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GROWTH AND RESILIENCE DESPITE BIG CHALLENGES

See Page 14



A retreat group stands in front of the Stupa in February, 2022. (Photo provided by Drala Mountain Center)



A PREVIEW OF
WHAT'S GOING ON
IN NORTHERN COLORADO

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Meet the Avengers of the Lyric

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Lyric sign in front (Photo from facebook.com)

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LETTER FROM THE PUBLISHER

Spring has Sprung!

On the first spring day, I decided to give my sons and me a treat. We went for a drive with the top off of the Jeep.

It was only the second time I had taken its top off, but it was worth it!

If you know me, you know I get cold quickly. We had the top off, but we had the heat on. It was 60 degrees outside.

It was great having the sun in our faces, feeling the spring wind, and just enjoying the moment. I am sure it is a memory that will last a lifetime.

The spring drive launched me into a plethora of other springtime traditions. I started seeds (almost a hundred annual and perennial plants are sprouting in my living room now), did some spring cleaning, and took a trip up to our mountain property — twice.

Following my publisher's letters, those of you may remember that my two young sons and I moved up to the property and gave the off-grid lifestyle a try last year. We had so much fun until the wind and the bitter cold forced us to leave the RV and rent a house. That was in December. Over the past few months, I realized I forgot about the luxuries of having four walls. Not having to empty the black water tank every week is one of them!

This year, we will begin building a cabin. The spring weather has sprung me into action on that project. Digging for the cabin site will commence when this letter is published while the building engineer draws up our plans. I'm praying for a fast permit from the county to move forward quickly.

I would say that I need to dust off the Kubota tractor I bought last year, but I used it almost every weekend all winter long — plowing the road for the neighbors and me. This past winter was good, but I know this spring and summer will be better!

You won't want to miss our 2nd North Forty Gardener story about composting from our friends at Gardens on Spring Creek if you're into gardening. If you missed the first one, check it out in our Gardening section on our website.

And, take a moment to take a look at our calendar. We have more than 400 events posted online through October and new events coming every day.



Seedlings sprouting (Photo by Blaine Howerton)

Get outside and enjoy the warm weather; you never know in Colorado, the blizzard of 2022 could be just around the corner!

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Blaine Howerton

My CPW App Will Provide 21st Century Service

NORTH FORTY NEWS

NorthFortyNews.com

Colorado Parks and Wildlife launched a new smartphone application this week that will make purchasing hunting and fishing licenses and state park passes easier.

My CPW is the official mobile application for CPW's license and pass purchasing system, IPAWS, and it is available to all CPW customers (residents and nonresidents). My CPW makes purchasing CPW products even easier and allows customers to carry and show proof of purchase of many CPW annual and daily products directly from their phone.

My CPW currently includes all CPW licenses without a carcass tag and non-vehicle park passes (individual and dog-off leash passes). Future phases could include OHV, snowmobile and boat registrations, interactive maps, weather alerts and other enhancements.

"The addition of the My CPW application will give our customers the ability to carry and display some of their licenses and passes digitally, and it's another exciting step in making it more convenient for our customers to easily buy their hunting and fishing licenses and state parks passes," said CPW Director Dan Prenzlou. "We'll continue to explore options for making purchasing a license or pass even easier."

The My CPW app can be downloaded from the Apple App Store or Google Play.

North Forty News

OUR MISSION

As Northern Colorado's only independently-owned, regional weekly, we connect communities and the people who live in them by providing news of hyper-local events and of businesses, nonprofits, government leaders, and individuals who are working hard to make a difference while successfully meeting the challenges of our time.

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The Alchemy Behind Black Gold: The Practice of Composting

BRYAN FISCHER | Gardens on Spring Creek



Compost (Photo by Gardens on Spring Creek)

Last week we examined composting as a concept. This week's article will shift from concept to application.

Broadly speaking, compost piles are fed three types of inputs: (1) carbon-rich "brown", like dried leaves, straw, and other small, dried plant materials (twigs thinner than a pencil are OK), (2) nitrogen-rich "green" materials, like fresh grass clippings, kitchen scraps, and seed-free annual weeds and (3) water. Don't incorporate items such as bones, meats, oils, fats or greases, as these can quickly attract pests. If something doesn't belong in your garden (like a perennial weed, weed with seeds on it, or garden plant infected with a pathogen) don't incorporate it into your compost pile. Many of these "baddies" can survive home composting and revel in the opportunity to proliferate in a cushy garden setting later.

For the purposes of home gardening, "lasagna" style composting is often most practical. Not only does it reduce the measurement required to keep the pile composting effectively, but it can also be done passively with no turning required. To try this, start with a layer of brown materials on the bottom of the pile about four inches thick. Add green material (gradually is fine) until it forms a



layer four inches thick, then alternate back to brown. Be sure to keep your rings of green material smaller than your rings of brown material so that pests don't have easy access to the food scraps in the pile. Expect unturned piles to take up to 12 months to finish their first compost batches; turning the pile will shorten this timeframe somewhat.

While one can fuss about achieving the ideal ratio of green to brown, I just eyeball the pile. If it appears dry or isn't composting as weeks go by, add more green materials or water. If it appears slimy or smells stinky, add more brown materials, like leaves. The consistency of a wrung-out sponge is said to be a good indicator of the ideal moisture content of a pile.

Such compost can be spread prior to planting or seeding of a garden. Ideally, this would be 90+ days before most crops are to be harvested (like tomatoes, beans, etc.) and 120+ days before root crops (like carrots) are to be harvested to minimize chances of a pathogen from the compost surviving on the crop at the time of harvest. Once spread (1-2 inches deep is typically plenty), either till it in as a soil amendment or cover it with mulch. Tilling compost is generally best for vegetable production, with mulching preferred for landscape applications. However, natives and xeric perennials do not require, nor do they appreciate compost.

I approach compost as I try to do many things in life: less is more. While a light compost addition will typically benefit the garden, one that is too heavy will quickly harm it with excess nutrients and salts, leading to plant stress and leaf burn. After all, gardening is a marathon, not a sprint, even if spring would suggest otherwise. With any luck, you'll have many more seasons to practice perfecting your "black-gold" operation.

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WELLINGTON

Updates from the Wellington Main Streets Program

ANITA HARDY | Wellington Main Streets Program

The Wellington, CO Main Street Program Board of Directors is happy to share that Kallie Cooper accepted a position with the Town of Wellington. Everyone is excited to continue working with her in her new role as Business and Community Liaison.

During her time with the program, Kallie, alongside a network of strong and hardworking volunteers, worked diligently to bring the whole community together by applying the principles of the Main Street program. Kallie helped downtown businesses and residents through a tough year with COVID (2020). All of her hard work, and that of many volunteers, continued with great success in 2021 as the program received the Main Street Program of the Year Award. Kallie was individually awarded the Main Street Manager of the Year in 2021.

Now, the Board of Directors is in a spot of hiring the next Manager. During this process over the next several months, the program's day-to-day operations and business connections will happen through all of the committed volunteer members of the Board of Directors. The community will not be losing any of the services they have come to know and appreciate.

The Board is happy to share they hired Ayres Associates to assist with the management of the Main Street Program for a short time. One of their primary roles will be to ensure maintaining status and standing with the Colorado Main Street authority at DOLA (Department of Local Affairs). Ayres and Associates is a leading consulting firm that manages several Main Street programs throughout Colorado and Wyoming.

During the next couple of months, here's a roster of who you can contact with specific questions:

- General Organizational** - Anita Hardy
- Grants** - Anita Hardy: anita@anitahomenow.com

Financial Questions (of the program)

Nic Redavid: nredavid@mymeridiantrust.com

Events - Sarah Braun:

sarah@oldcoloradobrewing.com

Marketing - Megan Larson:

megan@mrockcreative.com

Design - Erin Ramler:

erinsunshine29@gmail.com

If you have any questions or need some help, please don't hesitate to reach out to any of the other Main Street Board Members.

In other updates, the Town of Wellington received \$149,999 in grant funds to purchase new solar-powered lights, wheelchair-accessible benches, picnic tables, trash cans, and dog waste stations throughout downtown Wellington. The program shares a big 'Thank you' to the Town of Wellington Public Works Department for their tireless work to complete the installation of the new downtown fixtures as part of the Revitalizing Main Street Grant Project.

Keep an eye out for upcoming fundraising events for the Wellington Main Street program and summer Main Street Market. Thank you to all who attended Hoppy Go Lucky 5K on March 12!

Wellington Fun Run 0.5K, April 2 from 8 AM - 4 PM, hosted by Old Colorado Brewing Company and The BBQ Love Shack.

Wellington Brewfest, Saturday, June 4 from 2 PM to 5 PM, in Centennial Park.

2022 Main Street Market is July 21 through September 22, on Thursdays from 4:30 PM to 7:30 PM in Centennial Park. The vendor sign-up is happening now.

Stay tuned for more details on these events!

To learn more about the work done through the Wellington Main Street Program, get your tickets for events, sign up as a vendor for the Main Street Market, or see the annual report, visit wellingtonmainstreet.org.

Happening in Wellington: Upcoming Events

ANNIE LINDGREN | NorthFortyNews.com



Greetings from Wellington Mural (Photo credit Brian Graves with Graven Images)

Local Trustee Candidate Forum Hosted by Wellington Area Chamber of Commerce is Thursday, March 24, from 6 PM to 8 PM at the Leeper Center, 3800 Wilson Ave in Wellington. This is an excellent opportunity to meet the candidates for this year's Mayor and Trustee Election through a question and answer format. The election is on April 5. If you cannot attend in person, you can follow along on Facebook live through the Chamber's Facebook page.

