



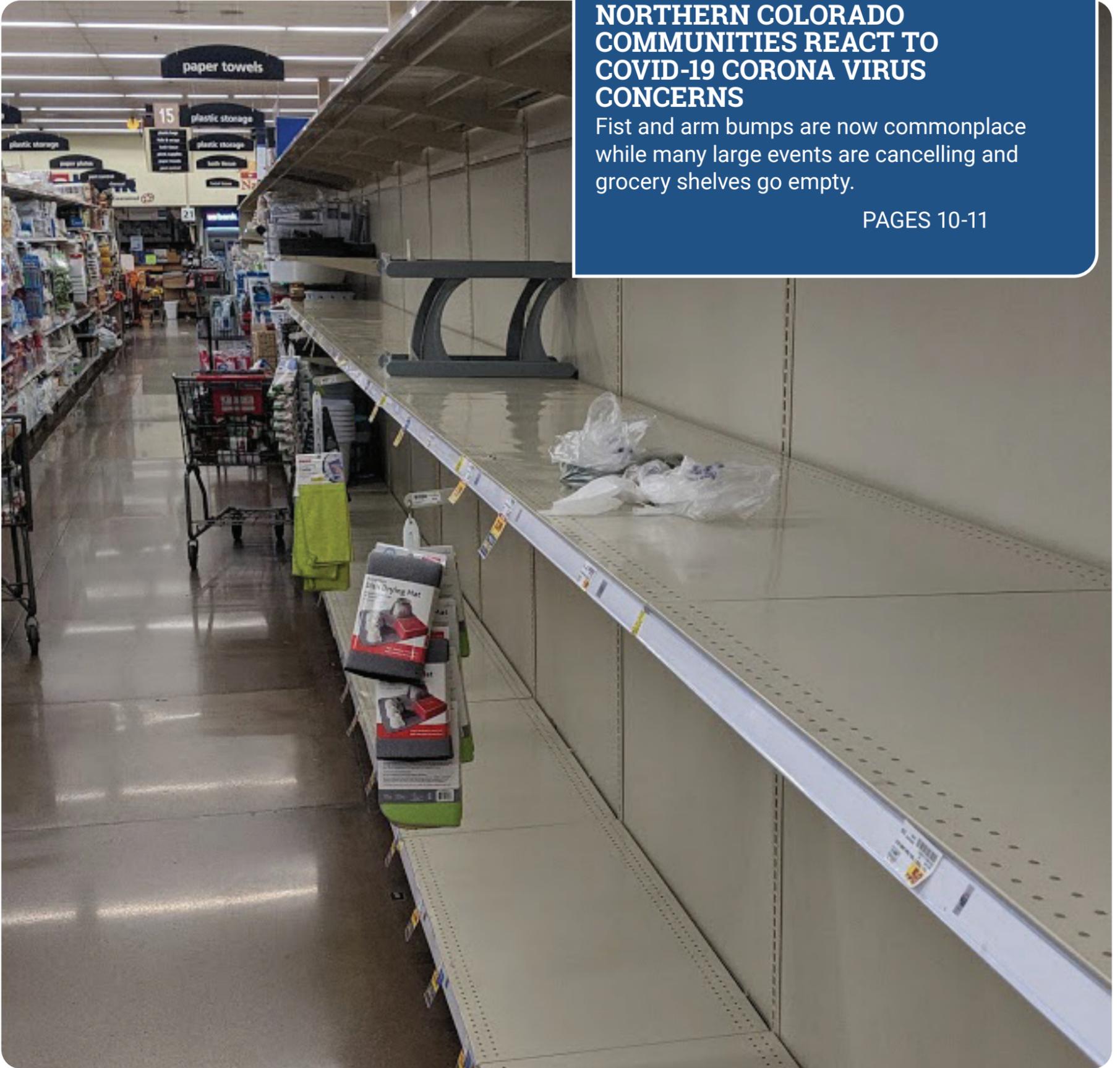
North Forty News

March 17, 2020 | Volume 27 | Number 42

www.northfortynews.com

NORTHERN COLORADO'S WEEKLY INDEPENDENT LOCAL NEWS

Taking Precautions



NORTHERN COLORADO COMMUNITIES REACT TO COVID-19 CORONA VIRUS CONCERNS

Fist and arm bumps are now commonplace while many large events are cancelling and grocery shelves go empty.

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BE INFORMED
about NOCO issues.

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ENJOY
the great outdoors.

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SUPPORT
your community.

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DISCOVER
the unexpected.

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What's So Special About March?



March provides us with many reasons to celebrate. For one, it's Women's History Month honoring the role of women throughout the ages who contributed (for the most part, unacknowledged) so much to society. It may surprise you to read that in 1869 in the Wyoming Territory women were granted suffrage. On September 6, 1870, Louisa Ann Swain of Laramie, Wyoming became the first woman to cast a vote in a general election while the Nineteenth Amendment granting nationwide women's suffrage did not become part of the U.S. Constitution for another 50 years -- in August 18, 1920.

Then of course, there's Spring Break celebrated by college students throughout the country. It can be a riot of fun unless you combine drinking or indulging in other substances and then getting behind the wheel -- each year there's an uptick of traffic accidents, some of them deadly.

Another point to celebrate is that March not only provided us with a return to Daylight Savings time on March 8 but on March 20, with the arrival of the

Vernal Equinox, the sun shines on the equator such as to give us a near 50/50 split of day and night. I don't know about you but more daylight tends to put a spring in my step -- it seems so hopeful of the summer to come and all the great outdoor events that come with it.

And botanist, forest ecologist, and author Renee Galeano-Popp, advises us to be watching for early blooming trees showing up any day now whose lovely flowers light up the City. Our review of her new book: TREES OF FORT COLLINS, A Field Guide, will appear in an upcoming edition of North Forty News.

But weather-wise, March can be tricky so don't put your heavy gear and high boots away just yet. One wonders if we are in for another surprise blizzard this year as happened last March 13-14, 2019 that the Weather Service called a "Bomb Blizzard" for its high winds and low pressure. By the time this newspaper hits the newsstands, we'll know if history repeated itself. But then again, what's more variable than the weather. So perhaps this year, Spring will proceed as most of us would hope. Last year's weather sure made folks in the Ski Industry happy -- it was an unusually long and profitable ski season.

For some of our readers who may party-hardy once in a while, you might want to celebrate Felix Hoffman who on March 6, 1899 discovered Aspirin and its ability to relieve pain. And where would we be if on March 3, 1847 Alexander Graham Bell hadn't invented the working telephone (we'd all be better letter writers, for sure).

But all kidding aside, there are plenty of reasons to be glad in this month of March. Take a look at our calendar and get out there and enjoy the many great events happening this month.



Photo by Blaine Howerton
There aren't many things more exciting to me than waiting through the month of March to witness tulips in full bloom in April.

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Be. H.
Blaine Howerton

North Forty News

OUR MISSION

As Northern Colorado's only independently-owned, regional weekly, we connect communities and the people who live in them by providing news of hyper-local events and of businesses, nonprofits, government leaders, and individuals who are working hard to make a difference while successfully meeting the challenges of our time.

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Green Beer and Driving Don't Mix: St. Patrick's Day DUI Enforcement Begins

NORTH FORTY NEWS | NorthFortyNews.com



specific high-visibility impaired driving enforcement periods centered on national holidays and large public events. Enforcement periods can include sobriety checkpoints, saturation patrols and additional law enforcement on duty dedicated to impaired driving enforcement. Find more details about the campaign, including impaired driving enforcement plans, arrest totals and safety tips at HeatIsOnColorado.com.

WHOLE SYSTEM. WHOLE SAFETY.

In early 2019, CDOT announced its Whole System — Whole Safety initiative to heighten safety awareness. This initiative takes a systematic, statewide approach to safety combining the benefits of CDOT's programs that address driving behaviors, our built environment and the organization's operations. The goal is to improve the safety of Colorado's transportation network by reducing the rate and severity of crashes and improving the safety of all transportation modes. The program has one simple mission—to get everyone home safely.

CDOT has approximately 3,000 employees located at its Denver headquarters and in regional offices throughout Colorado, and manages more than 23,000 lane miles of highway and 3,429 bridges. CDOT also manages grant partnerships with a range of other agencies, including metropolitan planning organizations, local governments and airports. It also administers Bustang, the state-owned and operated interregional express service. Governor Polis has charged CDOT to further build on the state's intermodal mobility options.

336 IMPAIRED DRIVERS ARRESTED LAST YEAR

Starting March 13 through March 18, CDOT, CSP and law enforcement agencies across the state will increase DUI patrols and enforcement for St. Patrick's Day events.

A social media campaign will help alert drivers about the enforcement period. Sample posts will include:

Making plans for St. Patrick's Day weekend? If you're celebrating, also make plans for a sober driver! Increased DUI enforcement begins Friday. #TheHeatIsOn

During last year's four-day The Heat Is On St. Patrick's Day enforcement period, 336 impaired drivers were arrested for driving under the influence of alcohol, marijuana and other drugs

The legal blood-alcohol content (BAC) limit in Colorado is 0.05 percent for driving while ability impaired (DWAI) and 0.08 percent for driving under the influence (DUI). First-time DUI offenders can be punished with up to one

year in jail, license suspension and thousands of dollars in fines.

"St. Patrick's Day is a holiday associated with alcohol consumption. We want Coloradans to be safe, and make the smart choice to never drive impaired," said Matthew Packard, chief of the CSP. "No matter how you choose to celebrate, make the safe choice and plan a sober ride home."

CDOT's The Heat Is On DUI-prevention campaign supports CDOT's Whole System — Whole Safety initiative to reduce traffic injuries and deaths.

ABOUT THE HEAT IS ON

The CDOT Highway Safety Office provides funding to Colorado law enforcement for impaired driving enforcement, education and awareness campaigns. The Heat Is On campaign runs throughout the year, with 16

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2016 Nissan Frontier Pro 4x.....	Crew 4x4.....	#4047.....	\$24,900	2011 GMC Sierra 1500.....	SLE, Crew, 4x4.....	#3991.....	\$15,400
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2016 Ram 1500 Crew 1500.....	4x4 Bighorn.....	#3983.....	\$23,700	2016 Honda Civic EX.....	4d, Sunroof.....	#4051.....	\$13,100
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NEIGHBOR TO NEIGHBOR Providing Sustainable Housing in Larimer County

LIBBY JAMES | NorthFortyNews.com



Neighbor to Neighbor Executive Director Kelly Evans, Resident Services Manager Stephanie Alley, Home Ownership Adviser, Miranda Minton

Fifty years ago a small group of neighbors in northeast Fort Collins learned that a family with several children were in danger of losing their home. Unwilling to let that happen, they came together and raised the funds needed to keep the family in their home.

Fifty years later, these neighbors would be surprised and delighted at the long-term results of their actions. In 2020, the Neighbor to Neighbor non-profit organization is celebrating its fiftieth anniversary in Fort Collins. It has been active in Loveland for 25 years.

