



# North Forty News

Week of February 28, 2022 | Volume 29 | Number 47

NorthFortyNews.com

NORTHERN COLORADO'S WEEKLY INDEPENDENT LOCAL NEWS

## LIFE IN LIVERMORE

CITY, COUNTY, AND STATE GOVERNMENTS TEAM UP TO PRESERVE

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(Photo from Shutterstock.com)

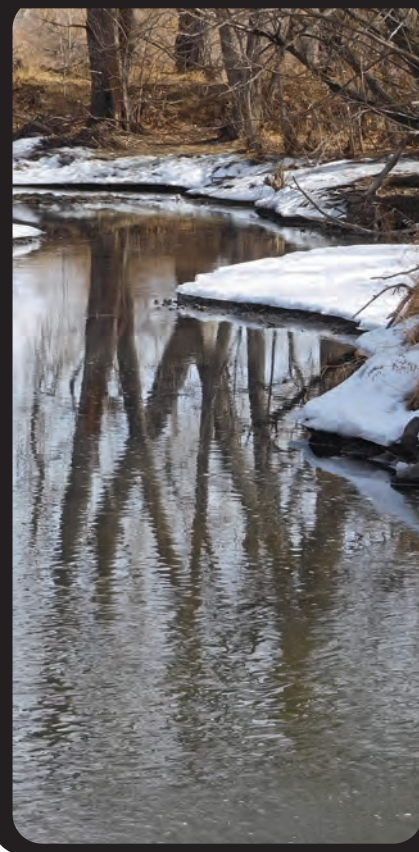


A PREVIEW OF  
WHAT'S GOING ON  
IN NORTHERN COLORADO

Powered by Northern Colorado's  
Entertainment & Lifestyle Magazine

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Poudre River near Prospect Ponds  
(Photo by Tim Van Schmidt)

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# Events, Events, Events!

Over the past few weeks, we have published several articles (over the past few weeks) about Spring events and things to do in the coming weeks. There are plenty of things to do around here, but with the cold weather, a friend and I decided to get some relief in "Sin City." What happens in Vegas stays in Vegas, so I'm not going to write about the trip.

I will say, though, it was a huge relief to get on a direct flight from our airport: no parking fees, tiny TSA lines, and all the conveniences of a large airline. Avelo Airlines started non-stop flights recently from Fort Collins Loveland Airport. I was surprised to find a packed plane and experience a quick, very inexpensive flight. In a few short hours, my friend and I drove to the airport, and we found ourselves in 70-degree, short-wearing weather for a long weekend! I'm doing it again.

Let's say; if I had won a substantial amount of money, I wouldn't be writing this today from my office in Fort Collins -- I would still be there!

Oh well, warmer weather is on the way. With warmer weather -- comes events! We just published over 300 new events on our online calendar.

Our calendar is on our website at [calendar.northfortynews.com](http://calendar.northfortynews.com). The events have a description, map, times, and links to websites for tickets and more information.

If a web calendar isn't your thing, we get that! That's why we put a carbon copy of the listings in your hands every week in our newspaper.

After two years of cancellations, COVID, and the things we all have been through -- we need some time around other people. Hopefully, this will be the year we can have far fewer worries while being safe and never forgetting about what we all have been through, who we have lost, and who helped us get through it. But don't get me wrong! I will be spending most of my free time with my two young sons in my "sanctuary" on the mountain.



Avelo Airlines Boeing Jet at the Fort Collins Loveland Airport (Photo by Blaine Howerton)

If I say anything, however, it would be STAY SAFE! It's great not to walk around with a mask, but it is easier to forget that we are all susceptible, and if we aren't safe, we will suffer the consequences again.

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# Northern Colorado Open Spaces are Officially Open for the Season

ANNIE LINDGREN



The author, pausing to enjoy the view along a trail at Soapstone Prairie north of Wellington. (Photo by Annie Lindgren)

As of March 1, Red Mountain Open Space and Soapstone Prairie Natural area are open for recreation. Both of these open spaces are located in Northern Colorado, north of Wellington, between 287 and I-25, and the Wyoming border.

While neither of these open spaces allows dogs, there are miles and miles of trails to explore on foot, bike, or horseback. There is no fee to enter and the parks are open sun up to sundown. There are 33,700 acres to explore

with a combination of prairie grasslands, rolling hills, red rocks, and sandy washes. Wild Bison herds can be seen alongside the many other prairie wildlife. Make sure to stay on trails to protect natural habitats.

There is also a considerable amount of human history in this area dating back to at least 12,000 years ago, with historical sites located in Soapstone Prairie. Check the weather before you go, as it tends to get windier closer to the Wyoming border.

To learn more about these open spaces, visit their websites:

<https://www.larimer.org/naturalresources/parks/red-mountain>

<https://www.fcgov.com/naturalareas/finder/soapstone>

To learn more about the Trails, check out CO TREX, the colorado trail explorer app.

## North Forty News

### OUR MISSION

As Northern Colorado's only independently-owned, regional weekly, we connect communities and the people who live in them by providing news of hyper-local events and of businesses, nonprofits, government leaders, and individuals who are working hard to make a difference while successfully meeting the challenges of our time.

North Forty News is published weekly by North Forty News LLC and mailed to subscribers in Northern Colorado. The publication is available at another 800 locations throughout Northern Colorado. The advertising deadline is 10 days prior to distribution.

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# Impress at Your Next Cocktail Party: Plant an Herb Garden!



JENNA PONCELET | Gardens on Spring Creek

The annual Spring Plant Sale at the Gardens on Spring Creek is right around the corner, and I'm here to remind everyone who's planning out their perfect garden that herbs aren't just for the kitchen. In terms of multi-use garden plants, herbs have endless applications both practically and ornamentally. They'll give you more flavor in cooking than you'll ever get from a spice jar and can be used to make fresh teas, potpourris, etc. They also are a beautiful green addition to container gardens and flower boxes.

Botanically speaking, most herbs are leafy, tender plants that will die back in our harsh Colorado winters. They can be pretty competitive in a garden (ask anyone with wild mint in their yard) but do well when contained in raised beds or pots. They are low maintenance and with strong scents can even be a deterrent to garden pests like rabbits and deer.

Any multi-use plant in a garden is a good plant in my book, but my absolute favorite use for fresh herbs crosses over my two careers, horticulture and bartending. An interesting combo, I know, but more related than you would think. The oldest and most tried-and-true cocktails revolve around three ingredients – spirit, sugar, and herbs.

As spring progresses and the days get warmer, more and more of us will be out on patios again enjoying the sunshine and company of friends. All those refreshing spring cocktails from your favorite bars and restaurants are a lot easier to make at home than you would think, and it's so satisfying to be able to make a beautiful and delicious cocktail that came from your own hard work in the garden.

The two easiest ways to incorporate a fresh herb into a drink are to either use it straight or to make a simple syrup. Simple syrup is just one part water, and one part sugar heated on the stove until the sugar has melted and the mixture is clear. Simple

syrups play the double duty of adding both flavor and sweetness to your drink. You can add fresh herbs to your syrup on the stove or steep them afterward in an airtight container. The best part is that simple syrups are completely customizable. You can steep for longer for a stronger flavor or change the amount of fresh herb added. They're also non-alcoholic and can be added to make elevated lemonades and iced teas.

Consider adding herbs like mint, basil, rosemary, or sage to your garden this year, and spend your summer experimenting with flavor combinations and enjoying refreshing beverages that you make yourself.

Genovese Greyhound  
(Makes 2 cocktails)

Ingredients:

- 3 ounces vodka
- 1/2 ounce basil simple syrup
- 4-5 fresh basil leaves
- Juice of 1 whole grapefruit (or 1/2 cup bottled grapefruit juice)
- Soda Water

In a shaker:

- Add vodka and basil leaves & muddle
- Grapefruit juice, simple syrup, and ice. Shake!
- Strain over ice and top with soda water. Garnish with fresh basil.

Tips: Simple syrup can be adjusted to desired sweetness OR use only fresh basil for a more refreshing, tart beverage.

Cucumber Mint Lemonade (Non-alcoholic)

Ingredients:

- 6 cups water
- 1 1/2 cups lemon juice
- Mint simple syrup
- 1 lemon
- 1 large cucumber

In a large pitcher:

- Stir water and lemon juice together. Add mint simple syrup to desired sweetness.
- Slice lemon and cucumber into thin medallions and toss in.
- Refrigerate for a few hours or overnight to allow cucumber to steep.
- Serve over ice and garnish with fresh mint or a lemon wedge.

Tips: Serve within a day or two. Cucumbers tend to get bitter after 48 hours.

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## Wellington Area Chamber of Commerce Elects New Board Members

NANCY HARRISON | Wellington Area Chamber of Commerce

The Wellington Area Chamber of Commerce elected 3 new members to their Board of Directors at their February meeting on the 14th and recognized Josh Westmoreland who was elected earlier in 2021.

New Board members for 2020-2022 are:



**Nancy Harrison, Cinnamon Decadence**

Term: 2020-2022

Filled position vacated by Ashlee Lease



**Mark Gabbert, Zion Lutheran Church**

2020-2022

Filled position vacated by Jason Bustos



**Troy Hamman, Commercial Coatings**

2020-2023

Filled position vacated by Mary Council



**Josh Westmoreland, Attorney at Law**

2022-2024

boards, past and present, management, marketing, and legal skills that will enhance the board and overall performance of the Chamber. In their applications, they expressed a desire to guide and inspire the members of WACC to participate in planning and executing the goals of the Chamber going forward.

