



North Forty News

Week of January 30, 2023 | Volume 30 | Number 43

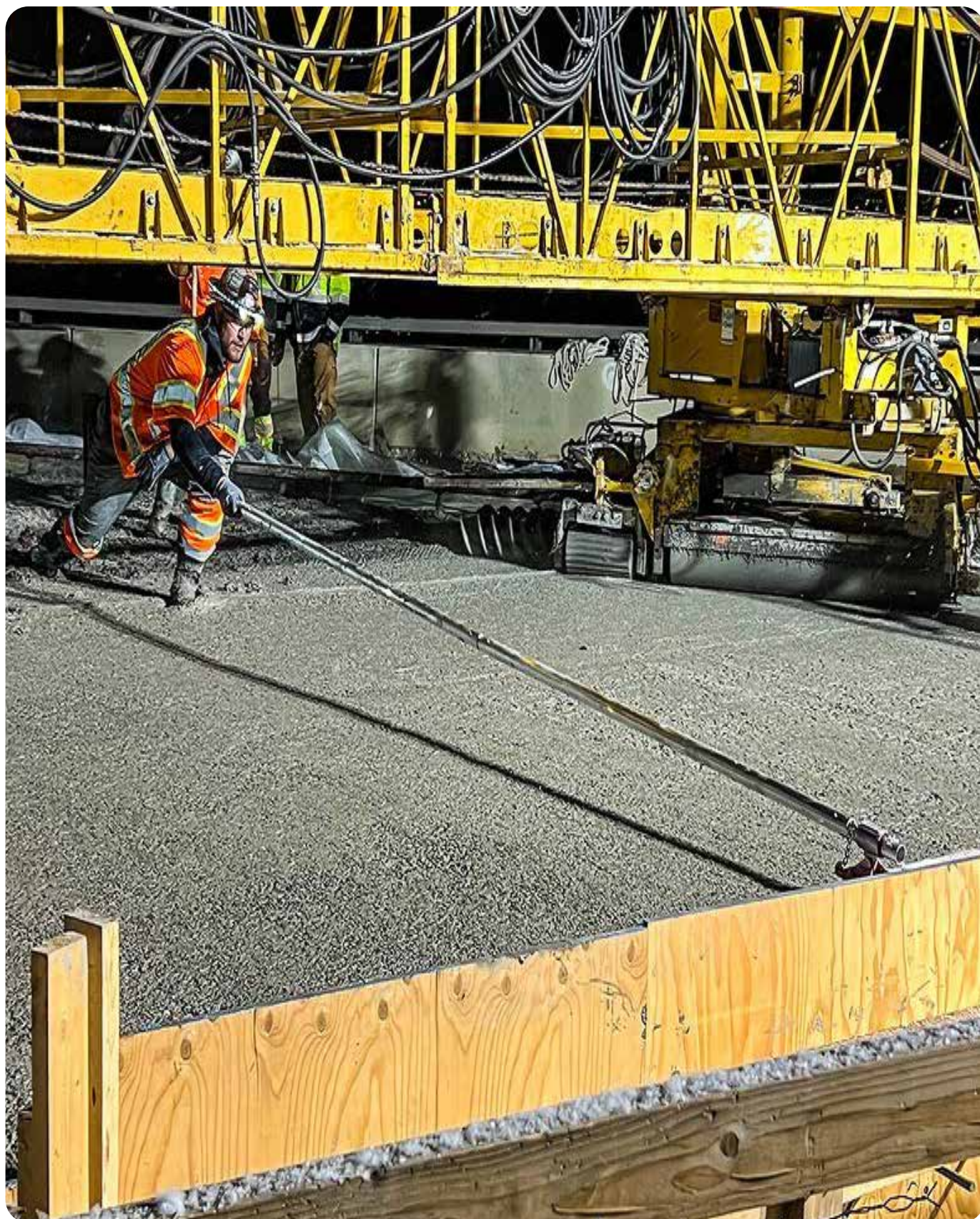
NorthFortyNews.com

NORTHERN COLORADO'S WEEKLY INDEPENDENT LOCAL NEWS

MILESTONES

I-25 NORTH EXPRESS LANES PROJECT IN 2022

See Page 13



Road improvements are going on statewide. (Photo courtesy CDOT on Instagram)

new
scene
 weekly

A PREVIEW OF WHAT'S GOING ON IN NORTHERN COLORADO

Powered by Northern Colorado's Entertainment & Lifestyle Magazine

Recommended: Rockin' Guitar Greats

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Jeff Beck (Photo by Tim Van Schmidt)

Driveway DELIVERY
 NorthFortyNews.com/driveway-delivery
Stay informed.