Committed to preventing homelessness any way they can, N2N is having an increasingly significant impact as housing in Northern Colorado becomes difficult to acquire

and less affordable for many. In 2019, N2N made it possible for 663 families to stay in their homes and helped more than a thousand homeowners navigate often complicated issues around purchasing a home by conducting educational workshops. More than 3,000 families received budget education and counseling from N2N. In 2019 the agency averted homelessness for 1,562 young people.

N2N owns and operates 132 affordable housing units that are fully occupied at all times. They operate a home-share program for seniors, matching them with compatible roommates. They have an emergency rent assistance program for those experiencing a temporary crisis, and also offer assistance with first month's rent.

Much of the success of this organization results from the enthusiasm, concern, and knowledge of its executive director, staff, and volunteers. At a recent open house at N2N headquarters, 1550 Blue Spruce in Fort Collins, their positive attitudes and "We'll make it work." outlook were on display. Executive director Kelly Evans found N2N when she searched for an organization that was addressing basic human needs. A social welfare graduate of the University of Kansas, she joined N2N with experience in an adoption agency and as executive director of a home health care

agency dealing with older adults and people with special needs.

"I was looking for a new challenge," she said. "N2N is a great fit for me. We've had exciting growth, the spectrum of services keeps things interesting, and the impact of providing access to a stable home is profound."

There are several volunteer opportunities available at N2N, from simply contributing funds to providing a truck and a bit of physical labor to haul furniture. Or donate a household item you no longer need. Vacuum cleaners are always in demand. One of the easiest and most fun ways to help out is to sponsor a rent party. These first became popular during the Depression years when friends gathered to help people in need.

It works like this: Give a party. It could be anything from a fancy dinner to an outdoor barbecue or simply drinks, snacks, and chit chat. Let invitees know that you are throwing this event for N2N and gently suggest a donation amount—perhaps \$25. Evans explains that results are better when guests know why they have been invited and are given a suggested donation amount. "We average about \$900 an event," Evans said.

N2N addresses housing, one of the most basic human needs, and they do it with a smile.

For more information about Neighbor to Neighbor, go to their website at n2n.org

SINCE 1975, the Community Foundation has proudly served Northern Colorado by promoting local philanthropy and connecting donors with causes they care about most.

45

CELEBRATING YEARS

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"We are fortunate to be able to discuss our goals personally with the Community Foundation staff. Their patience through several drafts of my plan gives me every confidence that my wishes will be faithfully carried out."

Madelyn Mihm
Designated legacy fundholder

ASSETS AND DISTRIBUTIONS

IN MILLIONS

As of Fiscal Year end, June 30.

Year	Assets	Grant and program distributions
2004	\$19.2	\$1
2009	\$36.5	\$3.4
2014	\$84.4	\$7
2019	\$121.3	\$9.2

MISSION:

Inspire and unify the communities we serve

GIFTS RECEIVED: \$14.2 M

ASSETS: \$121.3 M

GRANTS AND PROGRAM DISTRIBUTIONS: \$9.2 M

As of Fiscal Year end, June 30, 2019.

Fun Outdoor Activities for the Family this Spring

STATEPOINT



The sun is shining, flowers are blooming, and you're probably ready to get outside. Spring offers new opportunities for outdoor fun for the entire family. In fact, it is the perfect time to create a bucket list of warm-weather activities for the season ahead.

Here are a few ideas to get your list started and help you dress the part:

Visit a Playground

Between busy schedules and extracurricular activities, it's important to enjoy some quality family time and some fresh air, and a quick trip to your local playground at a favorite park is the perfect place for it.

Shoes to try: Throw on a pair of Converse Chuck Taylor All Star shoes for a laid-back style that will effortlessly take you from one family activity to the next.

Ride a Bike

Take a bike ride to explore your neighborhood or local trails from a new perspective. Sunshine and exercise are sure to put an end to any lingering winter blues.

Shoes to try: An all-white Adidas sneaker is a functional and on-trend choice to top off your athleisure ensemble this spring.

Root for the Home Team

Whether you're a die-hard fan of your local team or just there for some outdoor fun, round up the family and check out a local sporting event. Revered as "America's favorite pastime," baseball kicks off in the spring and is always a good source of family-friendly entertainment.

Shoes to try: For observers, the options are endless -- and you can't go wrong with a fun pair of checkboard Vans or brightly colored Crocs, which are available in men's, women's and children's sizing.

"A day of family fun shouldn't include multiple wardrobe changes," says Laryssa Grant, women's buyer for national family footwear retailer Rack Room Shoes. "Brands have made sure that staying on-trend and comfortable throughout the day is as easy as ever with a variety of fun styles available this spring."

For a one-stop-shopping experience and shoe trends for the family, visit Rack Room Shoes in-store or online at RackRoomShoes.com.

With the right gear and an action-packed bucket list, you can get a jump-start on your spring in style..

Help Shape Wellington -- Volunteer Positions Available

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com

Get Involved — Apply for a board or commission vacancy!

The Town of Wellington is seeking committed volunteers to serve as advisory board members.

Applications are open for the following positions:

- Community Activities Commission – One member
- Planning Commission – One member
- Board of Adjustments – Three members

To apply, visit wellingtoncolorado.gov for board and commissions vacancies. If you have questions, please call our Deputy Clerk, Cynthia Sullivan, 970-568-3381 Ext 110.

Northern Colorado Taco John's® Locations Raise Over \$7,000 for the Boys & Girls Club of Larimer County

NORTH FORTY NEWS | NorthFortyNews.com

Taco John's presented a donation to the Boys & Girls Club of Larimer County on March 13th in Wellington.

The Boys & Girls Club of Larimer County (BGCLC), which has provided youth in Fort Collins, Loveland, Wellington, and Estes Park a safe environment to achieve academic success, healthy lifestyles, as well as personal development for more than 30 years, was selected to be the charitable recipient of Taco John's 2019 holiday season. During this annual giving promotion, a portion of each Nachos Navidad® purchase went directly to the organization.

When asked how this donation would help the Boys and Girls Club, Jessica Schultz, Development and Marketing Manager said, "The donation will be used to support STEAM sessions (Science, Technology, Engineering, Arts, and Math), computer coding, music lessons, sports leagues, recreational challenges, visual arts and crafts, homework help, field trips and much more."



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March Events

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Networking & Educational Breakfast • Tues., March 3, 7:30 a.m.

Michelle Vance, Economic Development Director, Town of Wellington

"Town efforts to support business development, retention & expansion"

Taco John's, 7910 6th Street, Wellington

Business After Hours • Thurs., March 12, 5:30-7:30 a.m.

Host: Wellington CO Main Streets Program, 3749 Harrison Ave., Wellington

'WOW' Women of Wellington • Wed., March 18, 6:00-8:00 p.m.

"Essential things every woman should know about her car"

Guest Speakers: Linda and Sara Knaack

Owl Canyon Coffee, 3745 Cleveland Ave., Wellington

Chamber Member Orientation • Friday, March 27, 8:30-9:30 a.m.

First National Bank, 4100 Harrison Ave., Wellington

Learn about your new member benefits!

Notice of Wellington Town Election

NORTH FORTY NEWS | NorthFortyNews.com



A Municipal Election will be held in the Town of Wellington, Colorado on Tuesday, April 7, 2020, between the hours of seven o'clock a.m. and seven o'clock p.m. (7:00 A.M. and 7:00 P.M.) This is a mail-out election with no polling place. Ballots can be dropped off at the Wellington Town Hall 3735 Cleveland Avenue, Wellington, Larimer County, Colorado.

To be eligible to vote in this election,

- You must have attained eighteen (18) years of age or older at the time of election
- Be a citizen of the United States
- Resided in the Town of Wellington for 22 days prior to the election
- Be registered to vote in Wellington

Town officers to be elected are three (3) Trustees.

The three candidates for Trustee with the highest vote total shall receive a four-year term. The candidates for Trustee are:

- John Evans
- Dan Sattler
- Jon Gaiter
- Ashley Macdonald
- Joseph McDaniel
- Rebekka Kinney

Mail Out Election

Ballots will be mailed to each registered voter at the address listed on the registered voter list. Mailing will begin on March 16, 2020.

Ballots can be mailed or dropped off at the designated location. Deadline for receipt of mailing is 7:00 pm April 7, 2020.

Designated Drop Off Location is the Wellington Town Hall. A box will be provided in the lobby of the building at 3735 Cleveland Avenue, from 8:00 am – 5:00 pm weekdays until election day. Election day the office will be open from 7:00am to 7:00pm..



Nominations for "Making Democracy Work" Award Now Being Accepted

NORTH FORTY NEWS | NorthFortyNews.com



The League of Women Voters of Larimer County (LWVLC) is taking nominations for their "Making Democracy Work" award through their website now to recognize a person who has affected civic life in Larimer County.

The award acknowledges the work of an individual that has impacted and improved civic life for those in Larimer County in a multitude of ways, including the expansion and protection of voting rights, the creation of engaging and educating opportunities, and the promotion of diversity, equality and inclusion in governance.

While the League of Women Voters does make positions and take stands on certain issues based on their intensive research and discussion, they do not support

or oppose candidates and parties for this award.

The LWVLC is asking for help to distinguish women who are deserving of this award through the completion of a nomination form from now until Friday, May 1. The recipient of the 2020 Making Democracy Work award will be announced and honored at the LWVLC Soiree being held at the Lodge at Mackenzie Place Thursday, July 23.

For more information concerning the nomination form or more about the LWVLC, please visit their website at www.LWV-Larimercounty.org or join the conversation at LWVLC on Facebook.

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Arise Music Festival Cancelled; Looking Ahead to 2021

NORTH FORTY NEWS | NorthFortyNews.com



Photo by Richard Haro Photography LLC
People dance to the music at the Arise Music Festival Sunday Aug. 5, 2018, in Loveland

By a two-to-one vote on March 10, the Larimer County Commissioners denied the approval for a special event permit of a new location for Arise Music Festival. Arise also confronts the same issues gripping the rest of the country: Coronavirus. As a result, the annual event has been canceled for summer 2020.

Previously held at Loveland's Sunrise Ranch, the 2020 Arise Music Festival proposed a new home in Wellington, Colorado, a 200-acre site situated off Larimer County Road 80 northeast of Buckeye near the Park Creek Reservoir. Larimer County officials expressed concerns over traffic flow, compatibility requirements and potential strain on emergency services. Multiple attempts to collaborate with local service providers to remedy concerns and meet necessary requirements were left un-responded by the Larimer County Sheriff department.

In response to the permit decision, Arise producer Luke Comer stated, "Arise has operated in Larimer County for eight years without any major incidents and in full cooperation with local authorities. Arise Music Festival has continually run as one of the

most successful and safest festivals in Colorado. Undergoing the special event application for the new location, I have continued to show my willingness to solve foreseeable problems and to hire the best experts in the field, while remaining cooperative." Looking towards the future of Arise, Comer continues, "we are committed to bringing Arise back - bigger and better than ever. Our team is already considering other properties for 2021, while remaining focused on bringing a new level of festival experience with enhanced for music, beautiful and cutting-edge art, and a heightened sense of community Arise patrons all know and love."

Originally slated for July 30-August 4, the Arise Music Festival planned to host up to 11,000 attendees in celebration of its eighth event. Historically the festival has featured multiple stages with live music spotlighting funk, reggae, bluegrass, jam, hip-hop, rock, electronic and folk performances.