Bike Rodeo is March 26, from 8 AM to 12 PM, North of Ziggi's Coffee in the parking lot (7440 5th St, Wellington). There will be thirty free bike giveaways with helmets, free bike inspections, plus a bike course. This event is put on through the Kiwanis, Overland Mountain Bike Club, Larimer County 4H Foundation, Larimer County Sheriff's Office, and Safe Kids Larimer County.

Sparge Brewing and Fox and Crow are hosting a **beer and cheese pairing** on March 24, from 6 PM to 9 PM at 3999 GW Bush Ave Unit 101. This is a semi-formal ticketed event to raise funds for the SpargetoberFest Foundation and kick off this

year's event announcements. These events benefit local nonprofits, the Wellington Waverly Kiwanis Club, the American Legion Wellington Post 176, and the Wellington Food Bank. Get your tickets through <https://tinyurl.com/sf32422>.

Wellington Fun Run 0.5K is April 2, from 8 AM to 4 PM, hosted by Old Colorado Brewing Company and the BBQ Love Shack at 3700 W. Cleveland Ave. There are new race categories added this year, and a whole day's worth of family-friendly activities. This is a fundraiser event for the Wellington Main Street Program. Learn more about the event and purchase tickets online at www.eventbrite.com/e/wellington-fun-run-05k-2022-tickets.

Beautifully Savage, Wellington's newest group fitness, is hosting an **open house** with free classes and giveaways. It is from March 24 to March 26 at 8925 Pieper Road with Grid Iron Fitness. If you have considered joining boxing-based group fitness, this is a great opportunity to check it out for free. Find them on social media or at beautifullysavageboxing.com.




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WELLINGTON

Boys & Girls Clubs of Larimer County Names 2022 Youths of the Year

NORTH FORTY NEWS | NorthFortyNews.com



From left to right: Junior Youth of the Year, Jose G., Senior Youth of the Year, Ashley E. S. C. (Photo by Boys & Girls Clubs of Larimer County)

Boys & Girls Clubs of Larimer County held its annual Youth of the Year competition on February 26th at Colorado State University. Thirteen Junior and three Senior Youths of the Year from thirteen of the sixteen different Clubs across the county presented speeches to a panel of judges. A total of 75 guests, including family members, friends, and Club staff were there to support the Youth of the Year candidates. The winning Junior Youth of the Year is Jose Guzman, a 7th-grade student who attends New Vision Charter School in Loveland. The-winning Senior-Youth-of-the-Year, is Ashley Elisabeth Solares Caceres, a 7th-grade student who attends Boltz Middle School in Fort Collins. Through a partnership with Colorado State University, sponsoring the Youth of the Year program, Ashley

was awarded a \$2,500 college scholarship.

Special thanks to the competition judges: Larimer County Commissioner John Kefalas, Tracy Stegall from Thompson School District, Maggie Walsh from Colorado State University, and Brandy Alexander long-time Club supporter, former Club Volunteer, and parent of the 2016 Youth of the Year.

The Youth of the Year competition is a national Boys & Girls Clubs of America initiative to foster a new generation of leaders that are fully prepared to live and lead in a diverse, global, and integrated economy.

The Youth of the Year will be celebrated at the Boys & Girls Clubs of Larimer County's Spring Soiree on May 20 at the Budweiser Events Center.

Senior Youth of the Year: Ashley



From left to right: Tracy Stegall, Brandy Alexander, Ashley E.S.C., Maggie Walsh, Larimer County Commissioner John Kefalas (Photo by Boys & Girls Clubs of Larimer County)

Ashley has been a member of the Harmony Village Club for six years and is in 7th grade at Boltz Middle School. Her favorite thing about Club is being able to participate in sports while also participating in art programs. The team at Harmony Village describes Ashley as outgoing, friendly, kind, and helpful. Her desire to help others has inspired her to want to become a therapist in the future.

Junior Youth of the Year: Jose

Jose has been a member of the Loveland-Pulliam Club for four years and is in 7th grade at New Vision. His favorite thing about Club is the variety of activities that are offered, and he enjoys playing basketball and pool the most. Jose is described as the quintessential example of a member who always strives



From left to right: Tracy Stegall, Brandy Alexander, Jose G., Larimer County Commissioner John Kefalas, Maggie Walsh (Photo by Boys & Girls Clubs of Larimer County)

to be kind, respectful, and thoughtful towards others. He makes everyone feel welcome, encourages the participation of others, and is always having fun. In the future, Jose wants to study medicine and neuroscience at Stanford.

The mission of Boys & Girls Clubs of Larimer County (BGCLC) is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens. The Club environment consists of a safe place, staffed by trained professionals, offering premier youth development programs to youth ages 6-18.

BGCLC provides services in Fort Collins, Estes Park, Loveland, and Wellington and serves over 2,500 youth annually.

Bridge reconstruction at US 34 and Kechter Road required I-25 and US 34 Full Closures

NORTH FORTY NEWS | NorthFortyNews.com

Interstate 25 widening and US Highway 34 bridge reconstruction continues as the Colorado Department of Transportation progresses on the second section of the new US 34 bridge over I-25.

Bridge reconstruction of Kechter Road over I-25 is also progressing during a 7-month full closure of the bridge. Crews poured the concrete deck on the new Kechter Road bridge over I-25 during the nighttime hours on March 19. The operation required a full closure of I-25 between Colorado Highway 392 and Harmony Road to safely pour concrete.

When complete, the new US 34 bridge will add an additional through lane in each direction and reconfigure the on- and off-ramps. The project will also increase capacity on I-25 by adding an Express Lane in both directions, constructing inside and outside shoulders, and replacing aging bridges. Kechter Road over I-25 will feature a roundabout on the west side of I-25 that improves safety and

traffic flow issues and provides increased pedestrian safety with new sidewalks, pedestrian crosswalks and bike lanes in each direction. The project will also improve multimodal access to regional transit.

STAY INFORMED:

More information about this project is available at codot.gov/projects. The project information hotline is 720-593-1996.

Travelers are urged to "know before you go." Gather information about weather forecasts and anticipated travel impacts and current road conditions prior to hitting the road. CDOT resources include:

- Road conditions and travel information: www.COtrip.org
- Travel alerts: bit.ly/COalerts
- See scheduled lane closures: codot.gov/travel/scheduled-lane-closures.html
- Connect with us on social media: Twitter @coloradodot and Facebook [facebook.com/coloradodot](https://www.facebook.com/coloradodot)

Town of Wellington Notice of Election

Notice is hereby given that the April 5, 2022 Regular Municipal Election for the Town of Wellington, Colorado will be held by mail ballot.

To vote in said election, you must be registered to vote, you must be at least 18 years of age, a citizen of the United States, a resident of Wellington, and have resided in this state of Colorado for twenty-two days immediately preceding the election. All registered voters will receive a mail ballot shortly after March 14, 2022.

The ballot shall contain the following candidate for Mayor:

Mayor: (Vote for no more than One)

- Wyatt Schwendeman-Curtis
- Ashley Macdonald
- Calar Chaussee

The ballot shall contain the following candidates for Trustee:

Trustee: (Vote for no more than THREE)

- Timothy L. Whitehouse
- Wyatt M. Knutson
- David L. Wiegand
- Melanie Murphy
- Lisa Chollet
- Brian M. Mason
- Lowrey Moyer
- Shirrell Tietz

Completed ballots must be returned in the envelopes provided and must be RECEIVED in the Town Clerk's office by 7:00 p.m. on April 5, 2022. Ballots returned by US Mail must have adequate postage affixed. Ballots may also be dropped off at the drive-up County Ballot Drop Box, 3800 Wilson Avenue, Wellington, Colorado anytime through April 5, 2022 at 7:00 p.m. Ballots may also be dropped off at the walk-up ballot box at 8225 3rd Street, Wellington, Colorado. Voters must sign and date the return envelope.

Questions about this election should be directed to the Town Clerk at (970) 568-3381 or euckerkk@wellingtoncolorado.gov.

The Town Clerk of the Town of Wellington, Colorado, has caused this Notice to be given as required by law, this 21st day of March, 2022.

/s/ Krystal Eucker, Town Clerk

Publish: North Forty News, March 21, 2022

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FORT COLLINS

Next Phase of Active Modes Plan Open for Public Comment

NORTH FORTY NEWS | NorthFortyNews.com

As City staff continuously work to develop Fort Collins' Active Modes Plan, city residents are invited to participate in the next phase of public comment from now through the end of March.

The Active Modes Plan is combining and updating the City's 2011 Pedestrian Plan and 2014 Bicycle Plan. FC Moves, the City's transportation planning department, is leading the effort.

For this next phase of engagement, residents can provide feedback on the draft bikeway network recommendations through an online survey and mapping exercise. Both resources can be found online at fcgov.com/WalkBikePlan.

"We know how much our community values

active transportation choices, especially biking," said Nick Heimann, an active modes specialist with the City. "We want to make sure everyone's voice can be heard as this plan will guide our active modes efforts for the next few years."

The mapping exercise and survey will be open through the end of March. Future engagement opportunities will be announced as they become available.

To learn more about the Active Modes Plan and sign up for updates, visit fcgov.com/WalkBikePlan and ourcity.fcgov.com/active-modes-plan.