North Forty gardener
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NORTHERN COLORADO

Scambuster Corner January 2023

BARBARA EJ BENNETT | Larimer County Sheriff's Office



is solid.”

- Need for companionship
- Online profiles of people reaching out for companionship. Scammer “grooms” you and gains your trust to get money/personal information from you.
- Limited supply Act fast – not many are available. This is a one-day offer.
- Authority Respect for law and authority, credibility associated with law enforcement, government officials, and others in positions of authority.

REMEMBER: If you are reacting to an email, phone call, text, or social media offering and feel any of these feelings/emotions – please do NOT act as if it is probably a scam. Scammers want you to be compliant and reacting with emotion so you will give them what they want.

HOW DO SCAMMERS GET PAID?

Scammers will only use the following for payments due to the lack of buyer protection, inability to stop payment, and payment can't be tracked back to the scammer.

- Bitcoin/crypto
- Venmo
- Zelle
- Cash apps
- Money or gift cards
- Wire transfer
- Fake check for you to deposit and refund some of the money to the scammer

BUSINESS ALERTS

We all want to support our local businesses, and that's a good thing. Most of our local businesses strive to give you great products and services. We have had reports of a few local businesses, however, either not providing the product or service they were contracted to do or not providing a refund in the case of them

not delivering.

Here are a few tips to hopefully prevent these isolated incidents from happening to you.

- Always check references of actual clients and BBB for any possible issues with the business
- Always pay with credit cards (not debit, Venmo, Zelle, cash apps, wire transfer, cash, money card or cryptocurrency like Bitcoin. Only credit cards or PayPal have buyer protection.)
- Never pay in full before you receive the product
- Be suspicious if the delivery date keeps creeping out with excuses
- Take pictures of any problems with the product or service (i.e., quality of product, not what was promised)
- Document your interactions with the business
- Read your contract carefully for refund policies

Please remember these tips to help protect you from scammers:

- Never click on links or call the number in an email, text message or voicemail.
- Never give personal info over the phone
- Never pay by cash apps, bitcoin, money/gift cards, etc. (Always use credit cards or PayPal for buyer protection)
- “Buyer beware” on sponsored ads on Facebook –
- Never pay for something prior to receiving it on Craigslist/Marketplace or other venue
- Never accept an offer over what you are asking
- Let your calls go to voicemail
- Change your passwords frequently

For more information, visit larimer.org or call Barbara at 970-682-0597.

Twenty-Fifth Small Business Receives Funding From Weld County

NORTH FORTY NEWS

NorthFortyNews.com

The Weld County Board of Commissioners approved awarding funds to K9cation the twenty-fifth small business to receive funding via the Small Business Incentive Program (SBIP).

K9cation, a dog boarding, daycare, and training facility in unincorporated Weld County, was awarded \$20,000 from the SBIP to help offset permitting and land use application fees.

To qualify for the program, businesses must be located in unincorporated Weld County, and 50% of its staff must reside in Weld County for a period of one year.

Small businesses receive funding amounts based on a three-tier system, with \$40,000 being the maximum amount a business can receive.

Since its inception in 2014, a total of \$388,663 has been distributed to small businesses across the county.

“This program’s goal is to support the entrepreneurial nature of small businesses,” Commissioner Chair Mike Freeman said. “Helping them save money related to land use, building permit, and impact fees is enormously helpful as it allows capital assets to go directly into the business, not fees. We’re happy to see this program continue to be successful, and we encourage more small businesses who want to locate in unincorporated Weld County to take advantage of it.”

Find out more about Weld County’s SBIP and apply at weld.gov.

North Forty News

OUR MISSION

As Northern Colorado’s only independently-owned, regional weekly, we connect communities and the people who live in them by providing news of hyper-local events and of businesses, nonprofits, government leaders, and individuals who are working hard to make a difference while successfully meeting the challenges of our time.