To stay up-to-date on the latest news and events for Arise Music Festival visit <https://arisefestival.com/> or <https://www.facebook.com/arisemusicfestival/>.

Independently owned and operated, the Arise Music Festival is committed to producing an annual gathering that is a vehicle for building, centralizing and strengthening community. Core to the Arise mission is creating a festival experience inspiring positivity, joy and active engagement. Orchestrating many modalities through music, design, dance, theater, narrative, lighting and social interaction, Arise seeks to create a safe and beautiful environment for patrons to enjoy meaningful, powerful and uplifting experiences.

Late Winter the Best Time to Prune Trees

NORTH FORTY NEWS | NorthFortyNews.com

With spring around the corner, the Colorado State Forest Service is reminding residents that late winter is the best time to prune most trees. Trees are still dormant at this time of year and, unlike in early winter, wound closure will happen sooner if pruning occurs just prior to the time new growth emerges.

"Pruning trees during the late dormant season maximizes growth and allows the tree owner to spot problem areas and build strong structure for the long term," said Vince Urbina, urban and community forestry manager for the CSFS. Urbina noted that although some elms, maples, birch and walnut trees may visibly exude sap if pruned in the late winter or early spring, this should not harm the tree.

The Colorado State Forest Service offers the following tree pruning tips:

- Know what you want to accomplish before you start pruning. Don't remove any living branches without a good reason or specific objectives in mind.
- Remove any torn, dead or broken branches.
- For shade trees, develop or maintain one dominant vertical top stem, or leader, and don't cut off the tops of

trees.

- Space the main branches along the trunk, and prevent branches below the permanent canopy from growing upright or getting too large.
- Always prune just outside the branch collar, the point where one branch leaves a larger one (or the trunk), often discerned by raised or wrinkled bark.
- Limit pruning of newly planted trees to the removal of dead, damaged or crossing limbs, or those interfering with the main stem.
- Avoid removing too many of a tree's branches in any one year, which puts undue stress on the tree.
- Consider recycling pruned limbs by having them ground into mulch.

If a job requires running a chainsaw overhead or removing large branches or entire trees, Urbina said it is best to contact an insured, ISA Certified Arborist. A list of these professionals can be found at www.isa-arbor.com

State Awards \$4.6 Million in Grants to Expand Substance Use Disorder Treatment in Rural Communities

NORTH FORTY NEWS | NorthFortyNews.com

The Colorado Department of Human Services, Office of Behavioral Health (OBH) has announced nearly \$5 million in grants to expand access to substance use disorder treatment in rural and frontier communities.

Colorado House Bill 19-1287, which was signed by Gov. Jared Polis last May, established the grant program to increase treatment services in rural and frontier areas of the state. The law provided \$5 million to OBH to be disseminated through three managed service organizations (MSOs), which contract with the state to manage substance use treatment services for uninsured or underinsured Coloradans.

Following a competitive application process, the MSOs awarded \$4.6 million to 16 groups, funding projects such as hiring more certified addiction counselors, launching withdrawal management centers and opening new recovery residence programs.

"We are committed to developing a robust continuum of care for substance use in rural and frontier communities," said OBH Director Robert Werthwein. "This much-needed funding will help organizations tailor solutions in their counties and grow successful programs."

The grant evaluation process solicited

county-level input to ensure projects met communities' needs. The MSOs convened regional selection committees comprised of two MSO representatives, two area representatives appointed by county commissioners in relevant MSO regions and two CDHS staff members. The remainder of the \$5 million will fund administrative costs, with \$200,000 rolling over into the next grant cycle.

Substance use disorder affects Coloradans in all counties but is particularly acute in rural and frontier communities that lack robust treatment options. In FY 2018-19, more than 54,000 Coloradans received treatment and withdrawal management services for substance use disorder.

OBH has approximately \$5 million available in FY 2020-21 to fund additional projects with applications to be available later this month. Interested organizations should follow the OBH blog at colorado.gov for updates and contact the MSO in their region for future funding opportunities.

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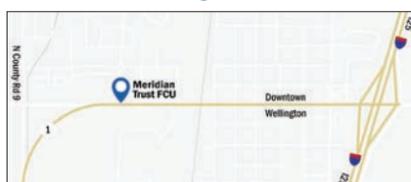
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Healthy Tips for Dining Out

DR. KATIE TAKACS, D.C., D.A.B.C.I

Gateway Natural Medicine & Diagnostic Center | takacskatie@gmail.com



Today's busy people dine out far more frequently than in years past. The following suggestions can result in a healthier, and occasionally, even a more economical experience:

Pass on the bread! If you're hungry before the entree arrives, forego the extra calories by ordering a salad.

Request olive oil and vinegar for your salad on the side. Restaurant salad dressings are often loaded with sugar, made with lower quality oil than you would use at home, and applied too generously.

Say no to "fried!" If your favorite dish comes breaded, ask if they will grill it instead. This will make the dish far healthier and often, just as tasty! Or if necessary, choose another entree.

Request sauces on the side. Most often, you can cut calories by controlling how much sauce you add to your entree -- and you may

wind up tasting more of the varied flavors too.

Scratch the fries and request veggies or a side salad -- you'll save hundreds of calories!

Drink water to replace sweetened drinks like tea or soda. This prevents bloating while still making you feel full sooner and will save you money.

Split your meal in half before you take the first bite! Especially in posh restaurants where the portions are often sizable, have the courage to request a take-out container and a carry bag ahead of time (often, you'll have to ask twice). Pack up half of it before you take the first bite, and place the container in a bag on the floor, perhaps by your bag. If you stick to your guns, you will have a delicious meal the next day. Or pay the extra plate charge and split the entree with a friend -- often, they will do that for you in the kitchen -- a \$3 extra plate charge could save you \$30 for a second entree.

Review the menu online ahead of time so that you know what changes you can make before you get to the restaurant. Be prepared!

Announce allergies/sensitivities when ordering. You don't want to get to the bottom of the entree salad and find pine nuts when you are deathly allergic to them. Restaurants must work with you if they want to stay in business as some allergies are life-threatening. Just advise your waiter ahead of time when ordering and if he's not sure what's in a dish -- for your safety, have him check with the chef.

You work hard -- enjoy yourself! Choose healthier options while still having fun. Discuss your dietary challenges with those around you and you'll find new ways to make your dining out even healthier!

Disclaimer: Information on this page is provided for informational purposes only and is not meant to substitute for the advice provided by your own physician or other medical professional.

Dr. Katie Takacs is the clinical director of Women's Health at Gateway Natural Medicine and Diagnostic Center in Berthoud, CO. She believes that through education she can prepare patients to live their healthiest lives. Dr. Katie believes the moment an individual understands how the body works, they can take back control of their health and future.

Have any questions about your healthcare options? Reach out to takacskatie@gmail.com

Larimer County Residents Among Lowest Credit Card Debts in Colorado

NORTH FORTY NEWS
NorthFortyNews.com

Residents of Larimer County are ranked as having the lowest credit card debts in the state of Colorado as of this year.

According to a recent study done by SmartAsset, a financial technology company from New York, residents of Larimer county scored a five for state ranking for credit card debt among other Colorado counties such as Jefferson, Douglas, and Boulder. Nationally, Larimer County ranks 870 for credit card debt.

SmartAsset's study calculated debt from credit cards as both a percentage of income in addition to net wealth in counties spanning all over the United States in an attempt to locate areas where people are in control of their plastic money the most.

The study reports that Larimer County residents have an average income of \$34,087, a net wealth of \$36,201, and that Larimer County residents hold an average credit card debt of \$3,407, putting them at a score of 84.50 on the lowest credit card debt index.

For more information concerning SmartAsset please visit their website at <https://smartasset.com/credit-cards/credit-card-calculator#Colorado>.

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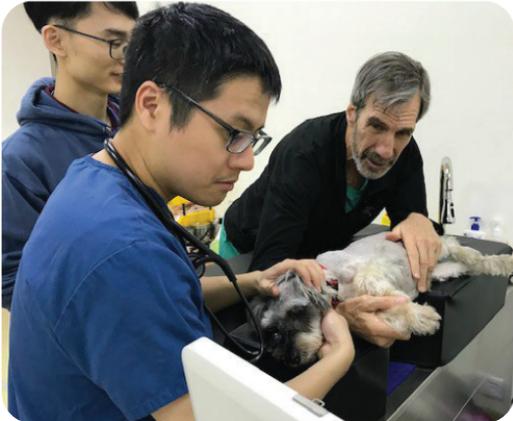


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CSU Veterinary Team Performs First-ever Heart Valve Procedure on Schnauzer

MARY GUIDEN | CSU Source



Drs. Bernard Chi (foreground) and Chris Orton (right) examine Datou.

The biggest unmet need in canine cardiology While there are a number of ways to treat humans with this condition, including open heart surgery and other minimally invasive procedures, similar treatments for animals are very expensive and not available everywhere. Open heart surgery for canines with mitral regurgitation is offered at CSU, in the United Kingdom and Japan on a limited basis. Veterinarians at CSU have worked for nearly 10 years to find new ways to treat this condition.

Other members of the CSU team that helped with the procedure include Dr. Brianna Potter, cardiology fellow, Dr. Bernard Chi from cardiology, and Ellen Shaub, a veterinary technician from the anesthesia team at the James L. Voss Veterinary Teaching Hospital. "We've been looking for ways to treat this extremely common condition, rather than just treating their heart failure medically until they die," Orton said. "If Datou keeps the improvement that he's had, it could change his prognosis from weeks to months to potentially several years."

Chi and Potter said the team was "extremely excited" following the successful procedure.

"Hopefully this new procedure will be much more available and much more affordable," said Orton. "This is the biggest unmet need in canine cardiology," he said.

CSU will train other U.S. veterinary medical centers in the use of the new device.

What began as an educational trip ended up with a momentous medical first for Colorado State University.

During the first week of January, a team led by Dr. Chris Orton, veterinary cardiothoracic surgeon, traveled to China to meet with leaders from the Shanghai Hanyu Medical Technology Company. The CSU team planned to learn more about a new device to treat dogs with mitral regurgitation, a leak of the valve between the left ventricle and the left atrium of the heart, and a common condition in older dogs.

Following initial meetings, the CSU team was asked to perform a procedure using the new device on a 7-year-old miniature schnauzer named Datou, or Big Head.

"He was in an advanced stage of heart failure and had perhaps a few months to live," said Orton, also a professor of clinical sciences at CSU.

Following the procedure, the CSU team stayed in Shanghai for several days to help with Datou's recovery. They returned to the United States on Jan. 9.

"This was the first successful beating-heart mitral valve repair in a dog with severe mitral regurgitation," Orton said.

The need for this type of medical breakthrough in the veterinary realm is huge, said Orton, because mitral regurgitation is the most common heart disease in older dogs, affecting 7% of all canines.



**Photo courtesy of Chris Orton
Datou eats following a successful surgery.**

Larimer County Finance Wins CAFR Certificate for 37th Year

NORTH FORTY NEWS | NorthFortyNews.com

Larimer County has received a Certificate of Achievement for Excellence in Financial Reporting for its 2018 Comprehensive Annual Financial Report [CAFR].