Introducing the Poudre Food Partnership and Upcoming Events

NORTH FORTY NEWS | NorthFortyNews.com

The Poudre Food Partnership is a new project in Northern Colorado focused on strengthening our regional food system.

The Poudre Food Partnership was formed to complete the research and planning objectives of a two-year Regional Food Systems Partnership planning grant awarded to The Northern Colorado Foodshed Project, The Growing Project, The Family Center/La Familia, ReKaivory, Poudre Valley Community Farms, and Colorado State University Extension.

The objective of this partnership is to design and build a more equitable, vibrant, and resilient local food system in Northern Colorado. Over the next two years, they hope to bring together public, private, and nonprofit organizations, along with community members, producers, and resources,

to collaborate and work together on this objective.

To kick off collaborations, check out this upcoming event:

Regional Convening - April 5, 4-8 pm, Powerhouse Energy Campus

On Tuesday, April 5, 4-8 pm, they are hosting a Regional Food Convening as part of the lead-up to the 2022 CO Food Systems Summit happening later this fall. These regional gatherings aim to raise awareness of and lift regional voices in the statewide food and agricultural visioning and policy processes. Please save the date for this exciting event! Formal invitation, registration information, and agenda to follow soon.

Please email info@poudrefoodpartnership.org with any questions. They look forward to collaborating with you to strengthen our food system!



SAVE THE DATE

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APRIL 5, 2022 • 4-8 PM

HOSTED BY POUDE FOOD PARTNERSHIP:
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Moratorium Resolution Halts New Marijuana Establishment Licenses

NORTH FORTY NEWS | NorthFortyNews.com

The Board of Larimer County Commissioners this week voted 3-0 to pass a resolution imposing a temporary moratorium on the review and issuance of new licenses for marijuana establishments in unincorporated Larimer County.

The Board of Larimer County Commissioners is authorized to regulate and administer regulations for marijuana establishments within the county, and in 2013 the board adopted a resolution for licensure of retail marijuana establishments and to regulate and control the cultivation, testing, sale, use, and manufacturing of these establishments.

The current resolution sets a limit of two licenses for four types of marijuana facilities --- retail store, retail cultivation, products manufacturing, and testing. There are currently four active licenses in unincorporated Larimer County, two for retail sales and two for cultivation facilities.

These establishments can have impacts on public health, safety, and the welfare of the community. With the possibility a cultivation license may become available soon, the temporary moratorium will allow time for the county to examine the licensing process comprehensively and thoughtfully while engaging the public and stakeholders before issuing new licenses.

"It's been a while, and I think it's good practice to look at regulations after a certain amount of time to ensure they align with community values and this is what our community wants," said Larimer County Commissioner Kristin Stephens.

The moratorium on issuing licenses became effective on March 15 and remains in effect until Jan. 15, 2023, or unless it is repealed earlier than that date. The moratorium does not apply to any current holders of licenses, ensuring current operators may renew their licenses.

REGION

From Local to Washington D.C., Everyone Has an Eye on Rising Prices

JONSON KUHN | NorthFortyNews.com

There's no denying that prices all across the board are on the rise and while the mounting pressures from all over the world have certainly helped contribute to this, many local business owners have been feeling the squeeze as far back as the beginning of the COVID pandemic.

Moe Kamandy has been the proud owner of the Mountain Café at 226 W. Mountain Ave. for 31 years. Despite having seen a constant trend in prices increasing, Moe has made the tough decision not to raise his own prices as a way of staying loyal to the strong customer base that's kept him in business for so long.

"My customers have been coming in for two or three generations and I know some of them well, they cannot afford to keep coming in if I'm raising prices. I've had to raise my prices a little but not that much. Every other week, for sure, there has been a rise in prices from the companies we buy from, the prices keep going up and up and up, never come down. Like, as an example, the bacon I buy, it's the best bacon around, I used to pay \$35, now I pay \$90."

Moe says he definitely saw a change in costs as a result of the conflict between Russia and Ukraine, primarily because of gasoline used for deliveries, but Moe says he's been seeing a gradual increase in general prices within roughly the last 8 months.

"Right now, the deliveries, like with the coffee, they used to only charge \$6 but now it's \$15 because

they say the increase in gas. We saw an increase before but now more since Russia. And the food costs are for sure going up, about every two weeks I see they go up a lot. The margins are getting thin, we just do the best we can. Hopefully, someday the prices go down; I know some restaurants had to shut down, they increase prices and customers complain, what can you do? It's a bad situation for everyone, especially middle-income people, even waitstaff see it in their tips."

In a press release issued by the office of Colorado U.S. Senator Michael Bennet, he directly addressed the increase in prices as they hope to push forward with a bill to provide relief for American consumers specifically for the rising costs of gasoline.

"We need to use every tool at our disposal to protect Coloradans from rising energy costs and provide them relief, and this legislation will help us do that," said Bennet. "As Putin wages a reprehensible, lawless war on Ukraine and sends the global energy market into chaos, we need to hold large oil and gas companies accountable and prevent them from using this moment to exploit American consumers. We also urgently need to invest in America's clean energy economy to cut costs for families and strengthen our energy independence, which we can do; by passing the extension and expansion of the clean energy tax credits included in the Finance Committee's budget package."

Groceries 2022: Help Me Obi Wan Kenobi!

TIM VAN SCHMIDT | NorthFortyNews.com

I thought this was going to be easy. I'm talking about getting a bead on just how much grocery prices have gone up in recent years. You see, I have a habit of throwing newspapers and magazines into boxes and storing them -- kind of like time capsules. Recently, while going through some of those boxes, I discovered that along with the newspapers I had saved, I had also saved a number of grocery store sale flyers.

Noticing this random resource, I began pulling them out of the stacks and came up with multiple grocery flyers from 2001, 2009, 2016, 2021, and 2022.

It occurred to me that analyzing these flyers -- comparing prices on various products -- could give a real-world view of how much grocery prices have changed over the course of 21 years.

So I sat down to work on one of those cold, below zero days in February to try to find comparable prices and products in these flyers and to set a timeline to what everybody knows has been a general increase in expense for the average grocery shopper.

That's when my headaches began. These flyers were a jungle of information. My dreams of a crystal clear picture of grocery pricing were obscured by a bewildering number of products, brands, sizes, and weights often offered in ever-changing package deals.

Different stores had different prices on different brands in different seasons. It was mind-boggling.

After a while, I could only throw my hands up in the air and plead: "Help me Obi Wan Kenobi!"

It's perhaps important to note that I was looking at sale prices exclusively. Everybody knows that sale prices are designed to get shoppers into the store so that regularly priced items -- in themselves a confusing maze with varying prices depending on quantities and whether you have a shopper's card or not -- go in the basket right next to sale stuff. I'm not even going there.

However, some of the information I collected from these old flyers -- perhaps the minimum

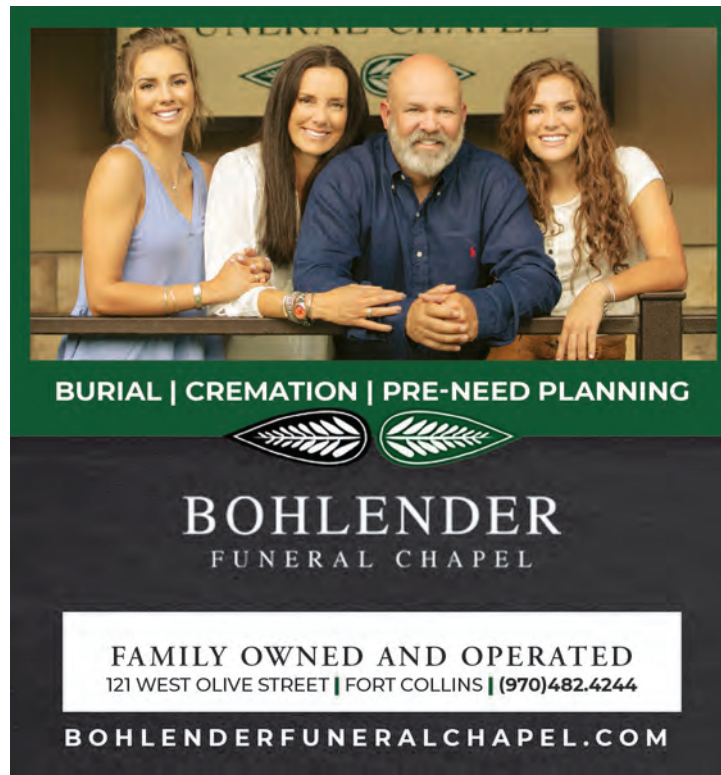
you might pay for these items -- did seem to offer some continuity, and here are some results:

| | |
|------------------------|-----------------------|
| Beef Ribeye Steak | Organic Eggs 12 |
| 2001 3.99 lb. | 2001 2.39 |
| 2009 6.99 lb. | 2009 2.99 |
| 2016 7.99 lb. | 2022 3.79 |
| 2022 8.97 lb. | Chicken Boneless |
| 7Up, Pepsi, Coca Cola, | Breasts |
| various 12 packs | 2016 1.77 lb. |
| 2016 4X 10.88 | 2022 3.69 lb. |
| 2022 4X 11.88 | Butter 8 oz. |
| Cheese | 2009 2.00 |
| 2009 2.99 lb. | 2022 2.99 |
| 2022 4.99 lb. | Cereal 14 oz. |
| Bath Tissue 12 rolls | 2016 1.49 |
| 2009 4.99 | 2022 1.99 |
| 2022 8.99 | Pasta Sauce 15-24 oz. |
| Oreos | 2016 1.49 |
| 2009 2.69 | 2022 1.79 |
| 2016 2.99 | Orange Juice |
| 2022 4.49 | 2009 3.00 64 oz. |
| Real Mayonnaise | 2022 3.00 52 oz. |
| 2009 2.77 | Ice Cream Quart |
| 2016 2.99 | 2001 2.50 |
| 2022 4.49 | 2022 3.49 |
| Sockeye Salmon | Pasta |
| 2009 4.99 lb. | 2009 1.00 |
| 2022 10.99 lb. | 2022 2.00 |
| Aluminum Foil 50-75 | |
| feet | |
| 2009 2.50 | |
| 2022 2.99 | |

Now, I'm aware that none of this is scientific and I'm sure that savvy grocery managers, as well as seasoned coupon/sale shoppers, could easily disagree with these price spreads. I mean, really, there are so many variables in play it's nearly impossible to present a true head-to-head comparison, especially when the stuff is on sale.