North Forty News is published weekly by North Forty News LLC and mailed to subscribers in Northern Colorado. The publication is available at another 800 locations throughout Northern Colorado. The advertising deadline is 10 days prior to distribution.

North Forty News LLC

2601 Lemay, Ste 7, PMB 227, Fort Collins, CO 80525
970-221-0213 (phone) • 970-221-0213 (fax)
email: info@northfortynews.com
website: www.northfortynews.com
facebook: [northfortynews](https://www.facebook.com/northfortynews) • twitter: [@northfortynews](https://twitter.com/northfortynews)

Publisher

Blaine Howerton
bhowerton@northfortynews.com

VP Sales & Marketing

Matthew Dierlam
mdierlam@northfortynews.com

Journalist

Jonson Kuhn
jkuhn@northfortynews.com

Contributors

Tim Van Schmidt

Social Media

Leslie Carol Botha, Matrix Media Marketing

Advertising

Matthew Dierlam
Debra Davis
ddavis@northfortynews.com
Blaine Howerton

Art Director/Page Layout

Blaine Howerton

Graphic Design/Advertising

Kacey Lobato, KC Graphics

Distribution

Jeff Brownrigg

Community Engagement

Angelina Hunter

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What's in a Bloom? The Symbology of Flowers

ANDREW SCOTT | Gardens on Spring Creek

With Valentine's Day now less than a month away, it's a good time to start arranging gifts for your beloved. Jewelry, chocolates, and luxurious overnight hotel room stays are all well and good, and we might be biased at the Gardens on Spring Creek, but flowers are timeless for a reason. Even those who observe the tongue-in-cheek "Single's Awareness Day" instead might have their day brightened by a simple bouquet. As you'll learn, not all flowers are symbolic of romantic love.

According to the Farmer's Almanac, the cultures of ancient China, Egypt, Greece, and Rome all had their own associations with flowers, but the Victorians most recently had their own floral language. Roses are the most associated flower of Valentine's Day, but even the color of the rose can change its meaning: red conveys deep emotions like romantic love, yearning, and desire; pink roses convey milder emotions than red roses, like admiration, thankfulness, and joy, with darker pinks symbolizing stronger emotions; white roses convey purity, innocence and new beginnings; and yellow convey friendship and platonic love. That's just the tip of the iceberg with rose colors, but suffice it to say, don't give black roses to your beloved unless you plan on breaking up soon.

Carnations are another common flower that conveys love, with red also meaning admiration and pride, pink meaning love specifically for a woman or mother, and white meaning pure and innocent love. However, purple carnations represent a change of heart, and, despite their happy color, yellow carnations indicate rejection or disdain, which might land you in hot water with a romantic partner.

Less common flowers used to declare one's love include sunflowers which broadly imply pure thoughts and symbolize dedicated love; dwarf varieties convey adoration, but tall varieties are snobbish and arrogant. Tulips are a declaration of love and symbolize perfect love, with red tulips indicating passion, while gardenias and daisies are used to convey innocence, sweetness, and purity - gardenias, in particular, can also indicate a secret love. Chrysanthemums can



Flowers have served as a thoughtful gift for centuries, but not all flowers and colors mean the same thing.
(Photo courtesy Gardens on Spring Creek)

convey a sense of fidelity to one's partner along with lifelong joy; red mums represent general love, white mums represent loyal, truthful love, and yellow mums represent slighted love. Likewise, daffodils can indicate unrequited love.

If you want to express your love more platonically, alstroemerias are the flower of friendship. Compliments can be paid with lilies, calla lilies, hibiscuses, amaryllises, and orchids, all of which denote some beauty, whether they be refined, delicate, splendid, or exotic. Irises symbolize wisdom, faith, trust, and hope, while goldenrod is encouraging and beckons good fortune, and peonies can mean compassion, good health, and prosperity.

It's clear that some themes can be gleaned from flower symbology: red for passion, white for purity and innocence, and yellow for "it's complicated." However, these are all general guidelines, and the meanings of flowers change from gardener to gardener, culture to culture, and throughout periods. The important thing is to consider what the flower represents to you, or just the person being gifted flowers feels special.



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**Celebrating 20 Years
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8:30 a.m. - Noon
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This year we celebrate our 20th anniversary of the High Plains Landscape Workshop! Join us for an in-person workshop focused on the changing landscape, with a look at the past, present and future of Front Range horticulture.