The Board of Larimer County Commissioners recognized the Larimer County Department of Finance for receiving the CAFR at their regular Administrative Matters Public Meeting.

This year marks the 37th year Larimer County has received the certificate, one of only 3% of nearly 3,100 counties in the United States to consecutively receive the certificate for more than 35 years.

"The CAFR is one of the most informative documents next to the budget of the financial activities of the county, it is very well put together," said Larimer County Commissioner Steve Johnson.

The certificate is awarded by the Government Finance Officers Association of the U.S. and Canada [GFOA]. The CAFR is produced annually by the

Larimer County Finance Department.

The report met GFOA's high standards for reporting, including a "full spirit of disclosure," Generally Accepted Accounting Principles, legal requirements, readability, and organizational standards.

The standardized format used for the CAFR allows Larimer County to compare itself from year-to-year, and with other cities and counties in the U.S. and Canada.

To view Larimer County Annual Reports, visit <https://www.larimer.org/finance/reports>

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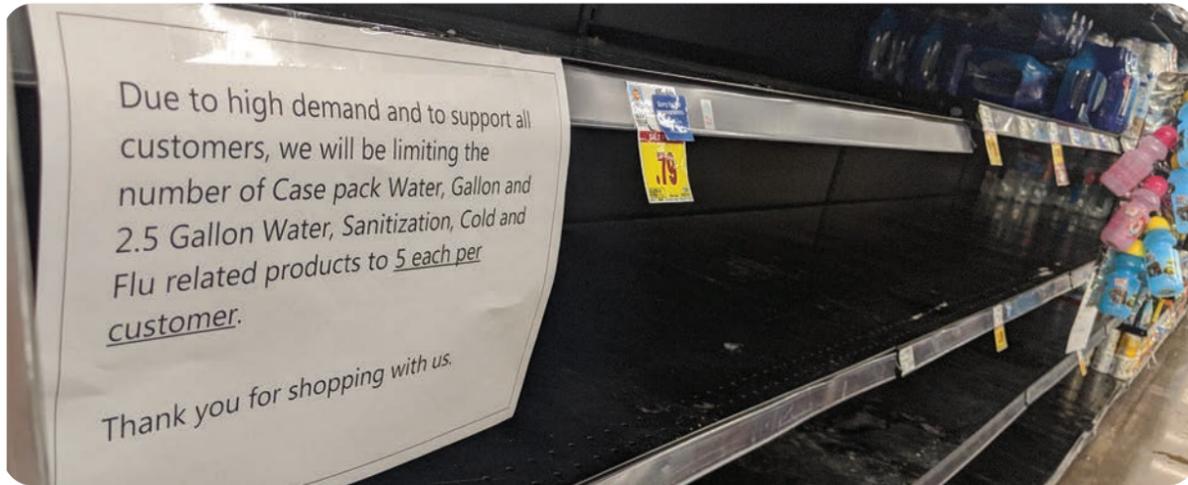
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A Note About Our Coverage of the Corona Virus from Your Publisher

BLAINE HOWERTON | North Forty News | NorthFortyNews.com



North Forty News has a responsibility to report about things that affect our community. I have spent my entire career sharing stories about people, covering disasters, and many other topics. When I took over North Forty News, I did it to save the last locally owned community newspaper in our area. I realize the importance of having a communication vehicle that anyone can access -- even if they don't have a smartphone -- especially in times like this.

I have witnessed countless conversations about the Corona Virus this past week. People aren't shaking hands.

They are lining up to stock up on supplies. Shelves at grocery stores are empty. I spoke to a checker who couldn't believe the masses of people stocking up with supplies. She blamed the media. Frankly, after my recent trip to the grocery store, I was sad.

Being prepared is one thing. Being scared is another. The checker blamed the media for making people scared.

I had a long conversation with the checker about my responsibility as a Journalist to communicate. I told her my view was that people in the media aren't at fault for communicating the information. They are just doing their

jobs, and there is a lot of information to share right now. But my job is also to be responsible for how it is shared.

In the coming weeks, you will find some information in North Forty News about the Corona Virus. But not tons of it. There is a lot to share. We could share countless stories about closures, the search for vaccines, economic impact, the number of deaths, infections, etc. I have chosen (with our coverage) to make sure people know the basics with a little bit of information they may not have already heard about -- while encouraging them to take precautions to prevent the spread of it.

It's true; many people have died. This pandemic is severe. It's not the flu. Rushing to the grocery store and preparing for an "apocalypse," however, makes the situation worse for everyone. Take precautions and avoid large gatherings. But don't buy every potato and sack of flour you can get your hands on because the next person who needs it can't raid your pantry!

I encourage everyone to be prepared. You never know when it's going to happen. But, in this case, if you are worried about getting the virus, just stay home. Go out when you need to and do your best to live your daily life. Wash your hands regularly. Go check on your elderly neighbor. Offer to cook them dinner, or get them something they need.

This is a time to be helpful and supportive. We need each other to beat this. We will!

Bio Bites: Lessons to Learn From Corona Viruses

GARY R. RAHAM | North Forty News | NorthFortyNews.com

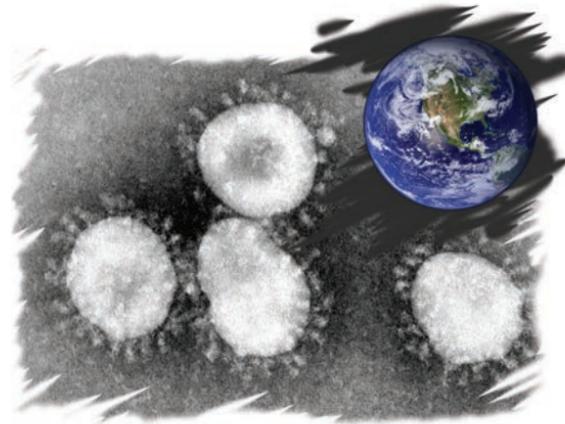
The recently infamous corona virus, Corvid-19 (a.k.a. 2019-nCoV), humbles our species by spreading quickly and killing about 2 or 3 of every hundred persons it infects. Our social behavior and global distribution serves the virus' needs well. We are all just a sneeze, touch or cough away from becoming a factory for making billions of new viruses free to carry out their reproductive destinies. Corvid-19 teaches us that its survival tools can often trump our own, no matter our race, gender, or wealth. Its supremacy reigns because it can quickly exploit our planet-wide social connectivity.

All life on our pale-blue-dot of a planet is connected in the same way. I wrote an article called "Plant internets & other botanical wonders" for Colorado Gardener Magazine in 2017. In that piece I discussed how a network of fungal filaments called mycorrhizae connects all the trees in a forest. Fungi and trees don't just exchange food and water. They also communicate information about pest infestations, environmental toxins, and the general health of the forest community. Certain trees even serve as communication hubs, rather like the Mother Tree in the 2009 movie, Avatar, for you science fiction buffs. But as humans we are rather "plant blind," as evolutionary ecologist, Monica Gagliano, once described it. We tend to perceive the world only in human terms—a failing that could lead to our species' demise, if we are not vigilant.

Chinese officials closed businesses, schools, and public events to check the spread of the corona virus. That action alone has disrupted science, industry, and commerce. It's

even made a measureable impact on the climate—at least in the short term.

Closed universities means access to scientific labs is restricted, resulting in projects that have to be mothballed, fieldwork in various disciplines interrupted, and travel to conferences curtailed. Some research may



COMPOSITE IMAGE BY R. GARY RAHAM
Minute viruses can quickly have a global impact in our interconnected world.

be postponed months because laboratory test animals can't be maintained, and some studies will have to be redone. Impacts reverberate around the world for students, academics, and economies that rely on their activities.

Many drug stockpiles for a variety of clinical uses may run out or suffer depletion because 80% of all active pharmaceutical agents are produced in China and India. And what about medical infrastructure? If Corvid-19 (or some future corona virus) were to become a pandemic, could most countries—including our own—treat all of its victims?

The U.S. stock market tumbled over a thousand points recently, concerned about how curtailed economic activities will impact bottom lines. Business abhors uncertainty and chaos.

The shutdown of normal commerce and travel has temporarily reduced the amount of CO2 emissions from China by 25%. Assuming this condition won't last long, it may only result in a one or two percent reduction over the course of a year, but it's enlightening to see how quickly the virus can alter our effect on climate-altering emissions.

Perhaps the biggest lesson the Corvid-19 virus can teach us is humility. We may be pretty smart for hairless apes that survived the last ice age, but we still have a lot to learn about our dependence on the health of all the intertwined life on our beautiful blue and white planet—a planet that Apollo 8 astronaut, Jim Lovell, hovering in Lunar orbit, could easily cover with the thumb of his extended hand.

Bio Bites is a biologist-artist's ruminations about our roles in a science-inspired world.

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Governor Jared Polis Declares State of Emergency for Colorado -- What Does it Mean?

JOE NEGUSE | Congressman, 2nd District of Colorado



Joe Neguse
Congressman, 2nd District of Colorado

I want to share a brief update on Congress' efforts to address the Coronavirus, and steps our health officials are taking in Colorado to assist our communities and combat spread of the virus.

COLORADO STATE OF EMERGENCY WHAT IT MEANS:

On March 10, Governor Jared Polis declared a state of emergency for the state of Colorado. In particular this will open up access to additional resources and give the state legal flexibility to take proactive steps to contain the spread of Coronavirus. This will include:

- additional sick leave for workers (in particular for workers handling food, hospitality, child care, health care and education);
- expanded testing capacity and providing tests at no costs to patients;
- a new drive-up lab for patients who have been directed by a doctor to get tested. The Lowry Facility is located at 8100 E. Lowry Blvd in Denver and will be open

- starting on Wednesday;
- allowing seniors over 65 to renew their driver's licenses online to enable them to avoid the DMV.
- The emergency declaration is a 30-day order that can be renewed as needed, as long as this public health emergency lasts.

\$9 MILLION IN FEDERAL FUNDING FOR COLORADO COMMUNITIES

Last week, I voted for, and the President signed, an emergency funding bill allocating \$8.3 billion to ensure that the Centers for Disease Control and our state and local governments have the funding they need to response to the Coronavirus. This package includes \$9.3 million for Colorado and:

- More than \$3 billion for research and development of vaccines;
- \$2.2 billion in public health funding for prevention, preparedness, and response;
- Nearly \$1 billion for medical supplies, to support healthcare preparedness and Community Health Centers;
- \$7 billion in low-interest loans to help small businesses affected by the outbreak.
- and it waves certain Medicare telehealth restrictions for seniors during the Coronavirus public health emergency.

Additionally, we are discussing additional provisions this week to ensure nation-wide uninsured individuals can access testing, and expanded paid leave and unemployment insurance is made available to ensure Americans can get the help they need and take time off work without spreading the virus in their workplace.

You can find additional resources and basic information on our website: neguse.house.gov/coronavirus

TRAVEL GUIDANCE:

To slow the spread of Coronavirus into the United States, CDC is working with state and local public health partners to implement after-travel health precautions for those returning from countries with widespread sustained transmission.

Depending on your travel history, you will be asked to stay home for a period of 14 days from the time you left an area with widespread or ongoing community spread.