Collectively these board members include the soon-to-be past Mayor of Wellington, an attorney, a pastor, and a former Chamber of Commerce Executive. Their experience is sure to bring this growing Chamber with insight, professionalism, and enthusiasm in 2022 and beyond.

About the Wellington Area Chamber of Commerce:

The Wellington area Chamber of Commerce actively supports the businesses and community of Wellington in their expansion into a vibrant and pleasant place to work, play, grow and visit. The Chamber is a non-profit organization developed specifically to assist its business members and the community to grow and prosper.

New businesses will be encouraged to come to Wellington to increase the diversity of the shopping experience thus the desire of people to shop Wellington. We aim to keep more shopper dollars in Wellington to help small businesses to thrive.

## Wellington's Hoppy Go Lucky 5K Brings a Little Irish Downtown

ANNIE LINDGREN | NorthFortyNews.com

March 12, 2022, from 9 am to 1 pm in Centennial Park, is the inaugural Hoppy Go Lucky 5K fundraising event. This event, put on by Soul Squared Brewing, benefits the Wellington Main Street Program.

Mary Gray, co-owner of Soul Squared Brewing Company, shares, "For years, there has been a drive in the Wellington community to bring a St. Patrick's Day 5K closer to home! Finally, we can make that push this year, and we can't wait to see how it turns out."

This new 5K run/walk and Community Celebration aims to bring friends and families together to highlight the fact that we are all so lucky to live in such a wonderful place. We love Wellington and are so thankful to be hosting this great event!"

The day begins with the National Anthem at 8:50 am. Then, the race starts at 9:00 am in Centennial Park on Harrison Ave, and awards will happen around 10:15 am for the various categories. Best time-female, best time-male, best time-teenager, best time-kids, best time-dog, best-dressed dog, and best-dressed runner.

Each runner will receive a swag bag filled with awesome stuff, including a Hoppy Go Lucky Walk/Run 5K T-shirt. There will be 5 Gold Coin stops

hosted by sponsors along the route, and if you collect all five, you can redeem them for your Hoppy Go Lucky Pint. Each table sponsor will have goodies as well.

Each participant (2 and 4 legged) must purchase a ticket to receive a race number. Kids 12 and under are free. Ticket sales and information are available at: <https://hoppygolucky5k.eventbrite.com>.

After the race, there will be several family-friendly events happening in Centennial park starting at 10 am. Celtic music, bagpipes, and Irish dancers will keep the race energy flowing, and food and beverages will leave you feeling replenished. There will be a Children's Carnival, an art tent, and hair tinseling for the kids. Additionally, there will be games for all ages.

Whether bringing the family out for the 5K or in it for the community celebration, all will have fun! So show your support, and this may become Wellington's new favorite Saint Patrick's Day tradition. Stay up to date by following the Facebook event.

The Wellington Main Streets program is a 501c(3) nonprofit with a mission of championing community collaboration to enhance and promote downtown Wellington. For more information on the work done through this program, visit [wellingtonmainstreet.org](http://wellingtonmainstreet.org).

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# WELLINGTON

## Cheyenne Frontier Days™ Old West Museum presents the 41st Western Spirit Art Show and Sale

NORTH FORTY NEWS | NorthFortryNews.com

The 41st Annual Western Spirit Juried Art Show & Sale will take place from Saturday, March 5 to April 17. Before the Opening Reception – the main event – we will kick off with Western Art Seminar beginning at 8:00 am including 3 hour-long presentations, and two Workshops starting at 1 pm and 2:30 pm. Breakfast and lunch will be provided by the Museum for those who attend either the “All Day Seminar and Workshop” or “Seminar Only”. At 4 pm organizers will wrap up the Workshop and prepare for the Opening Reception that begins at 5 pm for Members.

Artwork from Western Spirit and the Vandewark Miniature Show will go on sale at the Opening Reception on March 5, but if purchasers are unable to attend that night, the work will be for sale from March 6 to April 17 both at the Museum and online. To purchase online or to find out more information on the show visit [westernspiritartshow.org](http://westernspiritartshow.org).

### Admission for the Western Spirit Opening Reception on March 5:

- Non-Museum Member: \$55 (begins at 6 pm)
- Museum Member: \$45 (begins at 5 pm)



### All Day Seminar and Workshop Available:

- Non-Museum Member: \$45
- Museum Member: \$35

### Half-day tickets are available for Seminar Only or Workshops Only:

- Non-Museum Member: \$45
- Museum Member: \$35

Western Spirit started in 1982 as a sibling show to the Cheyenne Frontier Days™ Western Art Show and Sale. Over the last forty years, Western Spirit has grown to become the premier western juried art show in the Rocky Mountain region for new and emerging artists. Western Spirit differentiates itself from the Western Art Show as a western contemporary art show.

Tickets to the Opening Reception can be purchased by calling 307-778-7290 or visiting: [westernspiritartshow.org](http://westernspiritartshow.org)

## CDOT Awards Grants

NORTH FORTY NEWS

The Colorado Department of Transportation (CDOT) is awarding \$492,000 in grants to communities and organizations around the state to help relieve traffic congestion and lower greenhouse gas emissions from driving through “transportation demand management.”

"At CDOT, we've known for a long time that we can't simply build our way out of congestion, and

we're proud to help these pioneering communities and organizations give people more options for traveling," said CDOT Executive Director Shoshana Lew. "Transportation demand management strategies can help manage congestion, restore air quality, and reduce emissions. They can also make communities more thriving and sustainable."

Transportation demand management, increasingly being adopted by cities and states, is the use of strategies to provide travelers with more travel choices than simply single-vehicle occupancy driving.

For more information visit [codot.gov](http://codot.gov).

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## Great Plates Serving Up 17th Helping

NORTH FORTY NEWS | NorthFortyNews.com



From March 1 to March 14, Downtown Fort Collins' award-winning dining promotion and fundraiser returns for a 17th year. Great Plates is a celebration of the Downtown dining community and features 45 participating restaurants serving up breakfast, lunch, dinner, and all-day menu specials for \$25.00, and a la carte items for just \$2.50\*. Menu specials are available now! Visit [GreatPlatesOfDowntown.com](http://GreatPlatesOfDowntown.com) to view this year's guide for details on restaurant limited-time offerings. Many retailers are staying open late and inviting diners to shop while they wait.

100% of donation proceeds collected during this community culinary celebration will continue to benefit the Food Bank for Larimer County. The promotion has become the Food Bank for Larimer County's largest external fundraiser with over \$104,608 raised in 2021.

"We couldn't accomplish our mission without the support of our community, and we are truly

grateful for everyone who participates in this amazing partnership! Seeing so many Downtown Fort Collins restaurants participating in Great Plates, not only fills us with immeasurable gratitude but also reminds us that through broad collaboration like this, our vision of a hunger-free Larimer County can one day become a reality," said Food Bank for Larimer County CEO, Amy Pezzani.

Joanne has been visiting the Food Bank since 2019. "My experience at the Food Bank has been great. The food we get here helps my family so much, especially over the last year and a half," she says. She likes being able to select the food she receives, which helps her feed herself, her husband, and her four grandkids. "I also love receiving the recipes that they give out. I can go home and make a whole meal out of what they provide!"

### How Does Great Plates Work?

**Eat:** Check out the Great Plates Restaurant Guide to view the \$25.00 and \$2.50\* specials available exclusively from March 1 - 14 and decide where to eat.

**Enjoy:** Tell your server you'd like to participate in Great Plates and order the featured special.

**Donate:** After enjoying a meal, consider leaving a donation for the Food Bank\*. Don't forget to tip your hardworking server as well!

Created in 1981, the Downtown Development Authority uses tax increment financing to stimulate redevelopment in the central business district and focuses on projects that have benefits for the entire community.

Visit [DowntownFortCollins.com](http://DowntownFortCollins.com) for more information.

## Poudre Valley



### Northern Colorado's Farm Supply Store

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## COMMUNITY MEETINGS

with Larimer County Commissioners

JOHN KEFALAS | COMMUNITY CONVERSATIONS

- 1** Wellington/Waverly  
March 3 @ 7:30 a.m., Avuncular Bob's T Bar Inn  
(3803 Cleveland Ave, Wellington, CO)
- 2** Fort Collins  
March 10 @ 6 p.m. Virtually  
(please check website for registration)
- 3** Laporte  
March 12 @ 8:30 a.m.,  
(please check website for updates)
- 4** Red Feather Lakes  
March 24 @ noon, location TBD  
(please check website for updates)

For up-to-date Larimer County community meeting information visit [larimer.org/communitymeetings](http://larimer.org/communitymeetings)

## Council Selects City Manager Finalists

NORTH FORTY NEWS | NorthFortyNews.com

The City of Fort Collins has narrowed its search for a new City Manager to six finalists who will participate in interviews and selection events with City Council, City staff, and community stakeholders throughout March, including an online community forum on March 7.