**Tickets and more information
at fcgov.com/gardens**



WELLINGTON

Happenings in Wellington for February 2023

NANCY HARRISON | Adventure Media



Windmill in Wellington (Photo by Jim Gundred)

The Wellington Chamber of Commerce hosts a Community Calendar for everyone in the area to post events. Please go online and add your events so everyone can see them and choose to participate.

The Upcoming Calendar of Events for Wellington Includes:

February 2 – Wellington Area Chamber of Commerce Ambassador's Meeting 2–3 PM at Kinzli ReMax Office. This group meets the 1st Thursday of the month from 2–3 at Kinzli's.

February 2 – the Chamber Membership Committee meets at the Chamber Office from 4–5 PM. This committee meets the first Thursday of each month at the Chamber of Commerce Office.

February 7 – Wellington Area Chamber of Commerce Networking Breakfast with special speakers from Wellington Middle-High School. Meet at Slurpz at 7:30 for delightful breakfast choices and hear updates on the new school. More information is available by contact Ben Parsons 970.484.3600.

February 23 – Business After Hours hosted by Meridian Federal Credit Union. This is a celebration of the third anniversary of Meridian FCU. Come help them celebrate this milestone and meet your fellow Chamber members and business contacts.

Find out what's new and what's happening around Wellington. Light refreshments and libations will be served.

Wellington FCBC Baseball Registration

Registration is now open for the Intermediate and Recreation Wellington Fort Collins Baseball Club Team (FCBC)!

Intermediate Registration closes on Feb. 10. Intermediate Volunteer Coaches are needed! All coaches must be registered by Feb. 24. Tryouts for intermediate baseball will be Saturday, March 4th.

Recreational Registration closes on Apr. 14. Recreation Volunteer Coaches are needed! All coaches must be registered by March 31.

Visit Wellington Recreation online for more information and to register!

Wellington Public Library offers their February Schedule

February 7 & 21 – Baby & Toddler Story Time 10:15 – 11 AM Join in for a 1/2 hour full of interactive songs, rhymes, and easy stories designed for children ages 0–36 months (siblings welcome).

Stay and play afterward!

February 14 & 28 – Preschool Story Time 10:15 – 11 AM Preschool Storytime is designed for ages 3 and up. Join in for stories, songs, and crafts!

Romantic Valentine's Day
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Why Join the Chamber of Commerce?

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Contact: mary@wellingtoncoloradochamber.net (907) 568-4133

CDOT Begins Concrete Panel Replacement on I-25 Between Fort Collins and Wellington

NORTH FORTY NEWS | NorthFortyNews.com

The Colorado Department of Transportation (CDOT) started work on January 23 on a concrete slab replacement project on Interstate 25, with work taking place on I-25 between Fort Collins and Wellington.

This project consists of removing and replacing designated concrete panels on I-25 between Mile Point 281 and MP 269. ABCO Contracting Company of Denver is the contractor for this project.

This project will improve and prolong the life of the road surface. Work will primarily consist of removing damaged concrete panels and replacing them with new ones. Work will be completed in northbound and southbound lanes throughout a 12-mile stretch of I-25. A smooth road or highway has many important benefits, including safety and an improved driving experience. A smoother surface also offers safer driving for motorists.

Travel Impacts

Daytime work hours range from 7 am to 7 pm, Monday through Friday. Throughout the project, vehicles may intermittently be reduced to a single lane in either direction. These lane closures may have up to 15-minute delays. The speed limit may be reduced to 55 mph through the work zone. The project is expected to be completed by the fall of 2023.

Project Contact Information

For additional information about this project, contact the project team.

Project/study/other website: www.codot.gov

Project/study/other information hotline: 303.339.0225

Project/study/other email:

rign4concretepanelreplacement@gmail.com

The Colorado Department of Transportation's mission is to provide the best multi-modal transportation system that most effectively and safely moves people, goods, and information. CDOT maintains more than 23,000 lane miles of highway, more than 3,400 bridges, and 35 mountain passes. Our team of employees works tirelessly to reduce the rate and severity of crashes and improve the safety of all modes of transportation.

CDOT leverages partnerships with a range of private and public organizations and operates Bustang, an interregional express bus service.