CDC recommends travelers, particularly those with underlying health issues, defer all cruise ship travel worldwide and all travel to countries with widespread sustained transmission. Read more at cdc.gov/coronavirus.

A reminder on basic steps you can take to keep yourself and those around you safe:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Our staff is available to answer questions and direct you to appropriate resources should you need assistance.

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PVREA 2020 Annual Meeting Goes Virtual Only in the Interest of Public Health and Safety

AMY BLUNCK | Poudre Valley Rural Electric Association, Inc.



Poudre Valley Rural Electric Association (PVREA) announced that its 2020 Annual Meeting is going virtual-only in the interest of public health and safety. The PVREA Annual Meeting, which typically sees over 1,600 in attendance, is the cooperative's pinnacle event. Based on Colorado's declared public health emergency in response to coronavirus developments, the Centers for Disease Control and Prevention (CDC) advisories and PVREA's corresponding need to activate its Emergency Response Plan, the member-owned cooperative determined the need to hold a virtual ONLY Annual Meeting instead of hosting the large crowd.

The Virtual Annual Meeting

will start online at 9:15 a.m. on Saturday, April 4. Members can tune in by visiting www.pvrea.coop and clicking on the Virtual Annual Meeting homepage banner. Board Chair Steven Anderson and President and CEO Jeff Wadsworth will deliver their respective addresses via the Virtual Annual Meeting. The results of member votes for director positions will be announced on PVREA's website shortly after the conclusion of the Virtual Annual Meeting.

In addition, a grand prize winner will be drawn from the list of members' names who cast votes. All members who cast a vote are eligible to win the grand prize from the comfort of their home. The Grand Prize winner will be announced at the end of

the Virtual Annual Meeting and also published on the website.

Members can vote by mailing in their ballot or by dropping off their ballot at the Embassy Suites in Loveland, Colorado on April 4 between 7:30 and 9:15 a.m. Ballots by mail must have been received by PVREA no later than April 3, 2020 at 11 a.m.

PVREA President and CEO Jeff Wadsworth states, "The Annual Meeting is a one-of-a-kind event where we have the opportunity to interact and engage with members. The Board of Directors and employees will certainly miss visiting with members in person, but it is in the best interest of our members and employees to change the in-person meeting to a Virtual Annual Meeting. I hope members plan to watch the Virtual Annual Meeting on Saturday, April 4."

Learn more about PVREA's Virtual Annual Meeting at www.pvrea.coop/annualmeeting.

Colorado Parks and Wildlife Accepting Grant Applications

NORTH FORTY NEWS | NorthFortyNews.com

The National Park Service (NPS) Outdoor Recreation Legacy Partnership Program (ORLP) opportunity is a \$40 million competitive grant program offered through the Land and Water Conservation Fund (LWCF), administered by the Colorado Parks and Wildlife State Trails Program. The State of Colorado is allowed to submit four grant proposals to compete on a national level against other states. Project proposals will be submitted to the CPW State Trails Program and will be reviewed and selected by CPW. The NPS Washington Office will review and select the final projects.

The goal of the program is to support the acquisition and/or development grant projects that create or reinvigorate parks and other outdoor recreation spaces in urbanized communities that are underserved in terms of parks and recreation resources and where there are significant populations of people who are economically disadvantaged. Specifically, the program is intended for areas located within jurisdictions delineated by the Census Bureau from the 2010 Census as urbanized areas.

Projects must have adequate matching funds. The matching fund requirement is a minimum 1:1 ratio with non-Federal funds. This means the grant can fund up to, but not more than, 50% of the total project cost. Matching funds may be derived from state, local, non-governmental or private sources in the form of cash or in-kind contributions.

In Colorado, proposals must be submitted to Colorado Parks and Wildlife for review no later than April 27, 2020. CPW will then submit up to four proposals on behalf of Colorado to the National Park Service by early July 2020.

Email or mail application "postmarked" by Monday, April 27, 2020 to Colorado Parks and Wildlife, State Trails Program, 13787 South Hwy 85, Littleton, CO 80125 or email Dnr_trails@state.co.us



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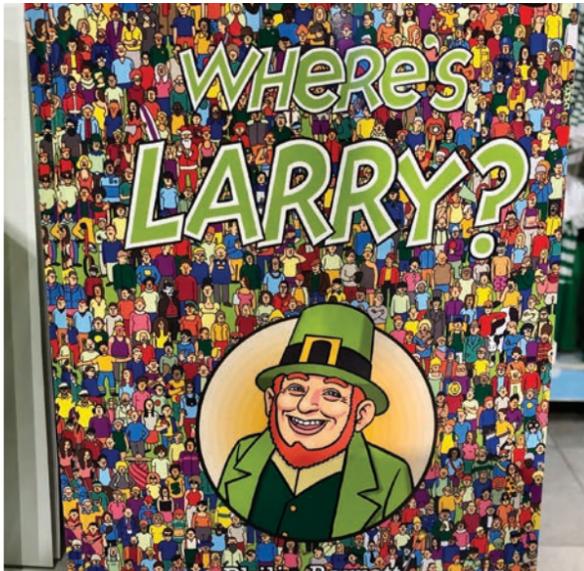


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What Happened to all the Leprechauns in Ireland?

ANNIE LINDGREN | North Forty News



When I set off for a week in Ireland, this past November, my son left me with a list of items I was instructed to 'take a selfie' with. One being a 'leprechaun.' I assumed this would be an easy find in the country this Irish icon originated from, but I was surprised not to see a single leprechaun (plenty of gnomes and fairies) until I was back at the airport at the end of the trip. What happened to all the leprechauns in Ireland?

I did some research. Leprechauns have been around for a very long time, among the earliest settlers of Ireland. The description of them and their characteristics changed over time (they used to wear red, used to have female versions, and there were trouble-making cousins with drinking problems), there was a shift in the 1800s to the leprechaun we are more familiar with today. A small, older, bearded, red-haired male, handsomely dressed in a green suit with a buckled hat and shoes. Leprechauns are fairies, possessing magical powers, and inhabiting tiny houses or living in hills. They have a reputation for being mischievous loners, who are shoemakers by trade, stowing away all their earnings in their pot of gold.

If you catch a leprechaun, they will often barter their freedom in exchange for their pot of gold, but be careful because they will trick you in the process of showing you where the gold is. They also may have trick coins, that turn to ash or return to the sender, once they exchange hands. You could instead hold him hostage until he grants you three wishes, but you also have to be careful of what you wish for because you are likely to be tricked there too. Many Irish folklore stories teach lessons about stealing, the downsides of getting rich quick, and that you really should leave the leprechauns alone. It is said that you can find the leprechaun's pot of gold at the end of a rainbow, and you can tell a leprechaun is near, by listening for the tiny 'tap-tap-tapping' of a shoemaker's hammer.

There have been movies made about leprechauns that negatively depict them, and they have a bad image for being drunkards. Not all in Ireland are fond of this image, explaining why the streets of Ireland are not filled with leprechauns, outside of maybe St. Patrick's Day. I was visiting Ireland in November, before Thanksgiving, and was surprised to find the streets lined with Christmas decorations. The Irish do love decorating for holidays.

I realized I didn't know much about St. Patrick's Day, other than my experiences that it was the holiday involving wearing green, watching a parade, drinking, and celebrating being Irish. More research revealed that St. Patrick's Day has been a religious holiday in Ireland for more than 1000 years, as the annual remembrance of Saint Patrick, the patron saint of Ireland, who is believed to have died on March 17th, 461. The Irish attend church in the morning and celebrate with feasts in the afternoon. The St. Patrick's day symbol in Ireland is the three-leaved Irish clover, which represents the Holy Trinity. Until the 1970s, the pubs were not even allowed to be open on this holiday.

The first St. Patrick's day parade occurred in America when Irish soldiers marched through New York City on March 17th, 1762. The parade, and the Irish music that accompanied it, helped the Irish soldiers serving in the English army connect with their roots, as they were far from home. This tradition continued, and now many

cities throughout America have parades for St. Patrick's day, with the original New York one remaining the oldest and largest St. Patrick's Day parade in the world. Ireland suffered big time during the mid-1800s with the potato famine, which led to many Irish people, who were also predominantly poor (as people with money in Ireland could afford to eat food other than potatoes), immigrating to America. Many had trouble getting jobs, and faced hardships, leading to discrimination and a joining of efforts in fighting for rights and equality, adding another layer of meaning to the annual St. Patrick's Day parade celebration.

According to Irish folklore, the color green is invisible to Leprechauns. The Irish countryside is a patchwork of many shades of green, which is also the color of the nation's flag. Wearing green on St. Patrick's day represents Ireland, as well as making it easier to avoid being pinched by mischievous leprechauns. The parades, leprechauns, various rituals of turning things green (like beer and rivers), and the drinking to celebrate, are all a part of America's version of this holiday. There are St. Patrick's day festivals and parades in Ireland, after a 1995 nationwide decision to attract more tourism, and desire for sharing Ireland and its culture with the rest of the world.

An interesting part of traveling to another country is getting to see the differences in cultures, and the meanings of symbols and holidays that often change when they cross-cultural or national lines. It opens doors to seeing things from a different point of view. It seems my loss of the leprechaun had more to do with a misunderstanding about what leprechauns represent in Ireland, based on my Americanized view of what St. Patrick's day was all about.

Back at the airport, at the end of my trip, I found a 'Where's Larry' book and accompany stuffed 'Larry the Leprechaun' in a gift shop. Ireland's version of 'Where's Waldo'. I snagged a selfie.

On this Saint Patrick's day, keep an eye out for Leprechauns, and don't forget to wear your green. If you happen to catch a real leprechaun, ask it a question for me: "What happened to all the leprechauns in Ireland?" I am planning a return trip to Ireland for a closer look.

Aspyre Rock Creek Memory Care Under New Management

NORTH FORTY NEWS | NorthFortyNews.com

Aspyre Rock Creek, a residential community for people with Alzheimer's and dementia, is now under the management of Solera Senior Living, a Colorado-based company specializing in retirement communities. Aspyre Rock Creek follows a Montessori-inspired model and is a Dementia-Friendly Community of Northern Colorado.

Located at 3150 Rock Creek Drive in Fort Collins, Aspyre Rock Creek is home to 64 residents in a secure, updated environment. Solera Senior Living provides local management from an experienced team, including Solera Senior Living CEO Adam Kaplan and Aspyre Executive Director Tyler Trum. "As a small, locally managed community, we remain exceptionally responsive to resident needs and desires," said Trum.

Built in 2017, Aspyre Rock Creek features the latest in private and semi-private apartments, community rooms, activities, outings and dedicated directors and caregivers.

Senior Housing News cited

Solera Senior Living as one of six senior living providers to watch in 2020.

Aspyre Rock Creek adheres to a Montessori-based living model. "There's evidence that the Montessori approach can reduce anxiety for people with dementia through engaging activities they find rewarding," said Trum.

As the incidence of Alzheimer's and dementia continues to increase, communities like Aspyre Rock Creek are integral to caring for America's aging population.

"Many of our residents move to Aspyre Rock Creek from their primary homes, where their spouses and family could no longer provide the advanced 24-hour care needed to help people with dementia stay safe, healthy and fulfilled," stated Trum.