The finalists are:

- **Kelly DiMartino**, current interim city manager and former deputy city manager, senior assistant city manager and assistant city manager for the City of Fort Collins.
  - **Tobin Follenweider**, current deputy executive director for the Colorado Department of Personnel & Administration, and former chief operating officer for the Colorado Department of Natural Resources.
  - **Marianna Marysheva**, current assistant city manager and former interim city manager for the City of Irvine, California, and former assistant city manager for the cities of Riverside and Oakland, California.
  - **Jennifer Phillips**, former city manager for the cities of Bothell, Washington, and St. Helena, California, and former assistant city manager for the cities of Santa Rosa and Santa Monica, California.
  - **Charles "Chip" Place**, former managing director of capital programs for the Houston Parks Board and former deputy general manager for the New York State Office of Parks, Recreation & Historic Preservation.
  - **Jim Thompson**, current city manager for the City of Scottsdale, Ariz., former interim director of finance and accounting for the City of Tucson, Arizona, and former city manager for the City of Casa Grande, Arizona.
- Additional information about each candidate will be available at [ourcity.fcgov.com/citymanager](http://ourcity.fcgov.com/citymanager). The City Manager serves as the chief executive

of the municipal organization and reports directly to the elected City Council. They are responsible for the day-to-day operations and performance of the organization, including delivering a wide variety of City services to the community.

### Candidate Forum

The City will host an online public forum with the candidates from 6-7:30 pm Monday, March 7. Community members are invited to view the forum live online and may submit questions for consideration in advance. Questions will be vetted by the City's Human Resources staff and may be asked during the public forum or during panel interviews.

The link and instructions to view the forum will be posted at [ourcity.fcgov.com/citymanager](http://ourcity.fcgov.com/citymanager) in advance of the event. Spanish interpretation will be provided.

### Selection Process

While the selection of a new City Manager will be done by the full City Council, an Ad Hoc City Manager Selection Process Committee was formed to guide recruitment and selection. The ad hoc committee includes Mayor Jeni Arndt, Councilmember Susan Gutowsky, and Councilmember Shirley Peel.

In the fall of 2021, the City hosted listening sessions with several community members, stakeholders, and City staff to help shape the position description. In January, City Council reviewed 97 applicants and narrowed the field of candidates to 19 semifinalists. The six finalists will participate in selection activities through March, including on-site interviews from March 24-26.

The new City Manager will replace Darin Atteberry, who left the organization in the summer of 2021 after 17 years in the role. The City enlisted the support of SGR to lead the search.

# HEALTH



PRESENTED BY: SUMMITSTONE

## Larimer County's Colorado Spirit Program Draws to a Close March 21

NORTH FORTY NEWS | NorthFortyNews.com



The Colorado Spirit initiative, in partnership with SummitStone Health Partners, will conclude the free COVID-19 emotional support program in Larimer County effective March 21. The Colorado Spirit Program was overseen by the Colorado Department of Public Health and Environment (CDPHE) and funded by the Federal Emergency Management Agency (FEMA) and the Substance Abuse and Mental Health Services Administration (SAMHSA).

“The Larimer County Colorado Spirit team is grateful for the opportunity to support our community and we thank you for welcoming us so warmly,” said Derek Gaarder, Colorado Spirit Program Manager. “Our sincere appreciation goes out to all of our community partners who worked with us to provide much-needed emotional support to our community members.”

The program kicked off in July 2020 and over the next 20 months, Colorado Spirit employees provided one-on-one support, attended events, hosted virtual groups, gave presentations, fielded calls, and worked at vaccination sites for a total of

more than 20,000 support interactions.

Help for residents is still available from other local and national sources to provide Larimer County residents with support and resources related to the COVID-19 pandemic.

The Health District of Northern Larimer County provides a support line if you are feeling out of sorts and just need someone to talk to.

Call the Connections emotional support line at 970-221-5551, Monday through Friday, 9 a.m. to 5 p.m. COVID-19 support services are available at no charge. For more information visit [healthdistrict.org/services/connections-adult-services](http://healthdistrict.org/services/connections-adult-services)

If you are in crisis, call the SummitStone Crisis Line 24/7 at (970) 494-4200, ext. 4, or the Colorado Crisis Services at 1-844-493-8255, text TALK to 38255, or call 911 if experiencing a life-threatening emergency.

SAMHSA's National Helpline, 1-800-662-HELP (4357).

For more information about the Colorado Spirit program, visit [SummitStoneHealth.org/ColoSpirit](http://SummitStoneHealth.org/ColoSpirit).

## Banner Fort Collins Earns Level 4 Trauma Center Designation

NORTH FORTY NEWS | NorthFortyNews.com



Banner Fort Collins Medical Center (Photo by JEDUNN)

Banner Fort Collins Medical Center recently announced its designation as a Level 4 Trauma Center by the Colorado Department of Public Health and Environment. This designation by the state shows that the hospital meets the requirements to provide safe and efficient trauma care.

“Like an emergency room, a trauma center can care for patients with acute injuries including broken bones, cuts, and other illnesses,” said Jason Collins, Banner emergency room nursing director.

“But it can also care for the most critical patients who often have multiple injuries suffered in falls, car accidents, or violence,” he said. “These patients often require care from specialists from multiple disciplines across the hospital. It’s all about being able to provide the most comprehensive level of care to patients.”

To receive the trauma-center designation,

the hospital team developed written policies and procedures, acquired specific supplies and equipment, created a process for ongoing improvements, and offered continuing education related to trauma care.

“This verification signifies the hospital’s commitment to providing not only excellent emergency medical care but also excellent care required by someone experiencing a traumatic injury,” said Sam Saltz, D.O., a Banner general surgeon, and trauma medical director at the hospital. “Banner Fort Collins does an excellent job of seeing patients in a timely and efficient manner compared to national averages.”

The Banner Fort Collins emergency room has a “door to doc” time (the time it takes for a patient who has registered to be seen by a provider) of 7 minutes, according to Collins. The national average is 40 minutes.

Headquartered in Arizona, Banner Health is one of the largest nonprofit health care systems in the country. The system owns and operates 30 acute-care hospitals, Banner Health Network, Banner – University Medicine, academic and employed physician groups, long-term care centers, outpatient surgery centers, and an array of other services including Banner Urgent Care, family clinics, home care, and hospice services, pharmacies and a nursing registry. Banner Health is in six states: Arizona, California, Colorado, Nebraska, Nevada, and Wyoming.

For more information, visit [BannerHealth.com](http://BannerHealth.com).

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# LOVELAND

## Comprehensive Childcare Campus to Emerge Through City, Nonprofit Partnership Pending Purchase Approval

NORTH FORTY NEWS | NorthFortyNews.com

The City of Loveland, the Boys & Girls Club of Larimer County, and other nonprofit partners plan to begin work toward a Comprehensive Childcare Campus pending City Council approval to purchase property at 2366 E. 1st Street.

The \$3.75 million building purchase is one of the first steps in the multi-year process. If approved, funding will come from City General Government Capital Expansion and Recreation Capital Expansion Fees.

The property, currently home to New Vision Charter School and the Boys & Girls Club of Larimer County could become a centralized campus for multiple nonprofit and governmental agencies to provide highly needed family services including affordable childcare, youth programming, and mental health.

Plans for the campus come after more than a year of collaboration to address a lack of affordable childcare available in Loveland. According to the Colorado Office of Early Childhood, the price of childcare has risen by 41% during the pandemic with families spending on average up to 20% of their salaries on the costs.

The City's interest in acquiring the building stems from the larger childcare campus vision, the ability to co-locate with

like-minded programs to expand its Small Fries Preschool and licensed summer day camps, and the opportunity to add Parks & Recreation administrative offices as the City grows. After learning that the Boys & Girls Club was also interested in the building, the two organizations have shown high interest in collaborating to move the campus concept forward.

"It is a win-win all around when the City can collaborate with others to improve opportunities for the people in our community," said City of Loveland Parks & Recreation Director Elizabeth Kayl. "This project allows Parks & Recreation to expand our affordable childcare services while also driving City Strategic Plan initiatives forward by seeking community infrastructure investments that have a larger impact."

If approved, the City would purchase the building this March and lease it back to New Vision through July 2023 when New Vision plans to move into a new building. As the lead campus organizer, the Boys & Girls Club would have the opportunity to purchase the building from the City once appropriate funding is secured and will continue leading operations.

# GREELEY

## Jeannine Truswell to Retire After 36 Years with United Way of Weld County

NORTH FORTY NEWS | NorthFortyNews.com



Jeannine Truswell

After over 36 years as head of the organization, Jeannine Truswell will soon retire from United Way of Weld County as its president and CEO. The retirement will occur at the end of 2022, following the recruitment and hiring of a new leader.

"I am very proud of all that United Way of Weld County has accomplished during my time as its president and CEO," Jeannine Truswell reflected. "I have been blessed to serve our community and to work with amazing staff and partners, community leaders, volunteers, and donors. Together we have worked diligently to improve the lives of people in Weld County. The United Way's role in bringing about community-wide solutions, focusing on outcomes, and responding to some of the most difficult and pressing challenges is essential to the well-being of our neighbors and in assuring we have strong communities throughout Weld County."