Find more details at codot.gov.



(Image courtesy CDOT and Google Maps)

WELLINGTON

Northern Front Range National Forests Encourage Visitors to Plan Ahead

NORTH FORTY NEWS | NorthFortyNews.com



(Photo by Andrew Gloor on Unsplash)

Even though snow is falling, now is the time to start planning your 2023 summer adventures on the Arapaho and Roosevelt National Forests & Pawnee National Grassland, the third-most visited national forest unit in the nation. Most outdoor adventures require advanced planning and preparation, from camping and hunting to boating on lakes and trekking through the wilderness.

National Forest managers are planning for a very busy summer season. The Forest is continuing reservation programs to reduce crowding so visitors can have safe and enjoyable outdoor experiences this summer. Online reservations will be required for the most popular developed recreation areas, while wilderness permits and recreation passes should be purchased online.

Campground reservations are available online six months in advance at recreation.gov, so visitors looking to book for the peak summer season need to start planning now. All campgrounds on the Forests and Grassland are extremely popular due to their proximity to major highways and metropolitan

areas.

Reservations will be required for Mount Evans and Brainard Lake in 2023. Day-use reservations are expected to be available on a rolling basis for both areas beginning in mid-May. The Brainard Lake welcome station is scheduled to open in early June, and Mount Evans typically opens for Memorial Day weekend, depending on snow conditions.

Online permits for the rugged Indian Peaks Wilderness Area, a popular destination for visitors seeking a more remote experience, become available at 8 a.m. (mdt), Thursday, March 16 on recreation.gov. Permits are required for all overnight camping in Indian Peaks Wilderness Area from June 1 to Sept. 15. Visitors should plan their itineraries in advance by using the resources available at fs.usda.gov.

Overnight parking reservations for visitors planning to use the Brainard Lake Recreation Area trailheads for permitted overnight camping in the Indian Peaks Wilderness Area also will be available starting March 16 on recreation.gov. If you plan to use the Hessie or Fourth of July trailheads, check the Boulder County website for information on shuttles and parking. Information on that page will be updated before the season begins.

National Forest maps and annual and lifetime recreation passes covering fees for National Parks and National Forests can be purchased online through USGS.gov. Passholders are still required to make reservations and pay administrative fees through recreation.gov.

Recorded information is available on our Forest Information Line at 970-295-6600. If you have further questions, please email VisitARP@usda.gov.

In-person appointments can accommodate needs that cannot be met over the phone or by email.

Longtime Wellington Resident Pens New Mystery

NORTH FORTY NEWS | NorthFortyNews.com

Award-winning novelist Margaret Mizushima will celebrate the release of Standing Dead, the latest installment of the critically-acclaimed Timber Creek K-9 Series, in March. Standing Dead (Crooked Lane) will be available, where fine books are sold on March 7, 2023.

About Standing Dead: Deputy Mattie Cobb and her sister, Julia, travel to Mexico to visit their mother, but when they arrive, they discover that she and her husband have vanished without a trace. Back in Timber Creek, Mattie finds a chilling note on her front door telling her to look for "him" among the standing dead up in the high country.

The sheriff's department springs into action and sends a team to the mountains, where Mattie's K-9 partner, Robo, makes a grisly discovery—a body tied to a dead pine tree. Mattie is shocked when she realizes she knows the dead man. And then another note arrives, warning that Mattie's mother is in desperate straits. In a last-ditch gambit, Mattie must go deep undercover into a killer's lair to save her mother—or die trying.

Standing Dead has earned high advance praise, including:

"Standing Dead is a roller coaster of tension from the first page—I literally couldn't put it down. Mizushima gives us wonderfully drawn characters along with a cracking good plot and realistic law enforcement details. A highlight for me is the protagonist's relationship with Robo, her K-9 partner. Highly recommended," said Deborah Crombie, New York Times bestselling author of A Killing Of Innocents

Published by New York-based Crooked Lane Books, Standing Dead will be available in hardcover (ISBN: 978-1639102440, 288 pages, \$28.99) and eBook (\$13.99) editions on March 7, 2023.

Margaret Mizushima writes the award-winning and internationally published Timber Creek K-9 Mysteries. She served as past president of the Rocky Mountain Chapter of Mystery Writers of America and was elected 2019 Writer of the Year by Rocky Mountain Fiction Writers. Active in the writing community, she also belongs to Sisters in Crime, Women Writing the West and Northern Colorado Writers.