For more information about Aspyre Rock Creek, visit AspyreRockCreek.com, 970.372.5838. For more information about Solera Senior Living, visit SoleraSeniorLiving.com

Business Profile



Darin G. Luze

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CSU, Fort Collins Making an Impact on the World via Peace Corps

NORTH FORTY NEWS | NorthFortyNews.com

Fort Collins ranks third nationally in per-capita Peace Corps volunteers, while Colorado State University once again ranks 15th among large universities (15,000-plus enrollment) in the number of volunteers currently serving in the Peace Corps.

Those figures, released this week by the Peace Corps from its headquarters in Washington, D.C., continue the area's strong commitment to the international service and outreach organization that has its roots firmly planted at CSU.

"These rankings are a reflection of our history of involvement with the Peace Corps, which has led to the campus and community embracing this great organization's mission as part of our heritage," said Kathleen Fairfax, CSU's Vice Provost for International Affairs. "We have faculty and staff who are former Peace Corps volunteers spread across campus, so our students benefit from active engagement with people who have already served.

"Honestly, the Peace Corps is part of our DNA, and that is reflected in these rankings."

Fort Collins ranks only behind Charlottesville, Virginia – home of the University of Virginia – and Missoula, Montana – home of the University of Montana – in per-capita volunteers with 13.3 for every 100,000

residents. Fort Collins is the only Colorado city ranked in the top 10.

Fairfax said a large number of Peace Corps alumni live in Fort Collins and meet regularly. They actively recruit area residents to serve in the organization.



As for CSU, because of its many years of consistently ranking as a top producer of volunteers, the Peace Corps has designated two active recruiters on campus who work with both students and city residents. Erin Cubley, who served a two-year stint in Morocco from 2009-11, is working toward a Ph.D. in ecology at CSU while representing the Peace Corps.

"We have a very strong alumni group in Fort Collins that fosters awareness of the Peace Corps. I work not only with CSU students, but with area residents

interested in Peace Corps service," Cubley said. "Fort Collins is a special community where people are very engaged, so I was not surprised to learn we are ranked third."

CSU, which currently has 48 students serving in the Peace Corps, ranks second in the state to the University of Colorado (12th overall) in the 2020 rankings; Colorado College ranks 13th among small schools (less than 5,000 enrollment). CSU is 11th all-time with 1,758 total students serving since the Peace Corps debuted in 1961.

Since its creation by President John F. Kennedy, the Peace Corps has been sending Americans with a passion for service abroad to work with international communities and create lasting change. CSU researchers Pauline Birky-Kreutzer and Maurice Albertson published a feasibility study that helped lead to the creation of the international development organization. To date, more than 220,000 volunteers have served in 60 countries.

Information about CSU's connection to the Peace Corps is available online.

Skip the Office Visit: Colorado Peak is the Online Portal to Assistance Programs

NORTH FORTY NEWS | NorthFortyNews.com



Applying for public assistance programs doesn't have to start with a visit to an often-crowded lobby.

Larimer County Department of Human Services wants to ensure all customers are aware of resources already in place to help keep the community healthy and safe amid news of COVID-19 cases in Colorado. Everyone has a role to play to prevent the spread of the disease and protect yourself and others.

The Colorado Program Eligibility and Application Kit (PEAK) at <https://coloradopeak.secure.force.com/> have everything you need to:

- Learn about public assistance programs
- Complete an application
- Manage benefits

Anyone can connect to PEAK 24 hours a day, seven days a week via internet access on

a smartphone, tablet or computer. PEAK is safe and secure, your personal information is protected. You can also Google "Colorado PEAK" to reach the site.

The MyCoBenefits app is available through the Apple and Android app stores. The app can make it easier to report changes, upload important documents using the mobile device camera, check EBT balances and review transactions and expenses.

Programs include:

- Food Assistance (SNAP)
- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- Colorado Child Care Assistance Program (CCCAP)
- Aid to the Needy Disabled (AND)
- Colorado Works (CO Works) (state name for Temporary Assistance for Needy Families or TANF)
- Health First Colorado (Colorado Medicaid)
- Child Health Plan Plus (CHP+)
- and many more

There's also a smartphone app, called PEAKHealth, for current Medicaid and CHP+ members who have a [Colorado.gov/PEAK](https://colorado.gov/PEAK) account.

The first time you use PEAK, use a valid email address to create a PEAK account so you can save your application and finish it later, track your application status and use other online tools. Older residents who may be at higher risk from COVID-19 based on their age may be particularly interested in applying for and managing benefits online.

Click on Am I Eligible to see if you might qualify for programs.

The Apply for Benefits button allows you to complete one online application for multiple

benefits programs.

Use manage My Account to view benefit information, report changes, pay premiums, and read letters we send you.

Older residents who may be at higher risk from COVID-19 based on their age may be particularly interested in applying and managing benefits online.

It is very important to stay home if you are not feeling well or are sick. There's a lot that can be accomplished from the comfort of your home to apply and manage assistance benefits.

Larimer County Department of Health and Environment reminds the public to:

- Wash your hands frequently or use alcohol-based hand sanitizer
- Cover coughs and sneezes with a tissue or your inner elbow shirt sleeve
- Avoid close contact with anyone with cold or flu-like symptoms
- Stay home if you're sick
- Avoid touching your eyes, nose, and mouth

DHS encourages residents to seek out credible, reliable sources of information on COVID-19: <https://www.larimer.org/health/communicable-disease/coronavirus-covid-19>

<https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus>

www.cdc.gov/coronavirus

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US Spring Forecast for the West

ACCUWEATHER.COM



Meteorological spring is right around the corner, and the official start to spring is on March 19. But, with the spring equinox slated to be the earliest in the United States since 1896, will it feel like it? Our long-range forecasters answer this and much more that you will need to know this season.

March 1 marks the beginning of meteorological spring, which is based on annual temperature trends and the Gregorian calendar, and it runs through May 31. The spring equinox will occur on March 19 in the U.S. this year, the earliest in 124 years. Days will continue to grow longer after the equinox until the summer solstice occurs on June 20 at 5:43 p.m. EDT.

AccuWeather meteorologists say in true March fashion, the month will start out with a wild temperature rollercoaster ride in the Northeast. Meanwhile, the wet weather that has been inundating the Southeast is just a taste of what's to come.

Accuweather's Prediction for the West

March and April will remain active across the central and eastern Rockies this year, providing both regions with mountain snow and rainfall in the valleys.

The extended winter weather will be good news for skiers and snowboarders, who may be able to hit the slopes later than expected.

"They've had a busy central Rockies ski season this year, and I think that will continue to be the case into spring," AccuWeather Expert Long-Range Meteorologist Paul Pastelok said.

While the Northwest also had a good season, temperatures rising quickly in the springtime may lead to the snowpack diminishing faster than normal and additional flooding around streams and river.

Temperatures will also rise quickly in Southern California, where dry conditions will dominate.

"There are some drought concerns this spring, especially for Southern California," Pastelok said. "If we don't start to see any precipitation here on the back end of the winter season, Southern California will get drier much quicker than expected."

Overall, much of the West will experience above-normal temperatures this spring, with the exception of the central and northern Rockies.

Colorado Fishing Licenses Now Available

NORTH FORTY NEWS | NorthFortyNews.com



Residents and non-resident visitors can now purchase fishing licenses in the state of Colorado for the upcoming 2020-2021 fishing season.

Licenses can be purchased now in a multitude of ways, including at your local Colorado Parks And Wildlife (CPW) office, any authorized sales agents such as Wal-Mart's, by telephone, or online. The fishing licenses for the 2020-2021 season are valid from March 1 this year to March 31 of next year, 2021.

Fishing licenses can be used to line, ice, or fly fish within Colorado's 6,000 miles of streams and 1,300 lakes and reservoirs. With 35 species of warm-water and cold-water fish and over 90 million fish annually stocked into Colorado waters by the CPW, Colorado waters are filled with fish, amphibians, mollusks, and crustaceans waiting to be caught.

"CPW crews will soon be spawning walleyes to replenish our walleye and saugeye fisheries," said CPW Aquatic Section Manager Matt Nicholl. "They will also be stocking front range waters with trout while water temperatures remain cool for added angling opportunities."

For more information regarding fishing/fishing licenses in Colorado, please visit the CPW's website at <https://cpw.state.co.us/thingstodo/Pages/Fishing.aspx> or call 1-800-244-5613.

Get a head start on those Spring seedlings!



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- 3/08* Pastor Felix Arellano, Timberline Church, Fort Collins, CO
- 3/15 Pastor Pam Hilliard, First Christian Church DOC, Loveland, CO
- 3/22* Pastor Ted Rodenbeck, Commissioned Lay Minister, Red Feather Chapel in the Pines, Red Feather, CO
- 3/29 Pastor Lloyd Nichols, Non-denominational, Loveland, CO

* Communion Sunday

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Good Day Pharmacy Clinical Specialist Speaks at National Community Pharmacists Association Conference

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In February, Kelsey Schwander, PharmD, and Clinical Specialist for Good Day Pharmacy, joined several other knowledgeable pharmacist and healthcare speakers at the Multiple Location Conference hosted by the National Community Pharmacists Association (NCPA). The event is the premier gathering of community pharmacy multi-store owners and was held in Fort Myers, Florida. Session topics were formulated to educate and sharpen skills on managing the complex business of multiple store ownership, and how to discover new service and business growth opportunities.



Photo courtesy Good Day Pharmacy

Since Dr. Schwander and four Good Day Pharmacy locations are participating in a national independent pharmacy movement called “Flip the Pharmacy,” Kelsey was asked to speak about how to implement enhanced patient care services (for example: travel health, hormonal contraception prescribing, smoking cessation prescribing, naloxone, strep and flu testing) that will transform pharmacies into a more patient care focus, instead of a prescription dispensing only model. The goal of Flip the Pharmacy is to “move beyond filling prescriptions at a moment in time, to caring for patients over time.”

Dr. Schwander’s presentation, From Prescriptions to Patients: Assessing and Addressing Operations From the Outside In, discussed the difficulty of assessing and addressing business operations during most whirlwind days. She led a discussion on how Flip the Pharmacy coaches across the country are helping community pharmacies move from a transaction-based “in the moment” business to a practice of longitudinal care. Further insight was provided on how to get staff buy-in, streamline workflows, and transform pharmacy practices.

In her current role, Dr. Schwander serves as Good Day Pharmacy’s lead clinical specialist where she works across Good Day’s multiple locations creating programs, developing resources, and training staff for the implementation of new service programs.

She also serves as a Flip the Pharmacy coach, supporting both her pharmacies and others in Colorado through the transformative, multi-year approach of engaging pharmacies to become longitudinal care sites.