"It hasn't been an easy decision to retire. I passionately believe in the mission and work of our United Way,"

added Truswell. "However, it is time to enjoy my husband, family, and friends more. I will get involved in our community in some way, but not until I've had time to clean some closets, take long walks, read more fiction and enjoy the mountains of Colorado and beaches in Florida much more than I am able to do now."

When she became the United Way of Weld County chief executive in 1986, the organization was raising a little over \$500,000; now it is a \$4 to \$5 million organization annually.

Looking ahead, Truswell continued, "United Way of Weld County is positioned well for this transition. We have an excellent board of directors and a highly-skilled, dedicated, and responsive professional staff. I am confident the next leader will be the right person to take our organization forward."

The United Way board of directors is putting together a search committee that will soon begin a national search for the next president and CEO.

"We cannot express enough our deep gratitude to Jeannine for her steadfast leadership and everything she has given to make Weld County a better place for all. She will truly be missed," shared Sara Seely, chairman of the United Way board of directors.

## Ent Credit Union to Award \$200K in Grants for Colorado Youth

NORTH FORTY NEWS | NorthFortyNews.com

Ent Credit Union is inviting Colorado nonprofits to apply online for a 2022 Youth Endowment Series (YES) grant by Friday, March 11. \$200,000 in YES grants will be awarded statewide with winning submissions announced in early June.

Established in 2000, the Youth Endowment Series has awarded more than \$1.6 million to nonprofits that help improve the lives of Colorado youth.

Last year, 53 agencies or organizations received a YES grant. Applications are evaluated by a volunteer panel of Ent employees based on the organization's general benefit to the community, potential ability to use the grant to obtain additional funds, and degree of current community support, among other criteria. Submissions may address any focus area pertinent to Colorado youth

and organizations should request an amount consistent with the impact, reach, and expected expenses associated with their program.

With Ent's recent growth across the Front Range, grant applications will be open to 501(c)(3) nonprofits who serve the entire state of Colorado or any of the individual communities Ent serves. A list of Ent service centers is available at ent.com.

"We know that the financial and emotional stress suffered by many individuals and organizations over the past couple of years continues to take its toll. We are hopeful that our annual YES grants will be able to help young people across Colorado," said Annie Snead, Community Advocacy Partner.

"Our team members continue to note that getting

to participate as a panelist is one the most rewarding experiences in their career at Ent."

Interested nonprofits can learn more and apply at Ent.com/YESGrants.

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Visit Ent.com for more information.

# RED FEATHER LAKES & MOUNTAINS

## Big-Game License Application Period Opens March 1

NORTH FORTY NEWS | NorthFortyNews.com

Hunters hoping to draw a big-game license in Colorado in 2022 are urged to review the changes in license requirements and fees in the 2022 Colorado Big Game brochure prior to the March 1 opening of the primary draw application period (March 1 - April 5 at 8 pm MT). Hunters are encouraged to submit their applications early to avoid complications or delays.

Important information for hunters to take note of this season includes:

### Qualifying Licenses

Hunters must purchase a qualifying license to participate in the big-game draws. All qualifying licenses are available beginning March 1 and must be purchased prior to applying for all big-game licenses or preference points.

**Archery hunters:** There is no longer a maximum let-off percentage for hand-held bows

Archery hunters may now use compound bows with any let-off percentage, giving them greater options when selecting

archery equipment for the big-game seasons. Please note, an ADA Recreation Accommodation permit is still required to use a draw-loc or crossbow during archery season.

### Archery clothing suggestion

Archery deer, elk, moose, and bear hunters are encouraged, though not required, to wear fluorescent orange or pink during the overlapping archery and muzzleloader seasons to help address safety concerns. The overlap for these seasons is September 10 - 18, 2022.

### Mandatory testing for Chronic Wasting Disease (CWD)

CPW will require mandatory submission of CWD test samples (heads) from all deer harvested for specific hunt codes as part of its Chronic Wasting Disease Response Plan. There is no charge for mandatory testing.

### Voluntary CWD Testing for 2022

Hunters who have harvested deer in a GMU not selected for mandatory testing,

or harvested an elk or moose in any GMU, may also voluntarily submit their animal for testing for a fee of \$25 per animal. If a hunter is not selected for mandatory testing but wants to know whether their harvested deer, elk, or moose has CWD, they can submit their animal and pay a testing fee of \$25.

### License Surrender Period

CPW will send emails to hunters who were successful in the primary draw. Hunters who draw elk, deer, bear pronghorn, and moose licenses, but decide to surrender their licenses, will have until Monday, June 6 at 11:59 pm MT to surrender them. Hunters who draw a bighorn sheep or mountain goat license, but wish to surrender their licenses, will have until Friday, April 22 at 11:59 pm MT to surrender them. If a license is surrendered, CPW will reinstate the hunter's preference points to the pre-draw level and remove the license from their account.

CPW will charge the card on file for all non-surrendered licenses after the license surrender period. If CPW is unable to charge the credit card on file by the primary draw payment deadline, midnight Mountain Time on June 17 (May 3 for sheep and goat licenses), both the hunter's license and preference points will be forfeited. Draw results will be posted online from May 31 - June 3 (April 19 for sheep and goat).

### License Exchange Fee

Hunters who wish to exchange their licenses will now be charged a flat \$5 fee, instead of a percentage of the total license cost, as in previous years.

Questions about setting up accounts, planning your hunts or applying for licenses, can be directed to call center agents and hunt planners Monday - Friday from 8 am - 5 pm. Call 303-297-1192.

Hunting resources are available at: [cpw.state.co.us/bg/hunting](http://cpw.state.co.us/bg/hunting).



# the new scene weekly



Poudre Trail headed west



Near entrance to Cattail Chorus Natural Area

## Trail Tales: Fine Winter Walking

TIM VAN SCHMIDT | SceneNOCO.com

Photos by Tim Van Schmidt

Fort Collins has had some excellent city planners throughout its history. Witness the big wide streets in Old Town -- wide enough for a horse and wagon to turn around.

In modern times, witness the clear-headed, far-seeing effort to create open space around the city. We need it now, as we become a much more populated place.

Also, witness the recreational trail system that stretches throughout the city. Not only is this a well-planned effort, but, little did planners know, it would be so very important during a pandemic.

That's one of the ways I have gotten through the last two years more or less sane, is through walking our city's trails.

But I'm not just a "fair weather" walker. I go all year round. Recent treks smack dab in the middle of winter have underscored the fact that we have a valuable resource here with our trails.

Actually, I established my daily walking habit a couple of decades ago and for so many years, I would walk in any and all weather -- from freezing my beard in sub-zero temperatures to sweating out a hot 90-degree afternoon.

Lately, though, I've been more cautious about going out when there is residual ice after major snowstorms -- at least in my neighborhood walks.

Fortunately, many of the trails in Fort Collins have paved walkways that are cleared speedily after storms. In just the last few weeks, despite several snowstorms, I have been able to enjoy long, satisfying walks in safety and

comfort.

Check out the Trails Map that is readily available along any of the routes. The Poudre Trail has 12.3 miles of hard surfaces, Spring Creek Trail has 6.6, Fossil Creek Trail has 4.8, the Power Trail has 4, and the Mason Trail has 4. That's more than 30 miles of hard-surface trails within the city.

These trails stretch from north to south and east to west, are easily accessed, and serve the city like a vital, outdoors v a s c u l a r system.

My walks recently have all been on segments of the Poudre Trail.

Starting near Prospect Road, my first walk headed west, passing the Cattail Chorus and Kingfisher Point Natural Areas.

I'll have to return later in the year to Cattail with my grandsons -- there's a kid-friendly nature trail there that looks intriguing.

During my latest walk there, I became an object of interest to a large, sharp-eyed hawk. Or not -- it was probably just looking for something smaller for lunch.

My second walk started in Lee Martinez

Community Park and headed west, passing along the Poudre River, through some woods, and then past various ponds that attract plenty of birds.

I enjoyed not only the unobstructed view of the foothills on this part of the trail but also informational placards about the wildlife in the area. There is also a cool relief map that shows the river's course through Fort Collins and is decorated with tiles telling of area history.

Out in the chilly running water of the Poudre, scooting between patches of ice and snow, my companion and I saw some Common Goldeneye ducks.

My third walk headed southeast from a parking lot near Prospect Road, down to the Prospect Ponds Natural Area. The Poudre Trail there eventually hooks up with the Environmental Learning Center's trail system. That's another area I want to explore more thoroughly later in the season.

Along the trail that day I spied an odd, primitive-looking structure surrounding two stone benches. Engraved into one of the benches was an important message:

"Participate in Pollution Prevention".

At other times, I have also used the Spring Creek Trail and the Mason Trail, but there is just so much more to experience. Honestly, I should just walk them all.

Here, I'm touting the Fort Collins trails system in general, but I'd also like to mention that there is dry, safe walking within city parks as well.

I live very close to Overland Trail Park and the walkways there are cleared quickly after snowy weather. The walk from the east end of the park to the west end isn't very far, but you pass by a marsh festooned with cattails, get a beautiful view of the foothills from the wide-open soccer fields and see the birds attracted to the park's pond.

The message here is that Fort Collins planners have done some hard thinking in the past and the result is nearly 365 days a year recreation -- with an extensive trail system and oodles of neighborhood parks.