More information: www.margaretmizushima.com.



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Please note: In North Forty News' print edition on January 9, 2023, an error was made by placing an image of the former Hughes Stadium on Page 1 of North Forty News with the headline "Hughes Development: Neighborhood Group Sues Fort Collins City Council Over Approval of Development."

The Sanctuary Field Neighborhood Network (SFNN) is on North Taft Hill and is not associated with the redevelopment of the former Hughes Stadium.

This retraction is being placed online and in the January 30, 2023, edition of North Forty News.



BURIAL | CREMATION | PRE-NEED PLANNING



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Residential Burglary Series Investigation

NORTH FORTY NEWS | NorthFortyNews.com



Ryan Harmon

Between September and December 2022, the Larimer County Sheriff's Office investigated ten home burglaries in the Crystal Mountain area. In late 2022, investigators identified Ryan Harmon (08/01/1979) as a suspect.

They attempted to reach Harmon at his campsites in the area but could not make contact. Further investigation connected the suspect to an apartment in the Denver Metro area, and on January 13, Harmon was arrested with the assistance of the Broomfield Police Department.

Harmon was booked into the Larimer County Jail on the following charges:

- Criminal Possession of One or More

The Larimer County Sheriff's Office is investigating a series of residential burglaries in unincorporated Larimer County and is asking the public for any information about the suspect, associated vehicle, or unreported incidents.

Identification Documents – multiple victims (F6)
• Criminal Possession of One or More Identification Documents – single victim (M2)
• Theft (M2)

Harmon was also booked on five existing warrants for various charges, including theft, trespassing, criminal mischief, traffic offenses, and drug possession. He was issued a \$7,500 cash/surety bond and bonded out on January 16, 2023.

Numerous stolen property items have been recovered during the investigation, including two firearms and commercial explosive materials. The investigation is ongoing, and additional charges related to the burglary cases are pending.

Investigators are also looking for a John Deere side-by-side utility terrain vehicle (UTV) that may have been used in association with the burglaries.

Anyone with information about this suspect, vehicle, or unreported burglaries in the Crystal Mountain area should contact Investigator Kevin Hobson at (970) 498-5162.

People who wish to remain anonymous can also contact Crime Stoppers of Larimer County at 970-221-6868 or www.stopcriminals.org.

The charges are merely an accusation, and the defendant is presumed innocent until and unless proven guilty.

Poudre River Public Library District Seeks Two New Board of Trustee Members

NORTH FORTY NEWS | NorthFortyNews.com



The Poudre River Library in downtown Fort Collins (File Photo)

Poudre River Public Library District seeks two motivated and engaged community members who want to make a meaningful impact by serving on its Board of Trustees. The seven-member volunteer Library Board governs the District, guiding its mission, providing policy oversight, and overseeing the budget.

Applications opened on Monday, January 23. The deadline to apply online or in person is noon on Tuesday, February 14.

Library Trustees are advocates for the public library and its fundamental tenets, including intellectual freedom, the right to read, privacy and confidentiality, and free and equal access.

Trustees are committed to providing exceptional library service for a growing and changing community.

Fort Collins City Council members and the Larimer County Board of Commissioners will appoint and ratify two individuals to fill the openings: (1) a full, 4-year term and (2) finish out one year of an existing term.

Both appointments have the opportunity to serve an additional four years.

The Board of Trustees plans to seat the new members at the April 10, 2023, board meeting.

How to Apply

Community members interested in applying for the positions can complete an online application,

download and print a paper copy, or pick up a printed application at the library. Applications may be subject to the Colorado Open Records Act and should not be confidential.

To apply online or download an application, visit poudrelibraries.org/board.

Printed applications can be picked up and returned at any Poudre Libraries location during open hours:

- Council Tree Library, 2733 Council Tree Ave., Suite 200
- Harmony Library, 4616 S. Shields St.
- Old Town Library, 201 Peterson St.
- Webster House Administration Center, 301 E. Olive St.