Still, the general upward trend is there. And IF the above prices are at all accurate, then perhaps it's

(See "groceries" on page 13)






LOVELAND & BERTHOUD

KidsPak in Loveland Addressing Rising Food Costs

NORTH FORTY NEWS | NorthForttyNews.com



Kids helping kids; Students from Ivy Stockwell Elementary School in Berthoud work with Tom Carrigan, Chairman of KidsPak and Dorothy Fuller, Ivy Stockwell Faculty Assistant (Photo courtesy Loveland Rotary KidsPak)

KidsPak works hard to squeeze the greatest amount of nutritional food out of every dollar donated. Because their food drives over the past 3 years were successful, their average out-of-pocket cost had been about \$3.70 per weekend food bag, which had 5 meals inside. The school year schedule cost (across 34 weeks) had been averaging \$70,000 per year.

As COVID started and hunger increased in the community, KidsPak increased the bags to contain 12 items for a total of 6 meals per bag instead of 5. At the same time that need was rising, food prices across the country increased because of supply-chain issues. All food-security organizations, including our partner the Food Bank for Larimer

County, experienced shortages. They expanded their sourcing of foods from other suppliers to compensate. KidsPak now also relies on US Foods for many snack and cereal items. And they have a food broker who brings KidsPak special buys when they're available, such as pasta sauce, cheese cups, etc.

In addition to increasing the amount of food per bag, they also distributed bags over a greater portion of the calendar year. This included some \$47,000 of purchases during summer 2021.

KidsPak currently has three rotating menus with an average cost of \$7.90 per bag, which weighs about 5.5 pounds.

Donations are always welcome and greatly appreciated at kidspak.org.

2022 Farmer's Market Season at Fickel Park in Berthoud

NORTH FORTY NEWS | NorthForttyNews.com

Come down to the park in Berthoud on Saturday mornings starting in June to do some shopping, listen to the entertainment, and you'll never know who you'll bump into to catch up with. Meet the vendors - they are all locally based, offering hand-grown or crafted items.

They have a full schedule of entertainment planned, so perhaps bring a folding chair with you to sit and listen for a while (Entertainers are expected to play from 10-noon but may opt to start earlier.)

Fickel Park is a gorgeous location for the market and they can't wait to see you there! Saturday from 9 am - 12 pm from June 18 thru September 24.

Are you looking to have a booth at the Market? You can register at berthoudlocal.wixsite.com/berthoudlocal. It's their goal to make the market

vendor-friendly - because great vendors draw customers, and together they can make the Market a meeting place for the community.

- The very flexible fee structure means a vendor can sign up for as little as a single date for \$30, or the whole season for \$150.
- They're accepting vendor registrations. They cater to local vendors with produce, food goods, producer-made, and sustainable crafts and services.
- Vendors must carry their own liability insurance.
- The Town of Berthoud has waived the municipal vendor fee because they are a farmer's market/community event. They welcome people with locally grown vegetables to sell, home-baked goods, preserves - but also artists and service providers.

Library to Host Police Department Listening Session

NORTH FORTY NEWS | NorthForttyNews.com

The Loveland Police Department is hosting a listening session to learn more from community members about the kind of police department they want to see in Loveland and what actions can be taken to make this happen.

The discussion will be held in a small group format with a report completed at the end for community viewing. The

session will be held in person at the Loveland Public Library in the Gertrude Scott Meeting Room from 5:30-7 pm on Wednesday, March 30.

Attendees can sign up to participate by filling out an online form at loveland.org.

Participants who need help signing up for the event can visit the Library technology center for assistance.

Blue Federal Credit Union to Host Fraud Seminar With FBI, and the BBB

NORTH FORTY NEWS | NorthForttyNews.com

Blue Federal Credit Union, in partnership with local police departments as well as the FBI, will host a Fraud Prevention seminar.

Join Blue Federal Credit Union for an educational night to learn more about types of fraud and how to stay aware of what is happening with your account.

Presentations will include staff from the Blue Risk Department, Better Business Bureau, Federal Bureau of Investigation as well as Local Law Enforcement.

Food and drinks will be provided.

"Your finances are one of the most important aspects in your life. We encourage everyone to learn how to stay

vigilant to protect yourself from fraud and identity theft," says Kylee Sara, Membership Development Manager. "Join Blue at one of the free seminars to get real-life advice and strategies to do just that from experts in the field. It is our hope that by the end of the night, you will take away actionable to-dos that can help protect you, your family, and your financial future."

The event will be held Tuesday, April 5, 2022, 5:30 p.m. - 7:30 p.m., at BBB Northern Colorado, 8020 S Co Rd 5 #100, Fort Collins. RSVP is required at bluefcu.com/belong/events/co-fraud-seminar.

Hemp Bioscience Company Releases a ProLine of Clinical-Strength CBD Wellness Products

NORTH FORTY NEWS | NorthForttyNews.com

Colorado-based hemp bioscience company CFH, Ltd., has launched a Rapid Relief Roll-on Gel and Relief Cream as a part of its ProLine. The CFH ProLine, which debuted as a lineup of professional-grade full-spectrum hemp extract products for clinical use. Both the Relief Cream and the new Rapid Relief Roll-on Gel work topically to reduce inflammation and relieve muscle soreness for athletes and people living active lifestyles.

CFH's Full Spectrum Hemp Flower Extract Relief Cream, containing 500mg or 1000mg of full-spectrum hemp flower extract, CBD and other

phytocannabinoids per jar, is intended for large muscle groups and can be applied liberally several times per day for immediate and long term relief.

"We manage every aspect of product testing and development," says Jim Ott, chief executive officer and founder of CFH. "We start by developing the genetics, we grow and harvest the hemp flower on our farm, and we formulate in our lab. We also do in-house and third-party testing to establish quality and consistency."

The product is available online nationwide at CFH.Ltd.



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Meet the "Avengers" of the Lyric in Fort Collins: Working Hard to Ensure We All Stay Entertained

JONSON KUHN | SceneNOCO.com

Hey, do you know about the Lyric in Fort Collins? No, not the old location, you're living in the past; I'm talking about the new(er) location at 1209 North College Ave. They've been over there since 2017, so I'm not sure what the holdup is, ESPECIALLY now that the Covid mandates are over and life (seemingly) is going back to what we all remember it to be. Look, no judgement, I'm the worst example; I work remotely from home and during the pandemic and/or torrential snowstorms, if there wasn't a reason to leave my house, I didn't go looking for one. But that's no way to live! With a few recent trips to the Lyric, I've been reminded that life can be kinda rad when you're not stuck on the couch, immersed in a series of endless streaming services.

I recently was fortunate enough to sit down with the (somewhat) recently formed 'Avengers' team owner Ben Mozer has assembled and tasked with running this new and improved version of the Lyric, and it was by far one of the more pleasurable interviews I've ever conducted. Everybody's hip and cool, with tats and piercings and nerdy glasses, all equipped with laptops because, despite our interview, idle hands are the devil's workshop, and this crew doesn't stop working tirelessly to serve the NOCO community they all love so well.

First I should tell you, my initial reason for going to the Lyric was because I saw they were showing the newest Batman movie and the tickets were ONLY TEN DOLLARS!!! Good luck finding anything for \$10 these days, and though my original thought was to simply write a review about The Batman (because it's quite possibly the greatest freaking movie I've ever seen in my freaking life) I quickly realized that there's much more of a story to be shared; they're not just showing movies, that barely scratches the surface of everything the Lyric has to offer.

"There is always something happening here. We throw 15 to 20 events a week,

every week." That's Aaron Varnell, official Chaos Wrangler for the Lyric. "The past year or so we've figured out how to incorporate regular music and regular events and regular rentals into an existent full movie schedule. We have six titles playing right now and we're doing that on top of throwing constant events and we've figured out how to make it work[...] That was always the vision[...] I think this hard reset has put the Lyric on a trajectory it was always hoping to be on."

Aaron started out by playing music at the Lyric shortly after the new building was constructed with his band Cactus Cat and simply from that experience, it inspired Aaron to jump onboard and he's been working for the Lyric full time since June of last year.

In addition to showing new releases, something I personally have a lot of respect for is the Lyric's effort to bring older or more avant-garde films to the screen, for instance they just wrapped up a showing of Akira Kurosawa's timeless classic Seven Samurai to a sold-out crowd. Chris Stevens, J.D., Professor Emeritus of Law and Moviefilms for the Lyric, is the man behind the curtain you SHOULD be paying attention to because his knowledge of films is crazy wide and selecting which crazy films get played isn't a job he takes lightly in the slightest.

