Army Fort Collins to receive a food box from 10am-3pm Monday – Friday.



- 250

The first item on your spring planting check-list should be talking to the experts at Poudre Valley Co-op about:

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- Irrigation
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224 N.W. Frontage Road, Fort Collins (970) 221-5300 pvcoop.com

NorthFortyNews.com SceneNoco.com

To get additional help or learn more about the options, the public can call 855-768-7977.

"During times of need, The Salvation Army is here to serve our neighbors," says Major Mike Dickinson, The Salvation Army Intermountain Divisional Commander. "If you need help or would like to help, please contact us. We're here for our Larimer County community."

Individuals we serve daily will feel the impacts of this crisis on a greater level. The Salvation Army is in urgent need of food, hygiene items and financial assistance to be able to provide these vulnerable populations with adequate support throughout this pandemic. The Salvation Army will accept food and hygiene donations from 9am-4pm Monday – Friday. Learn more and give at fortcollins.salvationarmy. org or salarmy.us/IMcovidinfo. PHOTO FROM FREEPIK.COM

About The Salvation Army: The Salvation Army, an evangelical part of the universal Christian church established in London in 1865, has been supporting those in need in His name without discrimination for 150 years. Nearly 30 million Americans receive assistance from The Salvation Army each year through the broadest array of social services that range from providing food for the hungry, relief for disaster victims, assistance for the disabled, outreach to the elderly and ill, clothing and shelter to the homeless and opportunities for underprivileged children.

FORT COLLINS



IMAGE COURTESY OF WWW.NWO.USACE.AMG.ML: An arial view of the proposed site of Glade Reservoir looking south with Horsetooth Reservoir in the background

Public Hearings Tentatively Scheduled for Glade Reservoir and Northern **Integrated Supply Project (NISP)**

NORTH FORTY NEWS | NorthFortyNews.com

The Northern Integrated Supply Project 1041 permit application submitted to Larimer County by Northern Water has been judged complete by Larimer County staff on March 18, 2020, with Northern Water also notified on March 19th.

If approved, The Northern Integrated Supply Project (northernwater.org/kentico/nisp) will bring two new reservoirs to Northern Colorado, supplying 15 Northern Front Range water providers with 40,000 acre-feet of new, reliable water supplies.

The project would be located northwest of Fort Collins, using water from the Poudre River.

To view application materials, visit https://www. larimer.org/planning/NISP-1041

Two public hearings have been tentatively scheduled. Larimer County will monitor health department guidance regarding public events given the COVID-19 emergency and adjust accordingly.

Larimer County is complying with Colorado state law which requires a local government to conduct its hearing within 90 days of the submittal of a completed 1041 application.

The first hearing is tentatively scheduled before the Larimer County Planning Commission May 6, 2020 at the Larimer County Courthouse Offices Building, 200 W. Oak St., Fort Collins in the First Floor Hearing Room.

The Board of Larimer County Commissioners will tentatively hold their first hearing on the matter on June 8, 2020 with a location to be announced.

The Larimer County staff contact for the NISP project is Rob Helmick, 970-498-7682, rehelmick@larimer.org.

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Musical Intersection: Q & A with Bruce Adolphe on Dealing with the Coronavirus Outbreak

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BY DEVIN ODELL | NorthFortyNews.com

In looking for inspiration on how to live through this difficult time, I reached out to Bruce Adolphe, who is, among many other things, the artistic director of Off the Hook Arts. A prolific composer, author, educator, scholar, and performer, perhaps most widely known for his Piano Puzzlers on Performance Today, Adolphe is weathering the outbreak at his home in New York.

The topic of music and survival, it turns out, is one of his favorites, and he told me about three recent compositions, commissioned by the River Oaks Chamber Orchestra in Houston, which were inspired by and dedicated to three women who survived the holocaust through being a musician. As one example of these, his piece I Bleed and Hope for Beauty is dedicated to Alma Rosé, a violinist who conducted the women's "orchestra" at Auschwitz and thereby saved many people. You can listen to the world premiere of this piece, which features many passionate violin solos, on-line at: https://roco.org/performances/roco-inconcert-hope-for-beauty-2/.