Go ahead and get outside. Breathe the air, see some wildlife, and say hello to other walkers, runners, and bikers who share the love of being outdoors. It revives the spirit, strengthens the body, and makes going back inside -- even as the pandemic seems to be winding down -- much more tolerable.

*Tim Van Schmidt is a writer and photographer based in Fort Collins. Explore his channel on YouTube at "Time Capsules by Tim Van Schmidt".*



Historic info on Poudre Trail



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# CITY BUZZ

## HISS GOLDEN MESSENGER COMING TO WASHINGTON'S IN MARCH

NEW SCENE | [SceneNOCO.com](http://SceneNOCO.com)



Hiss Golden Messenger (Photo courtesy of Washington's)

2021 Grammy nominee Hiss Golden Messenger will be playing at Washington's on March 3. This date is part of the band's long-awaited tour in support of last year's critically acclaimed *Quietly Blowing It*, named best album of 2021 by Aquarium Drunkard, MOJO, No Depression, AllMusic, and more. Stream the record [HERE](#), and read about the band's limited-edition original cover album re-release in *Rolling Stone* [HERE](#).

"Rarely do songwriters who release original music so often manage to make each release feel as necessary as Taylor — And no Hiss Golden Messenger record has ever felt more necessary than his new LP, 'Quietly Blowing It'....it's the North Carolina roots artist's best LP yet." **★★★★** – *Rolling Stone*

When you see Hiss Golden Messenger live, it's easy to realize why *Glide Magazine* called the group "one of America's most important bands". And after months of waiting, the band is finally back on the road again to perform songs from *Quietly Blowing It* across the country. Please let me know if you'd like to explore coverage surrounding this date. For bio, photos, and more,

please visit [alleyesmedia.com/clients/hiss-golden-messenger/](http://alleyesmedia.com/clients/hiss-golden-messenger/).

Hiss Golden Messenger has been making music filled with compassion, empathy, and genuine sentiment for over a decade now, and the band's live shows have become a sanctuary for all types of people drawn to Taylor's deeply human lyrics, emotive vocals and the profoundly communal spirit found at a Hiss Golden Messenger show. And with *Quietly Blowing It*, Taylor's ability to shine a light on our innermost emotions, the ones that rarely reveal themselves, has never been more apparent.

Upon release, *Quietly Blowing It* received high critical praise with four-star reviews running throughout the US and overseas, including in *Rolling Stone*, *American Songwriter*, *The Guardian*, *The Independent*, and more. Other positive coverage ran in media outlets such as *The New York Times*, *The Associated Press*, *Consequence*, *Glide Magazine*, *Magnet*, and more. Hiss Golden Messenger was also the subject of a feature segment on *NPR Weekend Edition* and appeared on *CBS Saturday Morning*.

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## FOOL'S FEST: BUILDING A LOCAL PUNK FESTIVAL FROM THE GROUND UP

KCSU | [KCSUfm.com](http://KCSUfm.com)



KCSU FM Staff (Photo from Twitter)

Organizing a live music show can be challenging in any setting, but the latest project from Colorado State University's student-run radio station, KCSU, and arts-based Fort Collins non-profit, Blast N Scrap, goes beyond the average DIY show. "Fool's Fest" is an upcoming one-day music festival featuring seven local hardcore and punk artists and taking place in CSU's Sutherland Gardens from 12-7 p.m. Friday, April 1. The primary organizer of the event is KCSU's local music director, Dillon King, who hopes that the festival will be the first of many live music events on campus.

"The idea of Fool's Fest came from wanting to have shows on campus, and I hope this can be a

testing ground," King said. "The community in Fort Collins is diverse, but the thing that connects everyone is the level of kindness, support and most importantly passion these musicians have."

As for the organization of the event itself, King says that the people around him have helped to make the process enjoyable, explaining, "what's made this feel easy is that everyone involved has been excited to lend a hand."

Fool's Fest will feature sets from Wolfblitzer, Hospital Socks, Glyp Tuk and the Alien Invaders, Cosmic Problems, Sludge Broker, Spliff Tank and King Crawdad — a lineup that includes newcomers to the Fort Collins scene as well as local favorites. Although the genre may seem intimidating to outsiders, one of the goals behind the event is to bring hardcore and punk music directly to the everyday listener in a familiar and fun environment. Fool's Fest is an opportunity for members of the CSU community to come together, enjoy great music and take themselves a little less seriously.

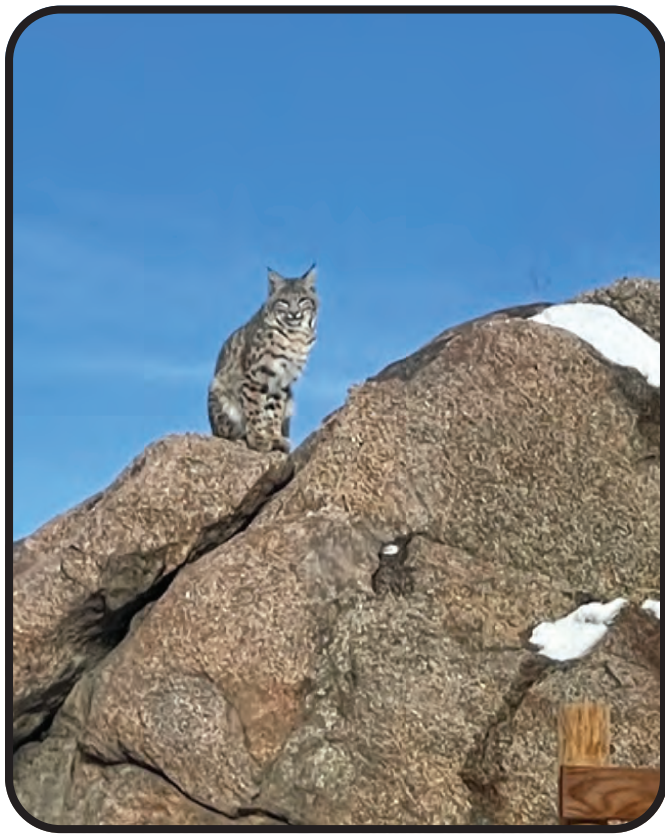
Fool's Fest will take place from 12-7 p.m. on Friday April 1 in CSU's Sutherland Garden outside the Lory Student Center. It is presented by KCSU and Blast N Scrap and is open to the public.

For more information, visit [kcsufm.com](http://kcsufm.com) and tune in to 90.5 FM KCSU Fort Collins.

**NorthFortyNews.com  
SceneNoco.com**

## CITY BUZZ

## PHOTO OF THE WEEK: "PRETTY KITTY" BOBCAT IN BELLVUE



The photo of the week this week is from Lisa Stultz. Lisa lives in Bellvue. She sent in this photo of a Bobcat on their property. Well, hello, Kitty! Thank you for submitting Lisa. Nice shot!

Sanderosa Art Gallery in Laporte is our new sponsor. Each Week North Forty News features a photo submitted by one lucky reader. The chosen submitter will receive a \$25 gift certificate to be used for merchandise at the gallery.

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Submit your photos to:  
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### ARTIST OF THE WEEK

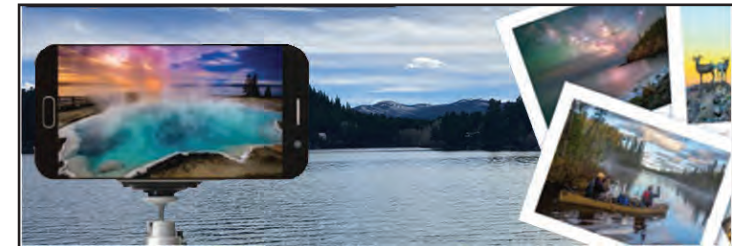
Roxanne W. Ellis

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## PHOTO CONTEST TAKE YOUR BEST SHOT!

Each Week the North Forty News will feature a photo submitted by one lucky reader. Your photo might capture a moment in time of scenery, animals in the wild, your friends or family, or a recent local event.

Just take your best shot and you could be our next weekly winner to receive a \$25.00 Certificate from Sanderosa Art Gallery in LaPorte.

No purchase necessary and multiple submissions are permitted, one photo per email please.

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Please include photo caption in subject line (include your name and location) and you could be our next weekly winner!



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# WYOMING PUBLIC MEDIA'S THE MODERN WEST PODCAST SERIES: COWBOY UP

NEW SCENE | [SceneNOCO.com](http://SceneNOCO.com)

The American West seems like a dreamy place to be a kid, right? Horseback riding out your back door... sledding on the 4th of July from the top of a mountain...learning how to find your way out of the woods when you're lost....

But for the kids having the hardest time, no one's handing them a map and compass.

States in the American West have some of the highest teen suicide and juvenile incarceration rates in the nation. And for decades Wyoming has been among the worst on both fronts. And you've got to wonder: How can a place that seems so idyllic for kids also be such a harsh and unforgiving place to grow up?

This season of The Modern West offers Cowboy Up, a three-part look with reporter Tennessee Watson at how we raise children in the American West. Tennessee

has covered education and child wellbeing for years and has thought a lot about what shapes Western attitudes towards struggling kids. She speaks to those who have experienced the carceral system themselves and hears how they might have been better supported as young people. She speaks to Wyoming educators, who know first-hand what their communities need. Watson's journey ultimately reveals how a lack of resources and long-standing values around individualism and toughness have left some youth stranded.