The creator and coordinating center for Flip the Pharmacy is CPESN (Community Pharmacy Enhanced Services Network), a network of community pharmacy networks. CPESN and its Flip the Pharmacy initiative have gained the support of NCPA and many other organizations. Kelsey is involved with CPESN, NCPA and Flip the Pharmacy through her own and Good Day’s long-standing membership of NCPA, a national organization that is the voice for

independent pharmacy, representing 21,000 pharmacies and employing more than 250,000 individuals nationwide. “Community pharmacists are local health care problem-solvers who can customize solutions to local health challenges. They are rooted in the communities where they are located and are America’s most accessible health care providers.” (NCPA, 2020)

Good Day Pharmacy is an independent, family-owned company operating under the Health Mart umbrella and employs more than 140 Colorado residents at eleven Colorado locations. Principals are David Lamb, Vicki Einhellig, and Nancy Lamb. Collaboratively, all three owners serve on several boards: Rx Plus Pharmacies, Independent Pharmacy Cooperative, and NCPA Steering Committees and Advisory Board. Good Day hosts internship programs, student rotations for pharmacy students, and offers a pharmacist residency program. Based in Loveland, CO, the company has been in business since 1985, providing community pharmacies and personal, face-to-face service for residents of Colorado.

Kids Helping Kids

NORTH FORTY NEWS | NorthFortyNews.com

Loveland Rotary KidsPak was established in 2009. It provides weekend food bags to Early Childhood, Elementary, Middle & High Schools 35 weeks per school year, and during the summer.

KidsPak is a weekend hunger relief program that directly assists approximately 550 students each week in the Thompson School District. Last year, there were over 6,837 students receiving free/reduced lunch.

During the 2018/19 school year, the program provided

20,023 bags of food (equaling 100,115 meals).

They gather every Wednesday at 9am at the Food Share building in Loveland (2600 N. Lincoln Avenue) to pack nutritious food for students in the Thompson School District.

The organization is run by 100% volunteers. During the 2018/19 school year, 769 volunteers donated over 19,000 documented hours

KidsPak is looking for volunteers with large vehicles, as well as store greeters to hand out food lists and collect donations

from store patrons.

To help kids in need by volunteering contact Loveland Rotary at 970-278-0201

For more information on Loveland Rotary KidsPak: <https://www.lovelandrotarykidspak.org/>



Photo courtesy Loveland Rotary KidsPak. Students from Ivy Stockwell Elementary School in Berthoud work with Tom Carrigan, Chairman of KidsPak and Dorothy Fuller, Ivy Stockwell Faculty Assistant.

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Sights by Photographer Dewey Chapman
(Weekend of February 22, 2020)



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A PREVIEW OF WHAT'S GOING ON IN NORTHERN COLORADO

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For more details on these and other local events, visit:

calendar.scenenoco.com

Wednesday, March 18

Adaptive Adventures, Whetstone Climbing, 6 pm -8 pm
Avo's Open Bluegrass Jam, Avogadro's Number and Avo's Bar, 8:30 pm
FoCo FPV Drone Racing, Prost Brewing, 6 pm -8 pm
Groove Theory: Producer Meetup, The Music District, 5:30 pm -8 pm
Protecting Your Creativity, Larimer SBDC, 2 pm -4 pm
Re:Turn Wednesday ft Waylo b2b Sektah, Maia, B34n5, Hodi's Half Note, 9 pm -12 am
Seth Walker Feature & Workshop at Gulo Gulo (Fort Collins, CO), Wolverine Farm Letterpress and Publick House, 6 pm -9 pm
Shut Up & Write!, Letterpress & Publick House Downstairs, 7 pm -8:30 pm
Signing Smart - Your Baby CAN Talk!, Full Moon Books, 10:15 am -11 am
SOLD OUT - An Evening with moe., Washington's, 8 pm -11 pm
Songwriters in the Round, Magic Rat Live Music, 7 pm -9 pm
SXSW Official: Preserving & Defining Creative Spaces, The Music District, 10 am -1 pm
out Unlimited - How to Match the Hatch, Fort Collins Senior Center, 6:30 pm -8:30 pm
Wednesday Open Ride (WOR), 4616 South Shields Street, 5:30 pm -7:30 pm

Thursday, March 19

3rd Thursday Pub Run: Scrumpy's Hard Cider, Scrumpy's, 6 pm -8 pm
Fort Collins, Colorado Christian Women Business ORG Luncheon, Wolverine Farm Letterpress and Publick House, 11:30 am -1 pm
Ghostland Observatory w/ Tabernacle at Aggie Theatre, Aggie Theatre, 9 pm -11:59 pm
Glitteratti with Special Guests, Hodi's Half Note, 9 pm -12 am
Insider Series - Behind the Badge, eTown, 11:30 am -1 pm
Jammin' Feud, Prost Brewing, 8 pm -10 pm
Jenna McLean - Jazz Vocals, Ace Gillett's Lounge, 7 pm -11 pm
Live On The Lanes: SPACE FORCE, Chippers Lanes, 9 pm -11 pm
LUCA Pitch Event, eTown Hall, 6 pm -9 pm
March Food Truck Roundup, Centerra, 11 am -2 pm
SOLD OUT - The Subdudes - NIGHT ONE Thursday, The Music District, 7 pm -9:40 pm
Story Time!, Fort Collins, CO, 11 am -12 pm
The Phryg, Chompers, and RADO at Avo's Fort Collins!, Avogadro's Number, 8 pm -1 am
Tuesday/Thursday Group Ride (TTH), 1833 East Harmony Road, 11:12 am -12:42 pm

Friday, March 20

Alex Creamer at The Forge Pub, The Forge Publick House, 8 pm -11 pm
Bonnie & The Clydes, Avogadro's Number and Avo's Bar, 8:30 pm
Constellations" Presented by OpenStage Theatre, Museum of Discovery, 7:30 pm -9 pm
CO-OP Ft ASO w/ VIP Da Realist, Kave Maine, & ChoZen One, Hodi's Half Note, 8:30 pm -11:30 pm
David Booker Duo - Red truck Beer Co, Red Truck Beer Company, 6 pm -8 pm
Fluid Painting at CF&G Public Market, Wellington Colorado Main Street, 6 pm -8 pm
Fort Collins Foodie Walk, Downtown Fort Collins, 5 pm -8 pm
Live@Lunch with Lineage Roots, The Music District, 12 pm -1 pm
Live music with Wild About You, Sparge Brewing, 6 pm -9 pm
Mountain Duo at Colorado Room, The Colorado Room, 8 pm

PLEASE NOTE:

EVENT CANCELLATIONS AND TIMES ARE CHANGING DAILY.

CHECK WITH THE EVENT PRIOR TO GOING.

Poudre River Friends of the Library Book Sale, Harmony Library, 12 am -11:59 pm
Rick and Phylicia's Going Away Party, Sparge Brewing, 5 pm -11 pm
Robert Shredford (Release Show!) w/ OXEYE DAISY, Surfside 7, 9 pm
Shlump w/ Eazybaked, Phlo, Unkle L*Roy, Notorious Conduct, Aggie Theatre, 9 pm -11:59 pm
SOLD OUT - The Subdudes - NIGHT TWO Friday, The Music District, 7 pm -9:40 pm
Sugar Britches IX: Down at the Terry Bison Ranch, Terry Bison Ranch, 6:30 pm -9:30 pm
The Just Jazz Quintet, Avogadro's Number and Avo's Bar, 4:30 pm
Venture Still's Craic at Lucky's, Lucky Joe's, 9:30 pm -12:30 am
Vintage Theatre presents "Marvin's Room", Vintage Theatre, 7:30 pm
Wolf Van Elfmand, Prost Brewing, 8 pm -10 pm
Yard Sale Spring Music Series, Sunlight Mountain Resort, 2 pm -4 pm

Saturday, March 21

Bald Eagle Viewing at River Bluffs, Fort Collins, CO, 8 am -10 am
Boy Named Banjo, Magic Rat Live Music, 8 pm -10 pm
"Constellations" Presented by OpenStage Theatre, Museum of Discovery, 7:30 pm -9 pm
Deliberate Kin at Equinox Brewing, Equinox Brewing, 6 pm -8 pm
Distilled: Whiskey & Woodworking - March 21st, 2020, Putnam Museum, 7 pm -9 pm
Entre Nos 2020 Live Tour Sponsored by HBO Latino, Aggie Theatre, 8 pm -11:59 pm
Forest Bathing, Gardens on Spring Creek, 1:30 pm -3:30 pm
nstalling Your Own Pavers, Gardens on Spring Creek, 10:30 am -12:30 pm
Krushendo w/ Elctrx, The Medicine Men, Comisar, & Enenra, Hodi's Half Note, 9 pm -1:30 am
Live music with Lucky Henry, Sparge Brewing, 6 pm -9 pm
March Singer Songwriter Night at Red Truck Beer, Red Truck Beer Company, 5:30 pm -9:30 pm
Mike Murray Live at Timnath Beerwerks, Timnath Beerwerks, 6 pm -8 pm
Otto Pint Comedy Night, Otto Pint, 8 pm -10 pm
Sean Waters "Sunrise Genius" EP Release, Avogadro's Number and Avo's Bar, 8 pm
Setting up your Cheese Making Space, Gardens on Spring Creek, 10:30 am -12:30 pm
Silent Auction and Fundraiser, Maxline Brewing, 4:30 pm -7:30 pm

Sunrise Genius LIVE on the Vernal Equinox!, Avogadro's Number, 8 pm -11 pm
Turvy Organ with The Ugly Architect at Black and Blues Music and Brews, Black and Blues Music and Brews, 8 pm -10 pm
White Rose Motor Oil, Prost Brewing, 8 pm -10 pm

Sunday, March 22

Bo DePeña Band at Maxline Brewing!, Maxline Brewing, 3 pm -6 pm
CatVideoFest 2020!, Lyric Cinema Cafe (Theatre), 4 pm -6 pm
CCS Presents: Left Lane Cruiser at Swing Station (Laporte, CO), Swing Station, 8 pm -11 pm
David Booker Duo -DC Oakes Brewhouse, DC Oakes Brewhouse & Eatery, 1 pm -4 pm
enra, The Lincoln Center, 7:30 pm
Sparge Veteran Beer Club, Sparge Brewing, 2 pm -5 pm
Spring Equinox Half Marathon & 4 Mile, Anheuser-Busch Fort Collins, 8 am -1 pm
Titonic with Pipin' Hot, Avogadro's Number and Avo's Bar, 7 pm
Vintage Theatre presents "Marvin's Room", Vintage Theatre, 7:30 pm

Monday, March 23

2020 Season Kickoff Party, The Agave Room at the Rio Grande, 6:30 pm -9 pm
Biers, Bags and Brats Cornhole League, Prost Brewing, 6 pm -8 pm
Caregiver Community Group, Pathways, 1 pm -2:30 pm
DIY Letterpress Mondays, Letterpress & Publick House @ 316 Willow St, Fort Collins, CO 80524, USA, 5 pm -9 pm
Mug Night: Stand-Up Comedy Open Jam at 10PM, Hodi's Half Note, 7 pm -12 am
Tarot Club, Wolverine Farm Letterpress and Publick House, 7 pm -9 pm
Weld County Caregiver Community Group, Pathways, 1 pm -2:30 pm

Tuesday, March 24

Avo's Open Mic, Avogadro's Number and Avo's Bar, 7 pm
Basic Bike Mechanics Workshop, Wolverine Farm Letterpress and Publick House, 6 pm -8 pm
Celine Dion: Courage World Tour, Pepsi Center, 7:30 pm
Cruise Night, Sparge Brewing, 5 pm -8 pm
Drop-Off Productions Presents: IAN SWEET w/ Peaer live!, Surfside 7, 8 pm -11:55 pm
Girls' Night Out: Moonstruck!, Lyric Cinema Cafe (Theatre), 6:30 pm -8:30 pm