"We're all artists and musicians and filmmakers ourselves, so we care a lot about telling stories and sharing that with the community."

Chris started out with the Lyric just bartending (still does) but slowly worked his way up to curating the Lyric's Cult Movie Night which is a FREE event every Wednesday at 8 pm.

"The Lyric's always shown classics and deep cuts and we're trying to carry on that tradition but make it more sustainable in this post-Covid business environment. I



From Left to Right: Aaron Varnell, Maya Ortega, and Chris Stevens (Photo courtesy of The Lyric)

think it's great that we're a music venue, but I think being an independent theater is important to who we are," Chris added.

And speaking of who they are, no one probably understands that better than the Lyric's Event Empress, Maya Ortega; she's been with the company for a hot minute, having worked at the old location off of Mountain Avenue for five years.

"The old location was great for its geography, it was so close to downtown, but the main difference from the old space to the new is the size," Maya said. "I think the vibe has carried over, the ethos of being a community space, doing different artistic endeavors, both music and with film has maintained, but I think here because the space is so much larger, we've basically just been able to expand what we were capable of doing[...] I think because we have people here right now who are really doing what they're good at, it makes everything that we do better."

In addition to size, Maya brought up the point that the new location is also able to provide much more in the way of community outreach with somewhat of a brilliant concept she's created to better assist local non-profits through a program called Everything Matters: Nonprofit Workshop Series. It's free and centered around finding grants, how to write grants, marketing to different generations and even how to go about making a marketing kit. Next up for the series is Trout Tank: Nonprofit Pitch-A-Thon on May 23, where nonprofits will pitch their events or programming to "trouts," who are corporate sponsors or donors.

"Our goal with Trout Tank is to showcase the incredible work being done in our community and connect them with generous donors and corporations who are

cycling funds straight back into Northern Colorado. Plus, it's going to be really fun!" Maya added.

And "fun" is truly the operative word at the Lyric! But hey, don't just take my word for it, cruise on over to their website and see for yourself! And while you're there, you might as well sign up for the Newsletter, too, because I guarantee you once you visit the Lyric one time, you'll be going again and again, and the newsletter is the best way to stay up to date on the vast selection of events they offer. While I'm thinking about it, hell, life's short and so you might as well just sign up for their Membership while you're at it. I know what you're saying, "but hey, doesn't a membership like cost money, man?" Well, sure, it does, but what doesn't cost money these days and the mere \$24 to \$19 a month they ask for is literal chump change compared to everything you get for it. I'm talking unlimited movies and events every month, \$1 off any size popcorn, \$1 off beer, wine and soda, members-only drink specials and events, as well as merchandise giveaways and discounts on theater rentals.

I'm telling you from personal experience, there's no better way to watch a movie than at the Lyric because you can actually take alcohol into the theater (rather than having to sneak it in like with every other movie theater) and they have couches, so it won't be too much of a dramatic transition from streaming movies in the comfort of your home. So, that's the Lyric! And if you don't know, now you know...respectable individual.

For more information, call 970-426-6767 or shoot an email to mail@thelyriccinema.com OR do the social media thing and follow them on Facebook and Instagram.

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Aggie Theatre

| | | | |
|-------------------------------|---|----------------------------------|----------------------------|
| 03/21 Sarah Jarosz | | 03/24 The Main Squeeze | |
| | 03/25 Reverend Peyton's Big Damn Band | | 03/26 Phrowdow |
| 03/29 Del Water Gap | | 03/31 Dr. Fresch | |
| | 04/01 The Crooked Rugs | | 04/02 Dead Floyd |

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Tickets & info --->

CITY BUZZ

TICK TOCK: TIME FOR COLORADO CONCERTS

TIM VAN SCHMIDT | SceneNOCO.com

The flood gates have opened. For those who love live music, the Colorado concert industry has come back in 2022 with a vengeance -- and it's possible that, as the pandemic seems to be winding down, fans can be fairly confident that shows won't be postponed or canceled on a wholesale basis like they were in 2020 and 2021.

Here's a handpicked sample of just some of the shows that are coming to Colorado in upcoming months.

To make this list, I researched music venues all up and down the Front Range, including Denver (Ball Arena, Paramount Theater, Ogden Theatre, Coors Field, Empower Field at Mile High, Mission Ballroom, Fillmore Auditorium, Levitt Pavilion, Bellco Theatre), Broomfield (FirstBank Center), Greenwood Village (Fiddler's Green), Boulder (Boulder Theater, Chautauqua Auditorium), Colorado Springs (Broadmoor World Arena, Pike's Peak Center), Fort Collins (Washington's, Lincoln Center, Aggie Theatre, The Armory), Bellvue (Mishawaka Amphitheatre), Loveland (Budweiser Events Center, Rialto Theater), Greeley (Union Colony Civic Center), and, of course, Morrison (Red Rocks).

I'm listing the shows by artist in the order they appear on the calendar.

Right at the top of the list is a special NOCO music event that is perhaps the most unique of them all. It's "The KRFC BluesCircus Radio Hour" show scheduled for March 26 at Washington's. There's live music to warm things up, then a live radio and video recording, followed up by a Blues Jam.

That all should be raucous fun considering the line-up of top shelf Colorado musicians involved: John Magnie, Steve Amedee, Lionel Young, Erica Brown, Diana Castro, MJ Johnson and Eric Thorin plus Cary Morin & Ghost Dog along with West Side Joe & the Men of Soul, and the Hallelujah Horns. They'll be paying a special tribute to bluesman Guitar Slim and more. See washingtonsfoco.com for more info.

But let's not waste any more space talking. Dig in and start making plans:

- BluesCircus- Washington's March 26
- John Mayer- Ball Arena March 27
- Al Di Meola- Boulder Theater March 29
- Air Supply- Union Colony Civic Center April 1
- The Wailers- Aggie Theatre April 3
- Journey, Toto- Ball Arena April 11
- Megadeth, Lamb of God- Broadmoor World Arena April 12
- Ice Cube, Cypress Hill- Red Rocks April 19
- Lindsey Buckingham- Paramount April 19
- Pepper, Method Man & Redman- Red Rocks April 20
- Lucinda Williams- Washington's April 20
- Flaming Lips- Mission Ballroom April 25
- Buddy Guy- Paramount April 27
- Gary Allan- Budweiser Events Center April 29
- Offspring- Fillmore Auditorium April 30
- A Prairie Home Companion with Garrison Keillor- Red Rocks May 2
- Behemoth- Ogden Theatre May 4
- Kenny Wayne Shepherd- Lincoln Center May 5
- Henry Rollins- Aggie Theatre May 6
- Steve Hackett- Boulder Theater May 10
- David Bromberg Quintet- Boulder Theater May 15
- David Bromberg Quintet- The Armory May 16
- Christone "Kingfish" Ingram- Paramount May 19
- Bruce Cockburn- Boulder Theater May 19
- Marc Cohn- Rialto Theater May 21
- Spoon- Mission Ballroom May 24
- Bauhaus- Mission Ballroom May 25
- Infamous Stringdusters, California Honeydrops- Red Rocks May 26
- Samantha Fish- Chautauqua Auditorium May 28
- Chromeo- Red Rocks May 28
- Ziggy Marley, Ben Harper- Red Rocks May 29
- Tears for Fears- Levitt Pavilion May 29
- Tori Amos- Paramount June 2
- Justin Hayward- Paramount June 3
- Kim Wilson & Fabulous Thunderbirds, Ruthie Foster- Greeley Blues Jam June 4
- Thievery Corporation- Mishawaka Amphitheatre June 5
- Snarky Puppy- Mission Ballroom June 5
- Black Angels- Ogden Theatre June 9
- Tommy Emmanuel- Rialto Theater June 10
- Jack White- FirstBank Center June 11
- Chicago, Brian Wilson- Red Rocks June 16
- Boz Scaggs- Paramount June 18
- ZZ Top- Pike's Peak Center June 19
- ZZ Top- Budweiser Events Center June 21
- Rod Stewart, Cheap Trick- Ball Arena June 26
- Keb' Mo'-Chautauqua June 27
- Trombone Shorty, Tank and the Bangas, Dumstaphunk- Red Rocks June 28
- Santana, Earth, Wind & Fire- Ball Arena June 29
- Leftover Salmon- Mishawaka Amphitheatre July 1-2
- Styx, REO Speedwagon, Loverboy- Ball Arena July 8
- Mary Chapin Carpenter- Pike's Peak Center July 8
- Black Keys- Red Rocks July 13
- String Cheese Incident- Red Rocks July 15-17
- Cowboy Junkies- Chautauqua July 16
- Mötley Crüe, Def Leppard, Joan Jett- Coors Field July 21
- Red Hot Chili Peppers- Empower Field at Mile High July 23
- Tedeschi Trucks Band, Los Lobos- Red Rocks July 29-30
- Foo Fighters- Empower Field at Mile High August 6
- Joe Bonamassa- Red Rocks August 7-8
- Hot Buttered Rum- Rialto Theater August 11
- Bonnie Raitt- Red Rocks August 11
- Wang Chung, English Beat, Missing Persons- Fiddler's Green August 13
- Reggae on the Rocks- Red Rocks August 20-21
- Steve Miller Band- Red Rocks August 22
- Elvis Costello- Levitt Pavilion August 23
- Bush, Alice in Chains- Fiddler's Green August 27
- Robert Cray- Chautauqua August 28
- Sammy Hagar & The Circle, George Thorogood- Fiddler's Green August 29
- Jack Johnson, Ziggy Marley- Fiddler's Green August 31-September 1
- Phish- Dick's Sporting Goods Park September 1-4
- Nine Inch Nails- Red Rocks September 2-3
- Roger Waters- Ball Arena September 6
- Weird Al Yankovic- Union Colony Civic Center September 9
- Brandi Carlile, The Indigo Girls- Red Rocks September 10
- The Head and the Heart- Red Rocks September 15
- Bela Fleck- Chautauqua September 15
- Iron Maiden- Ball Arena September 17
- The Who- Ball Arena October 17
- Porcupine Tree- Bellco Theatre September 25
- Graham Nash- Washington's October 23



Buddy Guy (Photo by Tim Van Schmidt)

Glen Echo Resort

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NorthFortryNews.com

SceneNoco.com

Are those enough choices for you? Let's just say there is a FULL inventory of events to go to. Tick tock -- it's time for live music in Colorado!