Applicants must be willing to commit time and energy to the work of the District and the Board. To qualify for a Board of Trustees position:

- Be a resident within the Library District's legal service boundary areas.
- Be at least 18 years of age.
- Agree to attend monthly board meetings (in person or virtual).
- Agree to attend an annual board strategic planning meeting.
- Additional information on the Library District and the role of a Library Trustee is available at PoudreLibraries.org/board.

About the Poudre River Public Library District
Poudre River Public Library District was established in 2006 by voter approval. The District's shared resources serve more than 207,000 people across a vast 1,800-square-mile region in northern Larimer County, Colorado.

Anchored by three libraries in Fort Collins and a robust

Community Outreach department, the District is dedicated to meeting diverse communities' needs, interests, and priorities with exceptional opportunities for learning, intellectual stimulation, and personal enjoyment.

In all its endeavors, the District aims to enrich the cultural, educational, and economic life of its growing area.

For more information, visit PoudreLibraries.org or call (970) 221-6740.

Avian Influenza Detected in Larimer County

NORTH FORTY NEWS | NorthFortyNews.com

Highly Pathogenic Avian Influenza (HPAI) was recently detected in wild and domestic birds in Larimer County.

HPAI can affect wild birds even if they are not showing any symptoms. In a flock of domestic birds, avian influenza is a fast-spreading and deadly virus, with a mortality rate of more than 90% in just a few days.

While the risk of HPAI to humans is low, people can become infected, so the public is asked not to touch any dead or sick wild birds.

The Larimer County Department of Health and Environment (LCDHE) is working with CDA, the Colorado Department of Public Health and Environment (CDPHE), and other state and local partners to respond.

Suggested actions include keeping a closed flock, decreasing interactions between domestic and wild birds, and keeping feed and water away from wild birds.

- Bird owners should:
- Protect flocks with good biosecurity practices and be vigilant in reporting signs of illness
 - Monitor flocks for signs of illness
 - Report suspicious disease events or illness to the State Veterinarian's Office at 303-869-9130

Residents who own backyard birds should take extra precautions after any walks or hikes where they may encounter wild birds, especially waterfowl like geese and ducks. Always clean your shoes and remove any soiled materials after coming into contact with bird feces before entering the premises where your birds

- are housed.
- Signs of HPAI in birds include:
 - Sudden death without clinical signs
 - Lack of energy or appetite
 - Decreased egg production
 - Soft-shelled or misshapen eggs
 - Swelling or purple discoloration of head, eyelids, comb, hocks
 - Nasal discharge
 - Coughing or sneezing
 - Lack of coordination
 - Diarrhea

"Avian flu continues to affect wild and domestic birds across Colorado. With wild bird migration beginning soon, we anticipate that we will see an increase in virus activity through late winter and spring," says Colorado State Veterinarian Dr. Maggie Baldwin.

HPAI does not present a food safety risk. Proper handling and cooking of all poultry and eggs to an internal temperature of 165°F is recommended as a general food safety precaution.

Bird owners struggling with stress or anxiety around HPAI can contact Colorado Crisis Services by calling 1-844-494-TALK (8255) or texting TALK to 38255.

Farmers and ranchers can receive a voucher for six free sessions with an ag-competent provider through the Colorado Agricultural Addiction and Mental Health Program (campforhealth.com).

Bird owners seeking more resources can visit the USDA's Defend the Flock website or visit PoultryBiosecurity.org.

For the up-to-date status of the quarantine and recommendations, visit ag.colorado.gov/hpai.

Animal Friends Alliance Hosts Grand Opening Event at New Shelter

NORTH FORTY NEWS | NorthFortyNews.com

Animal Friends Alliance announced its new shelter grand opening on Saturday, January 28.

The Alliance's capital campaign, Bringing Paws Together, raised \$2.8 million dollars and made the dream of providing better care for animals a reality. This expansion includes a cat shelter, enrichment center, new central lobby, and additional animal care facilities at the Taft Hill Road location, unifying Animal Friends Alliance's sheltering and adoption programs and allowing the organization to help more dogs and cats each year.

For more information on the campaign, please visit BringingPawsTogether.org. Animal Friends Alliance is a nonprofit

organization dedicated to providing comprehensive companion animal resources, services, and education to the community to prevent pet homelessness and promote the human-animal bond. Animal Friends Alliance's services include a limited-admission, adoption-guarantee shelter for cats and dogs, subsidized sterilization and vaccination clinic, grooming salon, and kibble pantry for pet guardians in need. Since its founding in 2006, Animal Friends Alliance has found homes for more than 34,000 cats and dogs, and the clinic has performed over 77,000 spay/neuter surgeries.