Music in the Museum Concert Series, Gregory Allicar Museum of Art at Colorado State University, 12 pm -1 pm
Open Craft, Letterpress and Publick House, 5 pm -7 pm
Paint Party - Mighty Mountains, Sparge Brewing, 7 pm
Powerman5000 w/ Heartsick Heroine, Killing Creation, Luciferin, Moxi Theater, 8 pm

Wednesday, March 25

Avo's Open Bluegrass Jam, Avogadro's Number and Avo's Bar, 8:30 pm
Critic & Artist Residency Series: Luciano Chessa, Cromelech, Gregory Allicar Museum of Art at Colorado State University, 5 pm -7:30 pm
CSU's Art Museum Presents Internationally Acclaimed Italian Futurist Performance by Luciano Chessa., Colorado State University Organ Recital Hall, 5 pm
Drop-Off Productions Presents: Futurebirds w/ Special Guests, Surfside 7, 8 pm -11:55 pm
HR 101 - An Overview of Human Resources for Your Growing Business, Larimer SBDC, 3 pm -5 pm
Music Bingo - Old School Country Night, Timnath Beerwerks, 6:30 pm -8 pm
OverTime in Greeley, CO - March 25th, 2020, Moxi Theater, 8 pm -11:30 pm
Search Party Experimental Comedy, Prost Brewing, 8 pm -10 pm
Shut Up & Write!, Letterpress & Publick House Downstairs, 7 pm -8:30 pm
Tap, Taste, Heal with Marcella Friell, Old Firehouse Books, 6 pm -7 pm
The Crooked Wheel Pop-Up Bike Shop, Letterpress & Publick House Outside (weather permitting), 12 pm -5 pm
The Heligoats, Magic Rat Live Music, 8 pm -10 pm
Trivia Night, Sparge Brewing, 6:30 pm
Wednesday Open Ride (WOR), 4616 South Shields Street, 5:30 pm -7:30 pm

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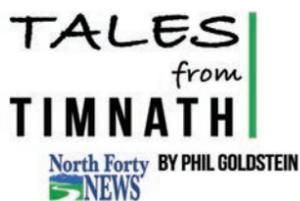
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Timnath Columnist to Offer Insights

PHIL GOLDSTEIN | North Forty News



Welcome to Tales from Timnath, my inaugural column for North Forty News. I appreciate the opportunity I've been given by the publisher to share some insights from and about the fastest growing community in Northern Colorado.

Since it was retirement that initially provided the time to finally use my 1973 West Virginia University journalism degree and write, I thought I'd kick this gig off with a bit about that status.

John A. Shedd's 1928 saying, "A ship in harbor is safe, but that is not what ships are built for", while sometimes misquoted, is apropos to the conundrum I encountered when I stopped working.

I made up my mind in 2007 that I could retire. I was going to do absolutely no work for at least a year, if not forever. My accountant told me my wife and I could bear it financially, as long as she continued slaving away at her job. My doctor told me my health would improve once I stopped lying awake nights, obsessing over who wasn't doing what at the office. And the dogs were in favor of it because they would have someone at home during the day for their amusement.

So I did it. I retired. I was proud that I didn't make the mistake my father did and wait too long. He thought he'd struggle with all the free time. He waited until he was 63 then reluctantly yielded to my mother's pressure. He later admitted he should have stopped working earlier.

I, on the other hand, lasted all of two weeks. I struggled with all the free time.

Fortunately, I was offered a position with a consulting firm almost immediately. Despite needing to learn new skills—mostly related to technology, since I remain an analog guy in this now-digital world—I jumped at the chance with the understanding that I could accept or decline whatever assignment the firm sent my way. I thus maintained some semblance of retirement. It was also satisfying, for once in my working life, to lead the horse to water but not care if it drank, only if

my fee was paid. But there was still more time to fill, so I sought other productive endeavors.

I agreed to serve as president of our HOA, but only because nobody else would do it.

I'm now in my tenth year because still, nobody else will do it.

I accepted a position on the Town of Timnath Planning Commission, with the last seven years as chair.

I exercised as often as possible, and I learned and began coaching the then-emerging sport of pickleball.

Fulfilling an ambition I've had since age 10, I took drum lessons and joined some friends in their neighborhood basement band.

I watched even less television than before—the news was all the reality I could stand—but ramped up my reading to two books per week.

I made myself very unpopular with area developers over the problem of windblown construction trash, but I ultimately won the war.

I learned to take naps. I hadn't tried it since I was four years old, and it's definitely an acquired skill as an adult.

And, best of all, I started writing, first for one, then a second publication just in Timnath and now here with North Forty News.

In subsequent columns, I'll elaborate on all of my various involvements and more, frequently featuring life and times in our little town.

Interestingly, I found that when taking the ship out of the harbor in retirement via various volunteer endeavors or new hobbies, there were sometimes as many aggravations and frustrations as during my working days. But on the whole, this retirement thing is pretty good. I just don't think one knows what it will be like until one gets there.

Thanks to a good friend for providing the metaphoric jump-start for this inaugural column.

Phil Goldstein writes Tales from Timnath periodically for North Forty News. Phil is a nine-year Timnath resident who serves the Town of Timnath as chair of the Timnath Planning Commission. Phil is finally using his journalism degree after getting sidetracked 47 years ago. The views expressed herein are Phil's only. Contact him with comments on the column or suggestions for future columns at NFNTimnath@gmail.com.

Timnath Town Council Update

NORTH FORTY NEWS | NorthFortyNews.com

2/25/2020 Meeting

Accepting the Results of the Police Department Organizational Transition Assessment Conducted by McGrath Consulting

During the February 25 meeting, council voted to approve the findings from the police department organization transition assessment completed by McGrath Consulting Group. Considering all research, the Department and Staff recommend a target 20-officer count to meet the specific needs of the Town and its anticipated growth over the next decade.

Timnath Police Department's Extreme Risk Protection Order Policy

Council voted to approve the Timnath police department's extreme risk protection order policy. The approved Policy will help the Department comply with the recently adopted mandatory state law and draft their own department procedures to support the policy.

The Timnath Police Department's Body-Worn Camera Policy

Council voted to approve a body-worn camera policy for the Timnath Police department. This policy will encourage transparency for both residents and the Timnath police officer and it promotes the Department's values.

2020 Comprehensive Plan Update

Town Council voted to approve the 2020 Comprehensive Plan Update. Staff met with the

steering committee eight times throughout the year to gather their input on all aspects of the plan and to get their guidance as residents into the direction on how the Town should grow.

Snow Removal Pilot Program

Council voted to approve a snow removal pilot program. This pilot program adds additional plow routes on local streets that follow school bus routes on a trial basis for the remainder of this snow season. It will increase the percentage of school bus routes in the Timnath area being plowed from 71% to 80%.

Olde Timnath Estates Minor Subdivision

Council voted to approve the Olde Timnath Estates minor subdivision. Olde Timnath Estates is a minor subdivision application for 3 new single-family detached lots on 9.5 acres to create what will be known as the Olde Timnath Estates Subdivision.

Timnath Landing Preliminary Plat Amendment No.1

Council voted to approve the Timnath Landing preliminary plat amendment. This proposal would create 52 single-family attached, fee simple lots located in the Timnath Landing Subdivision.

Rendezvous Subdivision Final Plat Filing 2

Council voted to approve the Rendezvous Subdivision final plat filing 2. This application is a final plat application for the 2nd Filing of the Rendezvous (Trailside) Subdivision for 352 single-family detached and attached fee simple lots.

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CHECK OUT THE WEEKLY CROSSWORD PUZZLE ON OUR BACK PAGE

We hope you enjoy it!

BACKPAGE CROSSWORD SOLUTION

A	D	L	I	B		S	A	L		T	B	S	P	
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Renaissance Faire

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69						70				71				
72						73				74				

- ACROSS**
1. Wing it
 6. Salvatore, to his friends
 9. Bigger than tsp.
 13. Swedish money
 14. Snoop
 15. Hold the floor
 16. Predict from an omen
 17. More of the same
 18. Cell dweller
 19. *Good _____, as in morning
 21. *Gathering of rogues and _____, sing.
 23. What engineer and auctioneer have in common
 24. Japanese vodka
 25. Gourmet mushroom
 28. Sheer profit
 30. *Set up a tent
 35. "Best _____ schemes o' mice an' men"
 37. Attention-getting interjection
 39. One who looks at the stars, e.g.
 40. Eye up and down
 41. Train stop
 43. Laughing on the inside
 44. Remember this battle site!
 46. Isaac's firstborn
 47. Zelensky's capital
 48. Fermented milk drink, pl.
 50. Billy Joel's "_____ the Good Die Young"
 52. Use lacrimal glands
 53. Weakest in chess
 55. Burmese neighbor
 57. *Please
 61. *Men's vest
 64. Child-eating daemon, Greek mythology
 65. Call to Bo-peep
 67. Andretti or Lauda
 69. Colorado ski resort
 70. "Slippery" tree
 71. Phantom's genre
 72. Scotland's famous lake
 73. Johnny's other nickname
 74. Martha Washington post 1799, e.g.
- DOWN**
1. Rap sheet abbr.
 2. Keith Moon's instrument of choice
 3. Apple's apple, e.g.
 4. Accustom
 5. Like infertile land
 6. Do like volcano
 7. *Are
 8. Swimsuit fabric
 9. Not kosher
 10. Island east of Java
 11. Roofed colonnade
 12. One of the Ivies
 15. Murdering, slangily
 20. Artemis' companion
 22. Island strings
 24. Blended family member
 25. *Longer than a cape
 26. Two under par
 27. a.k.a. pilau
 29. *Fare _____ well
 31. *Horseshoe cleat
 32. Pre-life
 33. *Shakespeare's pattern
 34. *Restroom
 36. Actress Moore
 38. Sound of pain
 42. Tutu fabric
 45. Annie or Oliver, e.g.
 49. Sigma Alpha Epsilon
 51. Peter of Peter, Paul and Mary
 54. Big name in grills
 56. Giraffe's striped-leg cousin
 57. Blueprint
 58. Tear down
 59. Mischievous sprites
 60. Decorative neckwear, pl.
 61. Doorframe part
 62. Tea choice
 63. Infamous Roman
 66. *Popular Renaissance Faire beverage
 68. Like sashimi

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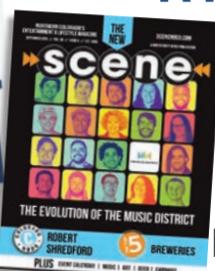
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PVREA Annual Meeting Changed to VIRTUAL ONLY Meeting

April 4, 2020 | pvrea.coop/annualmeeting

PVREA's Annual Meeting scheduled for April 4, 2020 at the Embassy Suites in Loveland has been moved to a VIRTUAL ONLY event.

Tune in online on April 4 to hear from co-op leaders and your board of directors.

More information can be found online at pvrea.coop/annualmeeting.