The email conversation that follows has been edited for length and clarity.

With shows, tours, rehearsals, and other events canceled, are you finding time to work on any projects that you have had in the back of your mind?

Yes, with all the cancellations, which are painfully disappointing and financially troublesome, I have begun to use the suddenly empty schedule to work on new projects. The first thing I have started to do is compose a string sextet (two violins, two violas, two cellos); it will be a meditation on isolation and uncertainty, and for me, it is a way of channeling the emotions I am now feeling into something tangible, useful (my favorite word), and hopefully eventually meaningful for others. I will probably start several works at once, as I usually do. Also, I have returned to writing my memoirs, a project I started in 2017 and then had to let go.

What are you listening to and what suggestions do you have for folks to listen to (or watch) to take the place of live concerts? Do you have any streaming concerts you would recommend that are coming up?

First, as for live-streaming, what is mostly happening is that arts organizations are making their archives of live streams available, so they are not really live anymore. The Berlin Philharmonic is doing this, and so is the Chamber Music Society of Lincoln Center, my own organization in New York. People with kids ages 6 and up may want to watch videos from my family concerts, filmed in Alice Tully Hall, Lincoln Center, New York City. Here is a link to my website's Family Music page, where, if you scroll down you will find several

fun videos on the lower left: https://bruceadolphe.com/ family-music. As far as what I am listening to, my intention is to stop using my phone or computer for listening and to return to my excellent sound system with its large speakers sitting on the floor, and to play recordings (CDs mostly) of various works I love, including Mozart piano concertos (Richard Goode and Orpheus Chamber Orchestra or Daniel Barenboim and the aforementioned English Chamber Orchestra), Beethoven symphonies (various choices, including conductors Simon Rattle and Daniel Barenboim), anything of Bach, Stravinsky's Les noces, my friend the late Nicholas Maw's Violin Concerto with Joshua Bell, and speaking of Josh, I think people would enjoy his beautiful recording of my Einstein's Light with pianist Marija Stroke. For that one, you can use any Spotify, iTunes, Amazon Music, Apple Music, or Google Play.

How are you staying connected to your musical community, including your fellow musicians, students, and audiences?

It is very hard to not see people in person, especially not to be able to rehearse and perform together, but we are using social media and technology, like everyone else. Last night, we had our dear friends Roger Tapping (violist of the Juilliard Quartet) and his wife Natasha Brofsky (cellist and Juilliard faculty) over for dinner via Google Hangout. It took some time to organize and set lighting so that it was visually acceptable, but then we had a nice dinner together. Of course, I asked Natasha to pass the salt and Roger for some wine, and they did the appropriate movements on their screen. With colleagues at the Chamber Music Society of Lincoln Center in New York, we are having our first huge meeting via Zoom this week. Fred Child [the host of Performance Today] and I are thinking of making a video where he calls into my home and I play a few piano puzzlers as a way of connecting with the Savannah Music Festival, where we were supposed to do a show together at the end of March. I will be giving a master class for SUNY Purchase organized by violinist Deborah Buck via Zoom next week.

PHOTO COURTESY OF BRUCE ADOLPHE

so this being the most extreme situation I and most people I know have ever faced, music is essential, even critical. I will be composing every day, whether for 30 minutes or 6 hours, and I will listen to music —not as background to something else, ever — but rather as the point, like reading a novel. I recommend that people who normally play music as background to other activities change that habit now: sit down and listen to music and do nothing else. I also spend some time improvising at the piano whenever I can; it allows me to go into a zone that takes my mind away from the real world, into a place of pure music and wordless ideas.

What are some ways that the listening public can help musicians during this time?