Tim Van Schmidt is a writer and photographer based in Fort Collins. Explore his channel on YouTube at "Time Capsules by Tim Van Schmidt".

CITY BUZZ

PHOTO OF THE WEEK: "SUNSET IN FORT COLLINS"



The photo of the week this week is from Maija Priebe. The photo was taken at the exchange in Fort Collins on June 13, 2021.

Sanderosa Art Gallery in Laporte is our sponsor. Each Week North Forty News features a photo submitted by one lucky reader. The chosen submitter will receive a \$25 gift certificate to be used for merchandise at the gallery.

Your photo might capture a moment in time of scenery, animals in the wild, a wildfire, your friends or family, or a recent local event.

Send us your best shot!
No purchase is necessary, and multiple

submissions are permitted. One photo per email, please.

Please include a photo caption in the subject line (include your name, phone number, and location), and you could be our next weekly winner!

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We reserve the right to use the photo wherever we see fit, including our front page —crediting you as the source of that photo.

Submit your photos to:
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ARTIST OF THE WEEK
Lynn T. Rizzotto
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sanderosaartgallery@gmail.com

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Just take your best shot and you could be our next weekly winner to receive a \$25.00 Certificate from Sanderosa Art Gallery in LaPorte.

No purchase necessary and multiple submissions are permitted, one photo per email please.

Just take your best shot and submit your photo to yourphotos@northfortynews.com.

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SUSTAINABLE LIVING ASSOCIATION ANNOUNCES EARTH DAY FORT COLLINS 2022

NEW SCENE | SceneNOCO.com

Fort Collins, Colorado: Sustainable Living Association (SLA) plans to host Earth Day Fort Collins on Saturday, April 23rd from 11:00 AM-5:00 PM at Civic Center Park, 201 Laporte Avenue, Fort Collins.

This year continues the collaboration with the City of Fort Collins to provide interactive and educational opportunities for attendees to learn about the Climate Action Plan and how to participate. Admission is free and attendees are asked to bring a donation or nonperishable food items for the Food Bank for Larimer County.

Earth Day Fort Collins is a combination of activities and events for the entire family, featuring informational booths and displays, educational opportunities, arts and crafts, live music, speakers, food trucks, a beer garden, and a mini farmers market.

Northern Colorado Clean Cities will be on-site hosting an Electric Vehicle Ride and Drive and will help answer questions consumers may have about owning an EV. The event features the 3rd annual SHIF'T Earth Day Challenge coordinated by the City of Fort Collins, challenging area residents

to compete in a competition to reduce greenhouse gas emissions.

During the NEW Youth Climate Action event, local youth will gather to train and inspire other youth on 4 different educational areas focused on climate change and how to take action. This event is led, organized, and implemented by youth who are aware of the effects of climate change on our planet and they want to do something about it. Our Youth Writing and Art contest inspires middle-school and high school students to share "what sustainability means to them" and to submit their works for review by April 4th, winners will be featured at the event.

The Sustainable Living Association helps to promote Fort Collins as a city that is active in the implementation of sustainable practices.

Earth Day Fort Collins provides attendees an opportunity to learn what area businesses, non-profits, and the local government do to support this global environmental effort and how citizens can get involved.

For more information about Earth Day Fort Collins visit SustainableLivingAssociation.org.

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NOTICE OF CANCELLATION AND CERTIFIED STATEMENT OF RESULTS

§1-13.5-513(6), 32-1-104, 1-11-103(3) C.R.S.

NOTICE IS HEREBY GIVEN by the Red Feather Lakes Fire Protection District, Larimer County, Colorado, that at the close of business on the sixty-third day before the election, there were not more candidates for director than offices to be filled, including candidates filing affidavits of intent to be write-in candidates; therefore, the election to be held on May 3, 2022 is hereby canceled pursuant to section 1-13.5-513(6) C.R.S.

The following candidates are hereby declared elected:

| | |
|-----------------------|-----------------------------|
| Nancy Kay | 3-year term until May, 2025 |
| Rebecca Ekart | 3-year term until May, 2025 |
| Patrick Allan Grissom | 3-year term until May, 2025 |
| Carvn R. Hughes | 1-year term until May, 2023 |

s/ Dan Defibaugh
(Signature of the Designated Election Official)

Dan Defibaugh
(DEO's Printed Name)

Contact Person for the District: Dan Defibaugh
Telephone Number of the District: 970-881-2565
Address of the District: 44 Firehouse Ln, Red Feather Lakes, CO 80545
District email: osenbaugh@hotmail.com

CHEYENNE FRONTIER DAYS™ ANNOUNCES 2022 CONCERTS FRONTIER NIGHTS®

NEW SCENE | SceneNOCO.com

Cheyenne Frontier Days™ (CFD) recently announced the 2022 Frontier Nights® entertainment series. The Professional Bull Riders (PBR) will return with its new Team Series event and the complete concert schedule was released.

The PBR Team Series' inaugural 11-event season will include a three-day homestand event hosted by each of the

eight founding teams. The 2022 season will begin in Cheyenne and will culminate in a team championship at T-Mobile Arena in Las Vegas November 4-6, 2022.

Concert ticket prices range from \$54 - \$105. Daily rodeo tickets range from \$18 - \$43. PBR tickets range from \$25 - \$105 with special Elite Seating and V.I.P. tickets also available at various prices. A

\$3 discount is offered on rodeo tickets and a \$5 discount on concert tickets purchased before July 1.

July 22: Jason Aldean with Gabby Barrett
July 23: Dierks Bentley with Chancey Williams
July 24: Parker McCollum with Ian Munsick & Brett Kissel

July 25-26: Professional Bull Riders -

Team Series

July 27: Kid Rock with Night Ranger
July 28: Koe Wetzel, Jelly Roll, and Nelly
July 29: Sam Hunt with Russell Dickerson
July 30: Brooks & Dunn with Elvie Shane
July 31: PRCA Rodeo Action
Concert tickets went on sale on March 16 at cfdrodeo.com.

new scene weekly

WEEKLY SNEAK PEEK



Zeta | Chew | Plasma Canvas, The Lyric, 9:30 pm
Zeta is a collective art piece. Defined by its strong emphasis on dense polyrhythmic percussion that sway from profoundly authentic Afro-Caribbean to the most crude and raw punk.

Wednesday, March 23
****FREE** Paul Jacobs and Nolan Potter's Nightmare Band - "Indie Night" at 830 North: Presented by HearHere Concerts & Mishawaka, 830 North, 8 pm**

Thursday, March 24
2022 NCAA D1 Men's Ice Hockey Regionals, Budweiser Events Center Arkansasauce w/ Stillhouse Junkies, 830 North, 8 pm

Engaging and Building Relationships with Sikh Americans, Online, 6 pm -8 pm

Ray Reed @ The Black Buzzard, The Black Buzzard, 8 pm -11:30 pm
RFC Networking Luncheon at Charco Broiler, Charco Broiler, 11:30 am -1 pm
The Friend Zone, Your Mom's House, 8 pm -3 am
UNC Guest Artist Recital: Stephen Clarke, Flute & Ash Beauchamp, Piano, University of Northern Colorado, Milne Auditorium, 7:30 pm

Friday, March 25
eTown Presents: Emily Scott Robinson, eTown Hall, 7 pm -9:30 pm
Fort Collins Rockhounds Club 59th Annual 2022 Gem and Mineral Show, The Ranch, 4 pm -8 pm
Funkstatik, Your Mom's House, 8 pm -2 am

Get Lost In Space, Timberline Church, 7 pm -9 pm
Grayson Erhard at The Gressiwick, The Gressiwick, 7 pm
PEER REVIEW with DJ WNGDU, Hi-Dive, 9 pm -2 am

The Barlow w/ White Rose Motor Oil, 100 Nickel, 8 pm
The Reverend Peyton's Big Damn Band with Zach Person, Pappy LongLegs, Aggie Theatre, 8 pm
Tris Munsick and the Innocents @ The Black Buzzard, The Black Buzzard, 8 pm -11:30 pm

Saturday, March 26
Adult Spring Formal (Top Hits of the Millennium), Your Mom's House, 8 pm -2 am
All Ages/Abilities Wheel-Throwing Class 3/26, Flingin Pots, 10 am -12 pm