The series starts way back in 1892 when Wyoming hosted its first execution of an infamous boy murderer named Kansas Charley. Charley endured a childhood of trauma before getting stuck on an orphan train headed west. His story became national news and everyone at

the time debated: was he a monster or a child?

This season offers stories that echo Charley's. The death of Kate's mom and her struggle with a learning disability gets her and her grandparents in trouble. How Larissa ends up incarcerated for 16 months for a fight when the recommended sentence is only six months. And how teachers and parents fight hard to help them navigate a world that still can't answer that age-old question: are they monsters or children?

Cowboy Up Part 1, Part 2, and Part 3 are out now.

The Modern West is available for download on all major podcasts apps and can be streamed at [themodernwest.org](http://themodernwest.org). Find the Modern West on Facebook, Twitter, and Instagram @ModernWestPod. Melodie Edwards is the senior producer of The Modern West, at [medward9@uwyo.edu](mailto:medward9@uwyo.edu).

# THE FORT COLLINS SYMPHONY TO PERFORM SIGNATURE CONCERT 4: "ANXIOUS, TENDER & JAUNTY"

NEW SCENE | [SceneNOCO.com](http://SceneNOCO.com)

The award-winning Fort Collins Symphony (FCS), under the baton of Maestro Wes Kenney, will perform a concert of Classical, Romantic and Twentieth Century music at 7:30 PM on Saturday, March 5, 2022, at the Fort Collins Lincoln Center. The Symphony's Signature Concert #4, Anxious, Tender & Jaunty, features guest hornist Oto Carrillo performing Wolfgang Amadeus Mozart's melodious Horn Concerto No. 3.

Felix Mendelssohn's lively Symphony No. 4 "Italian" interprets his extensive travels in Italy. George Walker's commissioned work for the new millennium, Tangents, has overtones of both anxiety and hope. Finally, "Jaunty" is the only way to

describe Florence Price's exuberant Suite of Dances.

Guest artist Oto Carrillo has been a member of the Chicago Symphony Orchestra's horn section since 2000. Born in Guatemala, Carrillo grew up in Chicago. He received a bachelor's degree in music performance from DePaul University and a master's degree in both music performance and musicology from Northwestern University.

He has performed with the Boston Symphony Orchestra, Metropolitan Orchestra of Lisbon, the Chicago Sinfonietta, Music of the Baroque, Chicago Philharmonic, and Lyric Opera of Chicago. Currently, he is a faculty member at

DePaul University and the Symphony Orchestra Academy of the Pacific, a unique summer training program in British Columbia for aspiring young orchestral musicians.

For educational information about the concert, please:

Visit [FCSymphony.org](http://FCSymphony.org) for concert program notes by Dr. Dawn Grapes and Dr. William E. Runyan.

Tune into Maestro Kenney's World of Symphonic Music at 7 p.m. on Sundays at KRFC 88.9 FM Radio Fort Collins 88.9 FM.

Attend Dr. Dawn Grapes' Composer Talk via Zoom at noon on Wednesday, March 2, 2022. Zoom: 843 4411 8970 (Meeting ID), 498590 (Passcode). Free.

Join the FCS at Open Rehearsal in-person at 7:00 p.m. on Thursday, March 3, 2022, at the Lincoln Center. Free. (Mask required).

Listen to Maestro's Musings in-person or live stream at 6:30 p.m. on Saturday March 5, 2022, at the Lincoln Center, with the purchase of a concert ticket. (Mask required for in-person).

To further protect the health and wellbeing of our loyal patrons, we are offering anyone the opportunity to purchase a ticket to watch a live stream of FCS concerts.

See details at [LCTix.com](http://LCTix.com). Please note that attendance requirements are subject to change.

# new scene weekly

## WEEKLY SNEAK PEEK



Los Lobos, Washington's, 7 pm -9:30 pm, 3/4

**Wednesday, March 2**  
**An Evening Inside THE ROOM with Greg Sestero Live Event and Screening**, MetroLux 14 Theatres at Centerra, 7 pm -10:30 pm  
**FREE: Workingman's Wednesdays w/ Tumbledown Shack**, 830 North, 8 pm  
**Fun at The Flipside**, The Flipside, 7 pm -9 pm  
**Songwriters' Workshop - Fort Collins**, The Purple Cup Café, 5:45 pm

**Thursday, March 3**  
**Diggin Dirt**, 830 North, 8 pm  
**Dragondeer with The Runaway Grooms @ Moxi Theater**, Moxi Theater, 8 pm -11:30 pm  
**Make a Little Glass Dish: Fused glass fun!**, Blue Moose Art Gallery, 2 pm -4 pm  
**Melanin MagiQ**, Online, 5:30 pm -6:30 pm  
**Security of the U.S. Today: Domestic Unrest, Russia & China**, Online, 7 pm -8 pm  
**The Mystical Hot Chocolate Endeavors**, Your Mom's House, 8 pm -2 am

**Friday, March 4**  
**A LIFETIME OF BLUES with Al Chesis and David Booker**, Roots Music Project, 7:30 pm -10:30 pm  
**An Evening with TAARKA**, The Gressiwick, 7 pm  
**Humaneque: Movement Stories for Tarnished Times**, The Lincoln Center, 12 am -11:59 pm  
**Los Lobos**, Washington's, 7 pm -9:30 pm  
**Molly Sweeney**, Bas Bleu Theatre Company, 7:30 pm  
**Paizley Park Live at The Louisville Underground**, The Louisville Underground, 8 pm -10 pm  
**Stories on Stage presents Wildest Women**, Su Teatro Cultural and Performing Arts Center

**The Ghost Of Joseph Buck @ The Black Buzzard**, The Black Buzzard, 8 pm -11:30 pm  
**The High Kings**, Union Colony Civic Center, 7:30 pm  
**The Runaway Grooms w/ Conscious Pilot**, 100 Nickel, 8 pm  
**UNC Galleries: Little Altars Everywhere: The Goddess Banners of Lydia Ruyle**, University of Northern Colorado, Campus Commons Atrium,  
**UNC Galleries Women Artists: Opening Reception**, University of Northern Colorado, Campus Commons Gallery, 6 pm -9 pm

**Saturday, March 5**  
**An Officer and a Gentleman**, Union Colony Civic Center, 7:30 pm

**Bad Company / Journey / INXS Tribute Night**, At Cheers, 7 pm -12 am  
**Bass Groove**, Your Mom's House, 9:15 pm -2 am  
**Ben Pu & Crew @ Moxi Theater**, Moxi Theater, 8 pm -11:30 pm  
**Big Brooklyn Live at The Magic Rat**, Magic Rat Live Music, 8 pm -10 pm  
**Cary Morin & Ghost Dog w/ Tyler T**, 830 North, 8 pm  
**Colorado Jazz Repertory Orchestra presents Brazil Calling: Featuring the Music of Antônio Carlos Jobim**, Arvada Center, 7:30 pm  
**Dave Beegle at The Gressiwick**, The Gressiwick, 7 pm  
**Fort Collins Symphony March 5 Concert: Florence Price & Wolfgang Amadeus Mozart**, The Lincoln Center, 7:30 pm  
**Intuitive Collage: How to make and use your own collage papers**, Blue Moose Art Gallery, 10 am -1 pm  
**Molly Sweeney**, Bas Bleu Theatre Company, 7:30 pm  
**Precious Metal Clay: Pendants -- this class is so cool!**, Blue Moose Art Gallery, 2 pm -6 pm  
**RMP Rising - Music Benefit for Teen Mental Health**, Roots Music Project, 7:30 pm -10 pm  
**Seed Swap & Giveaway**, Old Town Library, 1 pm -3 pm  
**Stella's Stand Up Underground Comedy Showcase**, Stella's Pinball Arcade & Lounge, 9 pm -12 am

**Sunday, March 6**  
**Bad Bad Hats w/ The Ophelias**, 830 North, 8 pm  
**Comedy Brewers Improv**, Bas Bleu Theatre, 7 pm  
**DERIS LIVE**, Your Mom's House, 8 pm -12 am  
**Molly Sweeney**, Bas Bleu Theatre Company, 2:30 pm

**Tuesday, March 8**  
**Your Mom's Funk Jam (Open Jam)**, Your Mom's House, 7 pm -2 am

**Wednesday, March 9**  
**Blast N Bowl Feat. Gone Full Heathen, Violent High, Opposition Agent, and watching people drown**, 830 North, 7 pm  
**FREE: Workingman's Wednesdays w/ Tumbledown Shack**, 2454 West, 8 pm  
**Your Mom's Latin Night**, Your Mom's House, 7 pm -12 am

**Thursday, March 10**  
**Madeline Hawthorne Band**, 830 North, 8 pm  
**Museum at Twilight**, Greeley History Museum, 4 pm -8 pm  
**Protecting Your Creativity**, Larimer SBDC, 2 pm -4 pm