One very simple thing that arts organizations are asking is that people do not ask for a refund if a concert you had a ticket for was canceled. Think of it as a vital and much-needed donation to the world of music, that has already been hit very hard by this. Another thought: if you listen to music for free usually, whether on YouTube or Spotify or some other service, consider purchasing an audio file or CD every now and then. The free music phenomenon has been very difficult for musicians. And don't hesitate to write an email (via a website) to a musician whose music you love. Maybe this is a good time to get to know each other since we are all stuck at home (mostly.)

Is music helping you deal with this difficult time and, if so, how?

Music has always helped me deal with everything and has been central to my life and work all my life, and

Devin Odell is a retired judge who lives with his family in Old Town Fort Collins. Off the Hook Arts is a Fort Collins non-profit that provides low-cost music performance education for students while cultivating a love of the performing arts through public concerts and special events.

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PHOTO COURTESY OF FOUNDATION MUSIC SCHOOL: Foundation Music School, a Muse grantee

BOHEMIAN FOUNDATION SEEKS MUSE GRANT APPLICANTS

NORTH FORTY NEWS | NorthFortyNews.com

Bohemian Foundation has announced that applications are now being accepted for the spring 2020 Muse grant round. Muse is a responsive, competitive grant program offered by Bohemian Foundation's Music Programs.

Muse and Bohemian Foundation's other responsive grantmaking programs continue to operate along scheduled timelines amid the COVID-19 pandemic. The Foundation will look for grant applications that meet Muse goals and guidelines. In addition, the Muse grant application asks organizations to describe their contingency plans if they request support for in-person gatherings that may not be possible due to COVID-19.

Muse provides support to organizations that have popular contemporary music as their primary focus, or that have a program that centers on popular contemporary music. Through Muse, Bohemian Foundation makes awards of up to \$20,000 to eligible 501(c)(3) nonprofit organizations serving Larimer and Weld Counties. Applications are accepted twice per year. Funding requests must align primarily with one of Bohemian Foundation's Music Programs goals: to provide youth with encouragement and opportunities to express themselves through music; to help musicians and music-related businesses grow and develop; and to increase performances of live music. Bohemian Foundation will accept applications until 4:59pm on April 29.

For more information or to apply for a grant, visit Bohemian Foundation's website at: bohemianfoundation.org/music-programs/muse.

THE

About Bohemian Foundation: Bohemian Foundation is a private family foundation established in 2001. Based in Fort Collins, Colorado, Bohemian Foundation works to empower citizens and impact communities through its responsive grantmaking programs and special initiatives.

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North Forty News accepts submissions through email.

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NOCO IN PICTURES: Dewey Chapman Travels the Backroads

NORTH FORTY NEWS | NorthFortyNews.com

As we are dealing with all that's going in the world, here is a peek at the simpler life in Northern Colorado's rural areas.



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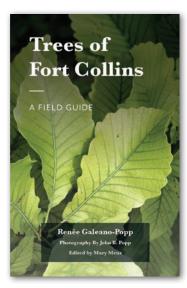
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PERFECT TIMING!

NORTH FORTY NEWS | NorthFortyNews.com



Sometimes a book comes along that under normal circumstances we would truly appreciate. But when a new book launches at a time when we have had so many social activities canceled due to an unprecedented pandemic, a good book takes on a whole new meaning. Such a book is: *Trees of Fort Collins, A Field Guide* by Renée Galeano-Popp and John B. Popp.

At a time when many of us are understandably stressed, we have been advised to practice social distancing. We've been urged to go out only for necessities such as food, medication or a daily walk. We've also been advised not to escape to the mountains to reduce the possible added stress on our medical facilities sometimes brought on by car accidents and/or the need for search and rescue.

At a time like this, one may wonder what activities are still open to us in real-time beyond technology which after a while can feel rather "unreal."

Consider that the National Park Service advises that a 30-minute walk in nature improves concentration and boosts your immune system. And further, that natural aromas from wood and plants have

calming effects and that viewing nature reduces mental fatigue – a winning formula in our current times! Here in Fort Collins Spring has sprung and trees in our locality are about to strut their stuff. It's the perfect time to pick up the new field guide to trees all around Fort Collins by local retired botanist and forest ecologist, Renée Galeano-Popp.