Aretha: A Tribute Live with The Greeley Philharmonic Orchestra, Union Colony Civic Center, 7:30 pm
Destroyer Of Light @ The Black Buzzard, The Black Buzzard, 8 pm -11:30 pm
Extra Gold, 2454 West, 8 pm
Fort Collins Rockhounds Club 59th Annual 2022 Gem and Mineral Show, The Ranch, 9 am -6 pm

Gettn' Knotty Macrame Class, The Windsor Gardener, 10:30 am -12 pm
Quits/ Endless Nameless/ Pythian Whispers/ Sell Farm, Hi-Dive, 9 pm -12 am
Rialto Presents Season: ON A WINTER'S NIGHT, Rialto Theater, 7:30 pm
Saints of Never After w/ Mother of Exile, 100 Nickel, 8 pm
Sense and Sensibility Presented by OpenStage Theatre, Lincoln Center Magnolia Theatre, 7:30 pm

Sunday, March 27
Fort Collins Rockhounds Club 59th Annual 2022 Gem and Mineral Show, The Ranch, 10 am -5 pm
Loudon Wainwright III, The Armory, 6 pm -9 pm
Mini Gnomes Make and Paint Workshop - Create 2!, Maxline Brewing, 3 pm -5 pm
Sunday Morning Toast and Jams, Soul Squared Tap house, 11 am -2 pm

Monday, March 28
Pikes Peak Safe at Schools Coalition, Online, 4 pm -5:30 pm
UNC Jazz Lab Band 1, University of Northern Colorado Campus Commons Performance Hall, 7:30 pm
Virtuoso Series Concert: CSU Faculty Chamber Music #1, UCA University Center for the Arts, 7:30 pm -9:30 pm

Wednesday, March 30
Evolfo w/ Gabriel Albelo / Guest TBA, Hi-Dive, 8:30 pm -11:30 pm
FREE: Electronic Wenzdaze ft. DropTalk, Dusty Wubbz & Scary Thoughts, 2454 West, 8 pm
PRISM BITCH + SPLIFF TANK, Surfside 7, 8 pm -12 am
Songwriting Circle, Roots Music Project, 7 pm -9:30 pm
Sparge Veteran and First Responders Beer Club, Sparge Brewing, 6 pm

Thursday, March 31
Disney on Ice - Mickey and Friends, Budweiser Events Center
Joe Vann w/ Guests TBA, Hi-Dive, 8 pm -11:30 pm
Melanin MagiQ, Online, 5:30 pm -6:30 pm
Pink Hawks w/ Cikatriz: Presented by KGNU, 100 Nickel, 8 pm
Pinterest Best Practices For Business Owners, Larimer SBDC, 1 pm -2:30 pm
Sqwerf & Soul Brass Band, 830 North, 8 pm
The WellSpring Gathering Featuring Frick Frack BlackJack, Your Mom's House, 7:30 pm -2 am

Friday, April 1
"Aerials," by artists Barbara Baer and M.A. Guthrie: Opening Reception, Tointon Gallery, 5 pm -7 pm
Air Supply, Union Colony Civic Center, 7:30 pm
Cashmere Sweater with All Strings Considered @ The Black Buzzard, The Black Buzzard, 8 pm -11:30 pm
Cow Town Comedy Festival, Moxi Theater, 6 pm -10 pm
Dirty Date Night: Adult Wheel-Throwing Class 4/1, Flingin Pots, 7 pm -9 pm
High Step Society, 830 North, 8 pm
JackLNDN w/ Pure Colors at The Coast, The Coast, 7 pm -10 pm
Montezuma Fuller Live!, Soul Squared Tap house, 5 pm
Sense and Sensibility Presented by OpenStage Theatre, Lincoln Center Magnolia Theatre, 7:30 pm
The Travelin' Rose Band, 100 Nickel, 8 pm

Saturday, April 2
Ashton Lee with O'Connor Brothers Band @ The Black Buzzard, The Black Buzzard, 8 pm -11:30 pm
Cass Clayton Band, 830 North, 8 pm
High Step Society w/ Free Creatures, Your Mom's House, 8 pm -2 am
HWY34RV Expo, HWY34 RV, 10 am -2 pm
Johnny O. Band, The Louisville Underground, 8 pm -11 pm
Justus and The Limits w/ Giant Walking Robots, 100 Nickel, 8 pm
Sense and Sensibility Presented by OpenStage Theatre, Lincoln Center Magnolia Theatre, 7:30 pm

Slum Village at The Coast, The Coast, 7 pm -10 pm
The Sammy Project: Photo Exhibition, Studio 800, 12 pm -6 pm
Tointon Gallery Kinetic Sculpture Workshop, Greeley Recreation Center, 12 pm -2 pm
Wicked West Comic Expo, The Ranch, 9 am
Years Down and Revenge of the Scene w/ Stray the Course, 2454 West, 8 pm

Sunday, April 3
All Ages/Abilities Wheel-Throwing Class 4/3, Flingin Pots, 11 am -1 pm
Comedy Brewers Improv, Bas Bleu Theatre, 7 pm
eTown Presents: John McEuen, eTown Hall, 7 pm -9:30 pm
Jeffrey Martin w/ Kassi Valazza, Hi-Dive, 8 pm -11 pm
NoCo Grocery Grab, Lucky's Market, 6 am
Sense and Sensibility Presented by OpenStage Theatre, Lincoln Center Magnolia Theatre, 2 pm
Sunday Morning Toast and Jams, Soul Squared Tap house, 11 am -2 pm
Wicked West Comic Expo, The Ranch, 9 am

Monday, April 4
Tour Realities For Children Homebase - April, Realities For Children, 8 am -8:20 am

Tuesday, April 5
BASSFACE, Your Mom's House, 8 pm -2 am

Wednesday, April 6
Dirty Date Night: Adult Wheel-Throwing Class 4/6, Flingin Pots, 7 pm -9 pm
Gondwana with E.N. Young & Imperial Sound @ Moxi Theater, Moxi Theater, 8 pm -11:30 pm
North by North /Card Catalog/ Zoe Berman /Luna Nuñez, Hi-Dive, 8 pm -11 pm
Songwriters' Workshop - Fort Collins, The Purple Cup Café, 5:45 pm

Thursday, April 7
90s/00s Dance Party with TwoScoops & Jimeni, 830 North, 8 pm
Anthony Ruptak *Album Release Show* w/ Dead Eye Dojo / Nina De Freitas, Hi-Dive, 8 pm -11 pm
Develop a Business Plan with Purpose and Durability 2-part session, Larimer SBDC, 2 pm -5 pm
Girl Scouts in Style!, Online, 6 pm -7:30 pm
Jarrod Morris @ Moxi Theater, Moxi Theater, 8 pm -11:30 pm
North by North // King Crawdad // Race to Neptune // Ash Redhorse, The Lyric, 8 pm

Friday, April 8
DeadPhish Orchestra, 830 North, 8 pm
Game Show Night with Rion Evans, The Louisville Underground, 8 pm -10 pm
Jarrod Morris @ The Black Buzzard, The Black Buzzard, 8 pm -11:30 pm
Rush Archives, Moxi Theater, 9 pm -11:30 pm
Rush Archives, The Oriental Theater, 9 pm -11:30 pm

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CROSSWORD SOLUTION
CHECK OUT THE CROSSWORD PUZZLE ON PAGE 15

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SODOKU SOLUTION
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NORTHERN COLORADO

Colorado Parks and Wildlife Commission Approves \$29 Price Point for Keep Colorado Wild Pass

NORTH FORTY NEWS | NorthFortyNews.com

At a recent Colorado Parks and Wildlife Commission Meeting, the Commission members passed a \$29 price point for the Keep Colorado Wild Pass (KCW Pass) which is less than half the price of the current annual parks pass.

Starting in 2023, Colorado Parks and Wildlife will offer a Keep Colorado Wild Pass to all Coloradans through the Division of Motor Vehicles. The Pass will be included when a person registers a passenger vehicle, light truck, motorcycle, and recreational vehicle. This new Keep Colorado Wild Pass is part of the Polis administration's plans to save people money, sustainably increase funding for conserving

our natural resources, bolstering our local communities, and includes the benefit of serving as an annual park's pass for all Colorado State Parks.

The pass, now priced at \$29, is being offered for less than half the price of a regularly priced annual park's pass.

Coloradans that buy the KCW Pass will get access to all Colorado state parks.

Money generated from the KCW Pass sales will be used to support natural resource conservation, outdoor educational programs, search and rescue operations, and equity and inclusion efforts in Colorado.

Learn more on the Colorado State Parks and Wildlife website at: cpw.state.co.us.

Groceries (from page 7)



Mind-boggling prices (Collage by Tim Van Schmidt)

possible to peer ahead and get an idea of what groceries might cost in the future.

For example, in 21 years, Beef Ribeye Steak increased by 125%. So, in 21 years from 2022 -- 2043 -- will it cost \$20.18 lb.? In 13 years, Real Mayonnaise increased 62%, so in 2035 will it be \$7.27? What about something really important like Oreo cookies? In 13 years, Oreos increased 67%, so will they cost \$7.49 in 2035?

Shocking. You'd better start saving now for your grocery shopping trips in 20 years!

I'm sure that the grocery business is complicated and competition is intense. Add in supply chain problems, virus concerns, and consumer buying trends and you have a system as complicated as Einstein's various theories.

But then we, as consumers, get to try to figure it out on our own, trying to make our dollars stretch further.

Are the above numbers meaningless? Probably. But today's prices are not meaningless -- not to our wallets.