**Shwama with Hash Cabbage + Far Out Underground Rain @ The Black Buzzard**, The Black Buzzard, 8 pm -11:30 pm

**Friday, March 11**  
**Bernz (of ¡MAYDAY!)**, Moxi Theater, 7 pm -10 pm  
**Carlos Barata at Lucky Joe's**, Lucky Joe's, 9 pm -12 am  
**DirtySnatcha**, 100 Nickel, 8 pm  
**Ellsworth with Sam Paul @ The Black Buzzard**, The Black Buzzard, 8 pm -11:30 pm  
**Humbird at The Gressiwick**, The Gressiwick, 7 pm  
**Scene Queen Night with Shelby: EMO NIGHT at Stella's**, Stella's Pinball Arcade & Lounge, 9 pm -12 am  
**True to the Sound Takeover**, Your Mom's House, 8 pm -2 am

**Saturday, March 12**  
**DirtySnatcha w/ SpacelLee, betawolf & jakattak**, 830 North, 8 pm  
**DIY Terrarium Class**, The Windsor Gardener, 10 am -12 pm  
**Free Admission to Global Village Museum**, Global Village Museum of Arts and Cultures, 11 am -5 pm  
**Homeboy Sandman @ The Black Buzzard**, The Black Buzzard, 8 pm -11:30 pm  
**Madeline Hawthorne Band**, 100 Nickel, 8 pm  
**Mike Clark and the Sugar Sounds w/ Jen Korte and the Loss + Heated Bones**, Hi-Dive, 9 pm -11:30 pm

**Our Kind of Party Tour: Birthday Party w/ Freddy Rule + More**, Your Mom's House, 8 pm -3 am  
**Second Show! The Other Favorites with special guest Kingdom Jasmine**, Roots Music Project, 8 pm -11 pm

**Sunday, March 13**  
**Denver EDM Friends: Open Deck (03/13)**, Your Mom's House, 6 pm -11 pm  
**Homeboy Sandman @ Moxi Theater**, Moxi Theater, 8 pm -11:30 pm  
**Songwriters Showcase**, Your Mom's House, 2 pm -6 pm  
**Story Maker with Daniel Jaspersen**, Bas Bleu Theatre, 7:30 pm  
**The Animated Orchestra: A Musical Adventure for Kids**, Timberline Church, 2:30 pm -3:30 pm

**Tuesday, March 15**  
**VACATIONS (AU) w/ Harmless (MX) at The Coast Fort Collins**, The Coast, 7 pm -10 pm

**Wednesday, March 16**  
**Blast N Bowl w/ The Midnight Horrors, Disposed, and Day Traitor: Presented by Blast N Scrap, KCSU, and Mishawaka**, 2454 West, 7:15 pm

**Thursday, March 17**  
**Lil' Ween at The Black Buzzard**, Oskar Blues Grill & Brew, 8 pm -11:55 pm  
**Melanin MagiQ**, Online, 5:30 pm -6:30 pm  
**Mike and the Moonpies w/ The Barlow**, Hi-Dive, 9 pm -11:30 pm

**Swashbuckling Doctors w/ Fists of the Proletariat**, 830 North, 8 pm

**Friday, March 18**  
**NightWraith/ Space in Time/ Ghosts of Glaciers/ Ashes for the Mute**, Hi-Dive, 9 pm -12 am  
**Rialto Presents Season: GOITSE**, Rialto Theater, 7:30 pm  
**The Fuzzheads with Quinn Dymalski @ The Black Buzzard**, The Black Buzzard, 8 pm -11:30 pm  
**The Stubby Shillelaghs with The Constant Tourists @ Moxi Theater**, Moxi Theater, 8 pm -11:30 pm  
**Wyld Stallynz with School of Rock Broomfield House Band**, 100 Nickel, 8 pm

**Saturday, March 19**  
**BASSment Experiments ft. Ujuu w/ RYNS + More**, Your Mom's House, 8 pm -2 am  
**Jack Symes w/ Joe Kaplow / Eva B. Ross**, Hi-Dive, 9 pm -11:30 pm  
**Mike and the Moonpies @ Moxi Theater**, Moxi Theater, 8 pm -11:30 pm

**Monday, March 21**  
**The Tallest Man on Earth**, Washington's, 7 pm -9:45 pm

**Tuesday, March 22**  
**Courage, Confidence, and Character: Girl Scouts Changing the World**, Online, 6 pm -7:30 pm  
**Luna Luna, Dent May, Pearl & The Oysters at The Coast Fort Collins**, The Coast, 7 pm -10 pm

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 mdierlam@northfortynews.com

# new scene weekly

Calendar.SceneNoco.com

**CROSSWORD SOLUTION**  
 CHECK OUT THE CROSSWORD PUZZLE ON PAGE 15

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**SODOKU SOLUTION**  
 CHECK OUT THE PUZZLE ON PAGE 15

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# NORTHERN COLORADO

## What Every Woman Should Know About Heart Health

LISA LATTS | UnitedHealthcare



**Lisa Latts**  
Heart disease is often thought to be more of a health issue affecting men. However, it's the most common cause of death for women in the United States, causing about 300,000 deaths annually.  
Because symptoms in women


can differ from those in men, it can be more difficult to spot the signs. By understanding the symptoms and making healthier lifestyle choices, you may help prevent your risk.  
February was American Heart Month, so your heart health may be top of mind. Knowing the symptoms, risk factors and heart-healthy lifestyle tips may help protect you.  
**Heart disease symptoms for women**  
Symptoms may range from the common signs like pressure in the chest, which is similar for both men and women. However, women are more likely than men

to experience a variety of other symptoms. This may be because women tend to have blockages in smaller arteries, as well as their main arteries. This is a condition called small vessel heart disease or coronary microvascular disease. Symptoms include:  
• Pain or discomfort in the neck, jaw, shoulder, upper back, abdomen or back  
• Nausea  
• Vomiting  
• Sweating  
• Lightheadedness  
• Fatigue  
You may not experience any symptoms if your heart disease is "silent." This could mean

you may not be diagnosed until you experience more severe symptoms, such as:  
• Heart attack  
• Arrhythmia  
• Heart failure  
If you experience any of these symptoms, call 911 right away.  
**Lower your risks of heart disease**  
While there may be risk factors you can't control, making the choice to start a heart-healthy lifestyle is one way to help make an impact. In fact, studies show that healthy choices have resulted in 330 fewer women dying from heart disease per day.  
**Consider these changes to**

**help lower your risk:**  
1. Quit smoking  
2. Exercise regularly  
3. Eat healthier  
4. Manage your stress  
5. Limit alcohol  
6. Monitor your blood pressure  
7. Prioritize sleep  
Take the time to understand the disease and if you may be at increased risk. Heart disease doesn't just occur in older women. Young women, especially those with a family history of heart disease, should also take precautions. Don't wait for the symptoms to appear – take preventable action to help maintain your heart health.

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## COVER STORY

# Larimer County Conserves 428-Acre Quarter Circle Lazy H Ranch Near Livermore

JONSON KUHN | NorthFortyNews.com

Fort Collins Natural Areas and Great Outdoors Colorado have partnered with Larimer County Department of Natural Resources (LCDNR) to conserve 428 acres of the 2,225-acre Quarter Circle Lazy H Ranch, which is owned by Chris and Janeth Hansen, via conservation easement in north Larimer County. This particular conservation easement is located within the Livermore Land Conservation Priority Area identified in the Larimer County Open Lands Master Plan and along the Red Feather Lakes Road (W. County Road 74E) corridor.

"We have a master plan that we developed with very extensive public and community engagement and that master plan highlights specific priority areas for land conservation throughout Larimer County[...]We went through a strategic exercise a few years ago to determine within these priorities areas what are the opportunities around land conservation that meet the types of values we're trying to conserve: where do we still have intact native vegetation communities? Where do we still have viable agricultural lands? Where do we still have significant opportunities to buffer other conserved lands and create larger wholes," said Meegan Flenniken, Land Conservation, Planning & Resource Division Manager

with Larimer County Natural Resources.

"In Colorado, there are impressive tax advantages to donating a conservation easement. A landowner can donate the value of a conservation easement and receive 90% of the value in tax credits that they can either use themselves or they can sell over a period of time. This new tax legislation passed about a year ago and provide a great additional tool to bolster land conservation," added Flenniken.

The Quarter Circle Lazy H Ranch easement provides a significant buffer to and connection between public lands including Cherokee State Wildlife Area and other conservation easements. In addition, the conservation easement protects key values including wildlife habitat, streams, agriculture production, and important scenic viewsheds.

The Quarter Circle Lazy H Ranch has been in the Hansen family for decades and has been primarily used for cattle grazing and hay production. Approximately 80 acres of the property are irrigated as hay fields. Landowner water rights will be restricted by the conservation easement to ensure they support the ranch's conservation values into the future. In addition, the conservation easement will protect native foothills grasslands and shrublands, portions of Lone Pine



Quarter Circle Lazy H Ranch (Photo provided by Larimer County)

Creek and Rabbit Creek, and provide key habitats for wildlife including the federally threatened Preble's meadow jumping mouse.

"This ranch offers tremendous values including habitat, agriculture, and the iconic viewshed along Red Feather Lakes Road. Conserving the ranch into perpetuity provides many community benefits for today and into the future," said Daylan Figgs, Director, Larimer County Natural Resources.

To date, LCDNR has conserved 54,163 acres of land in Larimer County. For more information, please visit [larimer.org/naturalresources/openlands](http://larimer.org/naturalresources/openlands).