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In an interview, Renée said: "The white flowering Pear trees along roadsides and shopping centers usually show up first while the Norway maples with their yellow flowers are hard to miss in early Spring because the tree crowns are so large – streets in the City Park area are a great place to see them. Next, Crabapples with their white, pink and red flowers will start showing up everywhere."

This field guide showcases the opportunity to plan nature walks in City Park, CSU, and the Gardens on Spring Creek plus excursions to see trees in community parks and along roadsides. With descriptions and photographs of over 200 species and locations where they can be found, this book provides the inspiration for relaxing outdoor adventures that can be pursued while still observing social distancing.

Some trees described in the book are locally uncommon with fewer than 5 locations – some are even "onesies" occurring mainly at the CSU Heritage Arboretum.

Renée and her husband John, who took all 420 photos, considered the two years they spent on this project a labor of love. Offering welcomed assistance were staff from Fort Collins City Forestry, Natural Areas Department, CSU Horticulture Department, and specialists at the Gardens on Spring Creek.

Books are currently available at Larimer County Forestry at 2649 East Mulberry Street and through the Colorado Native Plant Society online at conps.org under garden books. At this time, Renée also provides door-to-door no-contact delivery by request to: mtnpoppies@aol.com.

Arbor Day is Friday, April 24 this year. Treat yourself to a calming outdoor nature walk with this new guide or stay in and read all about the "Trees of Fort Collins." After all, since 1978 Fort Collins has been designated a "Tree City" by the Arbor Day Foundation.



321 Old Firehouse Alley Fort Collins prostbrewing.com

We want to extend the biggest of thanks to everyone for supporting us through this difficult time.

We want to thank our neighbors, friends, family, and everyone in between.

As a small(ish) business, this is an extremely difficult decision, as it is and will be with everyone else affected by this.

We can't thank you enough for the love and support during this pandemic! Once things start to normalize, we will keep you all posted! Stay tuned, because once this storm passes, we will be having an emergence party show! We love you all!



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FEATURE



IN SEARCH OF CABIN TO RENT

I'm looking for a 1bdr. cabin to rent in the Red Feather Lakes area by 4/1/20. Looking in the \$500 to \$600 price range. Late '50s, Retired on Disability, Have 2 neutered male cats. Have no problems with mice! Lol. I helped my parents rent and care for their apartment houses back in Illinois. I Will be the perfect renter! I do have references. Lived in RFL since 2003, want to stay! Really do need the rent to be at \$500. I know this is a low amount, so is my SSDI check! I Just hope and pray that somebody out there will be kind, give me a break, please call Nick @ 970-881-2301.

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North Forty Gardener: Tips for Planning Your Vegetable Garden



MARY MILLER | Horticulturist and Community Garden Outreach Coordinator, The Gardens on Spring Creek

With the arrival of spring, vegetable gardeners are eager to begin work in their garden spaces. However, it's important to put some time into planning and preparing the garden prior to planting. Doing so may save effort and boost productivity through the season.

Decide what veggies to grow.

Gather input from all those who will work in the garden and eat the produce. Make a list of everything folks wish to grow, and then prioritize it to match the size of the garden area. If you find there is not enough room for all you want to grow, determine if growing crops vertically will create more room. Consider expanding the garden size, building raised beds or adding containers to increase the production space.

Create a planting plan.

It can be a simple pencil drawing on a blank sheet of paper or a detailed computergenerated one. From the list of what will be grown, record the following information: • Spacing needs

- · Information on days-to-maturity
- Whether the crops will be grown from seed or transplants
- Approximate mature size of the different vegetables
- Timing of plantings, and how best to achieve some measure of crop rotation

Crop rotation avoids planting the same type/family of crops in the same location year after year. For example, tomatoes, peppers, eggplant, tomatillos, and potatoes are all in the same family, the Solanaceous. Moving them to a different area each year helps to reduce pest and disease issues. Do the best you can with the space constraints of your home garden.