Tim Van Schmidt is a writer and photographer based in Fort Collins. Find his YouTube channel at "Time Capsules by Tim Van Schmidt."



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Northern Colorado digital and print media publishing company seeks PT - Sales Representative. We're looking for someone who has some customer service or sales experience. The right person could go full-time in the near future. We're a small company with big ambitions and a great team environment. Ideal Candidates Will Have: • Experience in sales, social media, customer service, or previous business ownership. • Able to build relationships effectively over the phone and in-person. • Ability to work from home independently and autonomously. For consideration, please forward your resume and a brief summary of your qualifications. We're willing to train the right individual. Please email: Mdierlam@northfortynews.com

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COVER STORY

Red Feather Lakes' Great Stupa: Service and Resilience

ANNIE LINDGREN | NorthFortyNews.com

Shambhala Mountain Center in Red Feather Lakes, CO, recently renamed Drala Mountain Center, is an extra special place in Northern Colorado. They had several challenging years leading up to a recent Chapter 11 bankruptcy filing, but many good things happened in the midst, and they are excited about their future. Here is their story of growth and resilience.

Drala was founded in 1971 by a Tibetan Buddhist meditation teacher and is one of the oldest of its kind in the United States. Originally a Tibetan Buddhist retreat, it expanded to include a wide range of secular and non-secular traditions and activities. Located in a peaceful mountain setting, the facilities provide meditation and meeting spaces, dining, lodging, year-round programs on meditation, mind and body awareness, contemplative Arts, leadership, outdoor activities, yoga, among their offerings.

With its colorful decorations and gold top, the Great Stupa of Dharmakaya is an icon of Buddhist architecture and a place of pilgrimage and refuge for thousands of people every year. The Stupa is a multigenerational project that began in the late 80s and took 14 years of volunteer labor to get it to the point of its 2001

damaged power and water infrastructure for a total of \$1.9 million in damages. In 2018 and 2019 programs were impacted after a sexual misconduct scandal arose involving the leader of the international Shambhala community. Some retreats were canceled, and an investigation ensued. Drala Mountain Center established a level of independence in 2020 and then completed legal independence in 2021. Changes to policies and training practices assured the organization addressed all the concerns.

Michael Gayner, the Executive Director of Drala Mountain Center, joined the team in 2010. He shares, "for organizations experiencing pandemic, fire-related or other challenges such as we have over the past few years but have a viable business model and demonstrable path to financial stability, chapter 11 subchapter 5 is a powerful tool that can streamline and thereby lower the costs of a reorganization. It is a positive process, and we expect to emerge within around 6 months, with strong financials and significantly less debt."

Despite the struggles, there has been growth. They offered online programs via Zoom, received over \$600,000 in



People entering The Great Stupa of Dharmakaya at Drala Mountain Center for a visit (Photo by Drala Mountain Center)

11 process, DMC continues to hold a range of programs and retreats and scheduling extends through 2022 and beyond.

While working with fire, finances, and the pandemic, they also found time for interesting projects.

One such project is their forestry work, gaining them international and regional recognition. In 2019 they were awarded

Manager of the Year. They partner with numerous regional conservation, education, and forest agencies. Their work illustrates how fires become more manageable in healthy forests.

Another project is social impact work, where they partner with other organizations to provide space for retreats, spiritual gatherings and



Michael Gayner describes the significance of land formations to DMC staff on the west side of the Great Stupa of Dharmakaya. (Photo provided by Drala Mountain Center)

consecration. Spiritual leaders from all over the world have visited, including the Dalai Lama. It is considered inauspicious to 'finish' a stupa, so if you see scaffolding, know it is a sign of ongoing work and a reason to return again and again to see the transformations.

What's with the name change?

In February 2022, Shambhala Mountain Center changed its name to Drala Mountain Center (DMC) to signify its new status as an independent 501c3 educational non-profit. Drala Mountain continues to host programs connected with Shambhala International, a global organization serving Shambhala centers in fifty different countries. DMC's mission is to bring people together to experience wisdom and serve as a catalyst to create an enlightened society grounded in wisdom and kindness towards individuals, the community, and the natural environment.

On February 28, Drala Mountain Center filed a voluntary chapter 11 subchapter 5 bankruptcy petition. This came after a financially challenging couple of years. The COVID-19 Pandemic forced the cancelation of in-person programming and retreats for sixteen months. In 2020, the Cameron Peak Fire caused evacuations, destroyed 17 buildings, and



Preparing for lhasang (smoke offerings) behind the Sacred Studies Hall (Photo credit Miles Greenlee)

donations to rebuild and repair the fire-damaged property, and were able to reopen in July of 2021. In addition, they received a \$500,000 matching donation from the Pema Chödrön Foundation to help pay off the debt that they are well on the way to matching. During the chapter



Yoga and Meditation Retreat in the Sacred Studies Hall at DMC (Photo provided by Drala Mountain Center)

the Larimer County Land Stewardship honor for their Phase 1 forestry work. In 2021 they completed Phase II, restoring the health of over 225 acres of forest. Mac McGoldrick, the Senior Director of Built and Natural Environments, was recognized in November 2021 as Land

rituals, workshops, and so much more. "We want to contribute to and support organizations that are doing important work with communities that would not normally access resources like DMC," shares Michael. Partnerships vary based on the needs of those involved, so reach out to find out more.

Dhi Good, Drala's Director of Marketing, shares her excitement with seeing more first-time visitors and younger attendees. "There has been a strong demand for straightforward meditation instruction, without an emphasis on a particular tradition, just straightforward meditation instruction. Many of the guests are in the helping professions and need respite, rejuvenation, and renewal."

Those interested in seeing what Drala offers in programs and retreats can sign up through dralamountain.org.

Stay tuned for a follow-up story that digs deeper into what is happening with the forestry work. Drala Mountain Center is a shining example of how proper land management creates thriving environments for humans, plants, and animals alike.

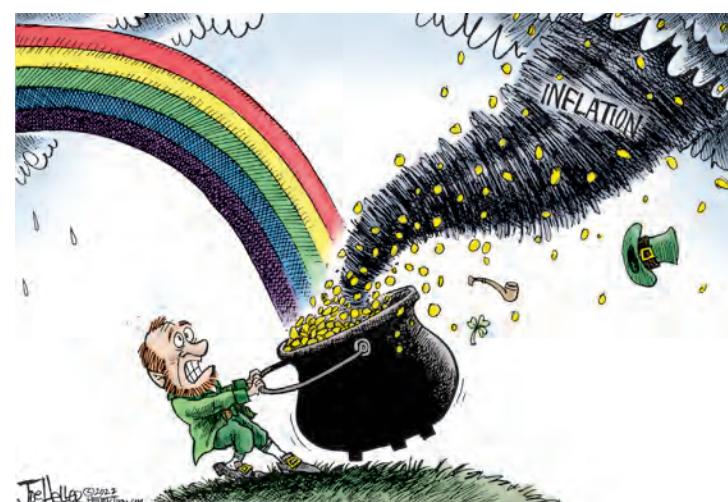
THE BACK PAGE

GARDENING

SEE THE SOLUTION ON PAGE 12

This Weeks' Cartoons

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SEE THE SOLUTION ON PAGE 12

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- ACROSS**
- Betting probability
 - Once headed by J. Edgar Hoover
 - Formally surrender
 - Gravy holder
 - Nile dweller, for short
 - More certain
 - Tiny bit
 - a.k.a. Bruce Banner
 - One who plies one's trade
 - "Days to _____," on a seed packet
 - Big-ticket _____
 - Apartments, e.g.
 - *Plumerias are often used in this Hawaiian greeting
 - Scrooge's visitors
 - Digging into
 - What Carl Lewis did
 - Bestow
 - Month before Nisan
 - Dress with a flare
 - Choler
 - On a store tag
 - Central points
 - Paul Reubens' Herman
 - Mother lode stuff
 - African bloodsucking pests
 - Salty dogs
 - Current tense of #30 Across
 - Retches
 - Bovine cries
 - *Like an aggressive weed
 - Frustration, in a comic book
 - *Holds a plant stem to a support
 - Type of hot sandwich
 - One born to Japanese immigrants
 - Urban legends, e.g.
 - Check out
 - Shakespeare's "at another time"
 - "The _____ Who Loved Me"
 - *Flower's location after a garden?
- DOWN**
- Kimono closer
 - Banish to Hades
 - Crunched numbers
 - Facebook's update feature
 - *Seed plant's harvest
 - *Goes to seed
 - Rotten and stinky
 - *Plant variety
 - Famous canal
 - Hold as a conviction
 - Make a blunder
 - Church service oil
 - Salesman's speech, e.g.
 - Loosen laces
 - Tennis do-over
 - *Splice, to a gardener
 - Nimbi on ikons
 - In the cooler (2 words)
 - Former Saint Brees
 - "Pulling my leg," e.g.
 - Mother-of-pearl
 - *Kind of thumb
 - Pizzeria output, pl.
 - "_____ you kidding?"
 - *N in N-P-K
 - Sneaked glances
 - Slammer
 - "The Shawshank Redemption" theme
 - Served raw
 - Isaac of science fiction
 - This Dogg can rap
 - What Elton John tickles, sing.
 - Street in Anytown, USA
 - Guesstimate phrase (two words)
 - Bodily disorders
 - Lope de _____, Spanish playwright
 - Building extensions
 - Nurses' org.
 - _____ time in golf

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



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