*The Department of Natural Resources manages Larimer County's great outdoor places, including open spaces and magnificent water-based recreation areas, and fosters responsible land stewardship through weed management and healthy forest practices. To learn more, visit [larimer.org/naturalresources](http://larimer.org/naturalresources).*

## COUNTY

### "Beat the Heat" Campaign by Animal Friends Alliance and Larimer Humane Society Offers \$20 Spay for Cats

NORTH FORTY NEWS | NorthFortyNews.com

Spring is just around the corner. Animal Friends Alliance and Larimer Humane Society want you to "Beat the Heat" by spaying your cat in advance of her heat cycle (also commonly called a "heat") to prevent unplanned litters from being born this spring. In March, Animal Friends Alliance and Larimer Humane Society are teaming up to offer \$20 spay surgeries for up to 90 cats in Larimer County.

Animal shelters commonly refer to the spring as "kitten season" because cats are seasonal breeders and during the warmer months, the influx of accidental litters can overwhelm shelter resources.

To prevent homeless cats and kittens, two of Larimer County's largest animal welfare organizations are joining forces in advance of "kitten season" for a special \$20 spay promotion called "Beat the Heat."

Sterilization is one of the most effective strategies to reduce pet homelessness and is safe for kittens as young as 8 weeks old, according to the American Veterinary Medical Association.

Spaying a female cat before the first heat cycle can be beneficial, improving the health of the pet by reducing the risk of certain reproductive cancers and infections.

"Female cats can have as many as three litters a year, and kittens can breed as

young as 4 months old," says Dr. Gloria Matsushita, chief veterinarian at Animal Friends Alliance. "Most people don't want to see their cat get pregnant over and over again, so we hope our 'Beat the Heat' campaign will serve as a gentle reminder to cat owners to sterilize their cats before they go into heat this year."

"Ensuring that every pet is wanted, and part of a loving home is a sentiment that our community as a whole values," says Judy Calhoun, CEO of Larimer Humane Society. "By partnering with Animal Friends Alliance through the 'Beat the Heat' initiative, our goal is to assist owners in making responsible choices for their cats - decreasing challenges like homelessness and over-population and helping to keep cats healthier overall."

Residents of Larimer County will receive priority for this special rate and the promotion is available only for the month of March. Cat parents who wish to take advantage of this offer should mention the "Beat the Heat" campaign when they schedule their appointment.

*Please call (970) 484-1861 and mention "Beat the Heat" to schedule an appointment, or visit [SavingAnimalsToday.org](http://SavingAnimalsToday.org) for more information. The clinic is located at 2321 East Mulberry St. #3 in Fort Collins.*

### Fundraiser to Support Colorado Conservation Efforts Ticket Sales Now Open

NORTH FORTY NEWS | NorthFortyNews.com

2022 Spring Banquet event presented by Colorado Ducks Unlimited Fort Collins Chapter will be held on Saturday, March 12 from 5:30 pm to 10 pm at the Hilton Hotel located at 425 W. Prospect Rd.

Ducks Unlimited (DU), the world's leader in wetlands and waterfowl conservation, and its Fort Collins Chapter invite the public to create change together from peaks to prairies during its 2022 Spring Banquet and fundraiser event. DU strives to raise public awareness about the benefits wetlands provide not only for waterfowl habitat but as important natural water filters.

The annual Spring Banquet event is presented by the Fort Collins DU chapter and will feature an open bar, a full dinner, prizes, unique local items, special DU limited-edition firearms, merchandise, and much more. Every event ticket includes dinner during the banquet and a one-year DU membership.

This year's major supporting event sponsors include Otterbox, Horse & Dragon Brewing Company, Breeze Thru Car Wash, HWY34 RV, Old Town Media, Leinweber Farms, Tito's Homemade Vodka, Flex Flow, L'uva Bella Winery, Vortex Optics, Liberty Firearms Institute, NOCO Party Bus, JAX Outdoors, Scheels, WorkSharp, and the Colorado Rockies.

All event proceeds are used for DU's efforts in this region focused on restoring

and protecting shallow wetland habitats along river corridors. DU is also focusing its restoration and protection work on key areas across the Rocky Mountain range that contain the highest quality wetland habitats and concentrations of waterfowl.

"The vision of Ducks Unlimited is wetlands sufficient to fill the skies with waterfowl today, tomorrow, and forever. Each year, the Spring Banquet works to support that vision," said Pete Eckes, Fort Collins Area Chair for Ducks Unlimited. "Waterfowl conservation is facing important challenges as wetlands and other habitats are being degraded and destroyed across the continent. Proceeds from annual events, like the upcoming Spring Banquet, have helped Ducks Unlimited to conserve over 100-thousand acres of land in Colorado to date. Together, we can make a difference in wetlands conservation not only for waterfowl but for everyone."

Ducks Unlimited has conserved more than 15.1 million acres thanks to contributions from more than a million supporters across the continent.

Guided by science and dedicated to program efficiency, DU works toward the vision of wetlands sufficient to fill the skies with waterfowl today, tomorrow, and forever.

*For more information visit [FortCollinsDU.org](http://FortCollinsDU.org).*

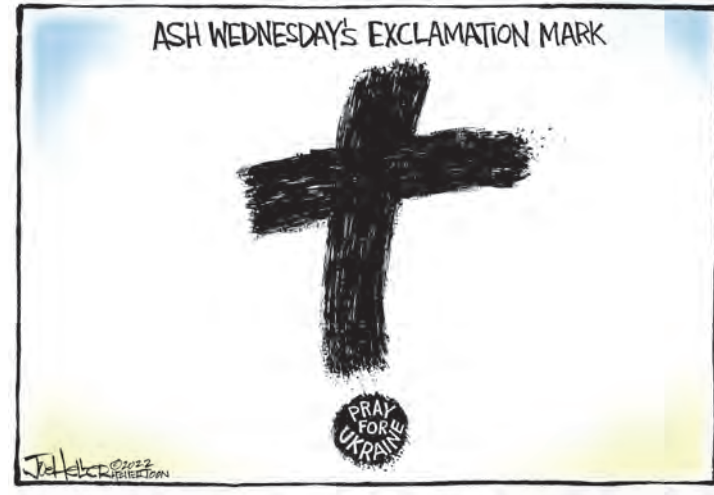
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## MARCH MADNESS

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## This Weeks' Cartoons

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- ACROSS**
- In ill humor
  - Like a ship?
  - Repeating word on South Pacific map
  - Man-eating fairy tail giant
  - Newspaper piece
  - Pertaining to the ear
  - Family group
  - Not the life of the party
  - Andean animal
  - \*Like Sunday, the day of announcements
  - Bodily disorders
  - 19th century Robber baron Jay \_\_\_\_\_
  - Architect's software, acr.
  - Articulates
  - Soak up
  - Cuban dance step
  - Auditory canal, e.g.
  - Needlefish, pl.
  - "Star Wars" creator
  - Swindle
  - March edition, e.g.
  - Rest or settle
  - Johnny Cash's "Get \_\_\_\_\_"
  - \*It never ends this way
  - Another word for acetylene
  - High or hilly land
  - Grazing spot
  - Copying machine
  - \_\_\_\_\_ code
  - \*Those remaining in last weekend (Two words)
  - Gives off
  - Afghanistan's western neighbor
  - Beginner
  - Send in payment
  - Halfway around links
  - Besides
  - Biz bigwig
  - \*D-\_\_\_\_ schools only
  - Swedish shag rugs
- DOWN**
- \_\_\_\_\_ Brown and "What's Up, \_\_\_\_\_?"
  - Gawk at
  - River in Orenburg, Russia
  - Weasel out
  - Go bad
  - Massacre of the Innocents king
  - "I Dream of Jeannie" star
  - \*Last year's runner-up from Washington
  - Like word of mouth
  - Those born under Aries
  - Chicken \_\_\_\_\_ king
  - Between 90 and 180 degrees
  - Spy's cover
  - Crocus bulbs, e.g.
  - \*Network
  - \*School with most titles
  - Car rack manufacturer
  - Like an implied agreement
  - Your mom's sister
  - Haile Selassie's disciple
  - Boston hockey player
  - Heart pain
  - Ken or Barbie, e.g.
  - \*Placement
  - \*First A in NCAA
  - Motivate
  - Biology class acronym
  - Benevolent
  - Leavening agent
  - Another word for golf club
  - Rice wine
  - Lacking sense
  - NYSE MKT, formerly
  - Frost design on a window
  - Porto \_\_\_\_\_, Italy
  - Like acne-prone skin
  - Bear constellation
  - Fish eggs, pl.
  - Before, archaic

SEE THE SOLUTION ON PAGE 12

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These days, cities can feel overcrowded and claustrophobic. Moving to a rural area can provide that perfect sense of relief for those seeking an escape. If this sounds like you, contact United Country Ponderosa to help you locate the country property that will fit your wants and needs!!

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- Is living in the country safe?
- How will this affect my daily commute?
- What do I need to know about water and sewer?

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*...again*



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The Advertising Space Reservation Deadline has been extended to **Friday, February 4th**, so please don't delay - reserve your space today!



For advertising information please contact the Wellington Chamber at 970.568.4133 or email [mDierlam@northfortynews.com](mailto:mDierlam@northfortynews.com)

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