Check your seed packets from previous seasons.



PHOTO COURTESY OF THE GARDENS ON SPRING CREEK HORICULTURE **TEAM:** Rows of cabbage

If seeds are quite old, it may be best to purchase new seeds as the length of viability varies among the different crops. You can also try seeding more heavily with the seeds you have. Plan to have sufficient seed for multiple sowings of faster-maturing crops like radishes, cutting lettuce and spinach and successive plantings of crops like carrots, beets, turnips, and bush beans.

Prepare the garden.

Till the soil either with a powered rototiller or by hand using a digging fork or spade. Incorporate organic matter and compost as needed into the soil in anticipation of planting. Using a garden rake, smooth and level the area to be planted and begin growing!

If gardening with children, perhaps offer a space for them to grow their own

veggies. Or dedicate a space to grow fresh produce to donate to the Food Bank or for a neighbor that is unable to garden.

Take notes throughout the season.

Write down what worked well, what might be improved, varieties that performed well and were delicious and those no one liked. Keep track of the dates of the first harvest of some longer season veggies such as tomatoes, peppers, onions, eggplant, melons, and winter squash. Also note weather events such as freezing temperatures, long stretches of very hot weather and hailstorms. Over time, such info helps inform your gardening choices going forward.

May everyone have an abundant harvest and successful gardening season.

Wildlife Activity During Stay-at-home Order: What to Expect

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ANNIE LINDGREN | NorthFortyNews.com

Are people seeing more wildlife seeing wildlife that's always around would have to continue for years to get moving into neighborhoods and parks during hours when we are typically at wildlife to truly change their behaviors. vacated by people during Colorado's work? A Colorado Parks and Wildlife CPW has not noticed wildlife activity stay-at-home order? Or are people simply biologist says the human quarantine



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PHOTO FROM ISTOCK.COM

outside of normal behavior since people began sheltering in place. It will be hard to make any inferences in the short term.

"I think you are going to have shortterm movements, but you likely will not see anything drastic," explains Shannon Schaller, the Senior Wildlife Biologist for CPW's northeast region. "It takes a while for wildlife to figure it out. It's an overtime, repeated and learned behavior that generally has to become habitual. I don't see any real changes coming for wildlife, although individual animals or species are going to be opportunistic."

In principle, if parks, trails or open spaces are crowded with people, wildlife will go to areas with less disturbance. If urban areas, parks or open spaces that provide food, shelter or water are quiet, you could see wildlife utilizing those areas more.

See WILDLIFE on page 16

FEATURE

What's the Best Type of Grass for **Northern Colorado?**

JANA GRAY | PAID ADVERTORIAL

The only way to accomplish a thick, healthy lawn in Colorado is to put in the work. A healthy lawn requires timely applications of water and fertilizer, as well as regular mowing and other maintenance. Another key to ensuring a lush, green lawn is choosing the right grass seed.

Here's a quick guide to help you choose the perfect grass seed for your lawn in northern Colorado.

Grass Seed Selection Considerations

There are two categories of grass: warm-season grass and cool-season grass. Within those categories, there are hundreds of different species to choose from.

The best way to select an ideal grass seed is to select a variety that's well suited for your climate and hardiness zone. Planting zones are determined based on a number of factors including humidity, length of the growing season, summer highs, winter lows, rainfall, and wind.

The characteristics of your particular landscape will also play a role in determining the ideal grass seed. If your lawn receives a lot of foot traffic or you have pets, you may want to consider a grass species that can accommodate that. If your lawn receives heavy sun, full shade, or partial shade, then these are all considerations that you should make when choosing the right grass seed for your space.

Most Popular Choice: Kentucky Bluegrass

This meadow-grass originally came to the United States by way of the Spanish Empire during the 15th and 19th centuries, mixed in with other types of grasses. Today, Kentucky Bluegrass is popular, and therefore quite common all throughout the colder parts of the United States.

Because it can stand up to heavy foot traffic, this species of grass is common for use in lawns and gardens as well as in athletic fields. The blades are thin but grow densely with regular watering. This grass spreads quickly, heals quickly, and can maintain its density well with proper care which makes it an



PHOTO FROM FREEPIK.COM

This disease-resistant grass is quick to grow and can last throughout the year. It grows in bunches, which means that planting with seed requires care. You will need to make sure not to plant too much in a single spot.

In some regions, fine fescue is considered to be an invasive species. In others, however, it is highly prized for its ability to aid in erosion control and ground cover, to serve as pasture for wild animals, and as an ideal choice for lawns.

Quickest to Germinate: Perennial Ryegrass

If you're looking for a quick-growing and versatile grass seed, perennial ryegrass is a solid option. Regarded as one of the quickest grass seeds to germinate, this is a great targeting grass seed for many purposes.

Because it establishes quickly and

well and when damaged tends to recover quite quickly.

Best Heat Tolerance: Sheep Fescue

Sheep fescue is a densely tufted coolseason grass that can be found throughout the United States. It offers excellent tolerance to cold, heat, and drought, and can also be moderately shade tolerant. It does well on its own or as part of a mix with other similar grass seeds.

According to the USDA, you should not mix sheep fescue with aggressive grasses that have been introduced to the region. However, this species is particularly compatible with native grasses that are slower growing. Examples of compatible grasses include thick spike wheatgrass, bluebunch wheatgrass, streambank wheatgrass, big bluegrass, and needlegrass.

Sheep fescue is a popular option for Your Colorado Lawn erosion control and ground cover. This is Knowing which type of grass seed will especially due to the fact that it requires minimal maintenance and is capable of withstanding heavy traffic without taking too much damage.

Specialty Blends

Mixing grass seeds is an option when you have specific needs that are not being met by one species of grass. However, as noted above, not every grass species will be compatible with every other species. There are commercially available grass seed blends that take the guesswork out of meeting specific needs.

A "Sun and Shade Blend," for example, is a highly adaptable seed mix that will allow for complete ground cover regardless of how much sun or shade a particular area of the lawn receives. If your concern involves animals in the yard, a popular choice is Triple-Play Tall Fescue, which is a blend of three trafficresistant seeds with deep roots and a medium texture.

Choose the Best Grass for

ideal choice for Colorado lawns.

Best For Shaded Areas: Fine Fescue

If you're dealing with full or partial shade, then fine fescue is a solid choice.

has a long growing season, perennial ryegrass is recommended as pasture, turf, and lawn cover that can provide year-round coverage in cold-weather regions. It also tolerates traffic very

best suit your lawn is step one in revitalizing your landscape. Whether you are redoing your lawn from scratch or simply trying to improve patchy spots, the right seed can make all the difference.







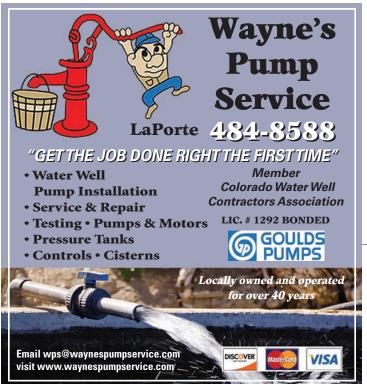


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NOTICE OF CANCELLATION AND CERTIFIED STATEMENT OF RESULTS

NOTICE IS HEREBY GIVEN by the RFLFP District, Larimer County, Colorado, that at the close of business on the sixty-third day before the election, there were not more candidates for director than offices to be filled, including candidates filing affidavits of intent to be write-in candidates; therefore, the election to be held on May 5, 2020 is hereby canceled pursuant & 1-5-208(1.5), C.R.S.

Bluebirds in Livermore: Scott Burnworth Witnesses Their Migration

SCOTT BURNWORTH | Livermore

As various Bluebirds migrate through Livermore from their winter grounds to higher summer elevations in the west, it is easy to imagine some very non-scientific descriptions of those who are passing by.

The possibilities include:

Bluebird of Happiness

Markings: Distinctive rich dark blue coloration throughout which is hard to mistake for that of a Bluebird!

Habitat: Common in and around celebrations where joy and frivolity abound. Often appear in swarms and quickly dispel negative thoughts and feelings in those who realize their presence. Less frequently seen in dark winter months just after the Holidays, but eagerly anticipated as spring approaches by many as a harbinger of bliss and happiness. Strangely invisible to those of sour and negative dispositions. A welcomed delight to those who enjoy simple pleasures and quiet smiles.



PHOTO BY SCOTT BURNWORTH: Bluebird of Happiness



PHOTO BY SCOTT BURNWORTH: Bluebird of Inquisitiveness

Bluebird of Inquisitiveness

Markings: A soft blueish tint with a remarkable expression of profound interest and polite questioning.

Habit: Common in and around museums, libraries, art galleries, concerts, and other places where knowledge, information, and enrichment can be obtained. Usually solitary and shy—avoiding attention and notoriety. It can be encountered yearround, but only appears to quiet observers who carefully scan their surroundings for signs of its unobtrusive presence. Never seen around a television or noisy activities, it's a friend of those who practice thoughtful and quiet reflection.

WILDLIFE

Continued from page **14**

"Wildlife learns to adapt to what we are doing and as we change," Schaller said. "Whether that is being outside more, concentrating in places where we leave trash, or because we avoid an area, then they learn to adapt to that. I would not say that all species adapt instantaneously, it is a learned thing over time, but clearly most wildlife would like to avoid confrontation with people."

"They do learn to enjoy the benefits people sometimes provide, like illegally leaving out food," she continued. "But as we slow down or even eliminate our activity in certain areas and they feel the comfort of being able to hunt, eat or rest because we are not there, that's logical." What could be expected given current affairs is that there will be more wildlife observations than what normally takes place. With more people at home looking or being outside, wildlife sightings could go up. This won't be a new phenomenon, the animals have always been there, but they may have previously gone undetected. "In Summit County when I got calls about wildlife, most often it was from people who were at home and not working," said Schaller, recalling her previous days as a wildlife officer. "If you sit at home and now have more eyeballs looking at our neighborhoods and across the landscape, it probably is not an increase in anything, it is just now you are home to see it or have the time to sit and watch." CPW does not recommend people report normal wildlife sightings - such as expected behavior of feeding, resting or moving across the landscape - and asking our wildlife officers to respond unnecessarily. Given current affairs, we should not be responding to what is normal behavior. Those calls tie up dispatchers and/or wildlife officers for



PHOTO FROM FREEPIK.COM

The following candidates are hereby declared elected:

Nancy E. Kay	3 year term	until May, 2023
James Michalka	2 year term	until May, 2022
Rohin Lee Whittington	3 year term	until May, 2023
Fred D. Ballard	3 year term	until May, 2023

Daniel Defibaugh, DEO

Contact Person for the District: Nancy E. Kay

Telephone Number of the District: 970-881-2565

Address of the District: 44 Firehouse Lane

District Facsimile Number: None

District Email: rflvfd.org

what otherwise should be for emergency calls only.

"Clearly something like a mountain lion or bear is something they should call on, especially if it is in close proximity to humans," Schaller said. "Protect your pets from interacting with all wildlife, do not approach wildlife and leave any newborns you see alone - 99 percent of the time they are not orphaned if their mother is not right there with them."

People should enjoy the times they get to watch wildlife from safe distances. Colorado's wildness is a part of what makes our state so great.

This is also a time that can be used as an educational opportunity to learn about nature and wildlife. Colorado Parks and Wildlife has a library of online materials to assist with this. Those learning resources include:

- Species Profiles
- Living with Wildlife
- Conservation and Management
- Research
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