More information can be found at SavingAnimalsToday.org.

Project Self-Sufficiency Announces 2023 Fundraiser

NORTH FORTY NEWS | NorthFortyNews.com

Project Self-Sufficiency, a nonprofit organization that supports single parents throughout Larimer and Weld counties in their efforts to achieve economic independence while building and maintaining strong, healthy families, has announced its 2023 Bring the Power Social Event will be held on April 6, 2023, at The Hilton Fort Collins from 6 pm until 8 pm.

The event theme is 'A Celebration of Tenacity' and will feature a keynote by Stephanie Land, New York Times Bestselling Author of the Memoir "MAID: Hard Work, Low Pay, and a Mother's

Will to Survive", the basis of Netflix's hit series, MAID, the memoir is a story of surviving domestic violence, long hours of gritty work, chasing dreams, and redefining the single mom narrative, and what makes a house a home.

The event, which serves as Project Self-Sufficiency's largest annual fundraiser, will feature heavy hors-d'oeuvres, refreshments, a paddle raise, and a short program about the organization and its goals for the year 2023.

To learn more about the work that Project Self-Sufficiency is doing and how to get involved, visit BringThePower.org.

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SPORTS

Poudre High School @ Rocky Mountain High School - Wrestling

NICK DOUGLAS | NorthFortyNews.com

(Photos by Nick Douglas)

Recently, Poudre High School took down Rocky Mountain High School 35-31.

The atmosphere was electric in the gym for the match as these cross-town rivals duked it out.

Despite Poudre having to forfeit the heavyweight position, there was still everything to wrestle for with two matches to go. To end the duel, Gavin Boca of Rocky Mountain beat Tate Shearer

8-6, and Isaac Royal of Rocky Mountain beat Garrett Sims 6-0, but the Lobos could not complete the comeback.

Some outstanding performances include Billy Greenwood (132) from Poudre recording a fall in 3:45, and Zach Lansford (215) of Rocky Mountain managing to pull out a win in the final seconds, winning 8-7.



Ryder Clarkson (Poudre) tilts Carter Wuest (Rocky Mountain) and would later go on to pin Wuest in the third period.



Marcus Bekkedahl (Poudre) tightens his grapple as he tries to settle it in in Poudre's 35-31 victory over the Lobos on Wednesday night.

Poudre High School vs Fairview High School - Boys Basketball

NICK DOUGLAS | NorthFortyNews.com

Recently, the Fairview Knights took on the Poudre Impalas.

The first half was a dead heat, ending 31-32 in favor of Fairview. Poudre had a strong showing in the second quarter, utilizing a high press to disrupt the

Knights' offense.

In the second half, the Impalas had difficulty handling the high press from Fairview applied in response. Fairview would pull away in the third quarter, outscoring their opponents 25-15.



Ryder Clarkson (Poudre) tilts Carter Wuest (Rocky Mountain) and would later go on to pin Wuest in the third period.



Owen Foster (14) tries to get past the high press from Gavin Ball (2) as Fairview High School would beat Poudre on the evening of January 17th.

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Recommended: Rockin' Guitar Greats

TIM VAN SCHMIDT | SceneNOCO.com

Photos by Tim Van Schmidt



Stevie Ray Vaughan and Jeff Beck jam in Denver 1989

Hearing of guitar great Jeff Beck's recent passing tuned up my memories of the six-string wonders I have seen throughout the years.

We can start with Beck. I only got to see him once -- in 1989. Beck was touring with Stevie Ray Vaughan and they were alternating the headlining position. In Denver, Vaughan opened then Beck took the spotlight with super drummer Terry Bozzio.

Beck's set was a journey of ever shifting guitar styles and tones -- he did it all. At the end, Vaughan came out

because the program also included an array of jazz players including Mary Osbourne with Jim Hall, Barney Kessel, Kenny Burrell, as well as Joe Pass with Herb Ellis. They challenged my rock and roll ears to listen to other stuff.

I also got to see the great bluesman BB King at the Hollywood Bowl that year. But the first time -- in 1972 -- was the best. King and his band opened the show, followed by Ray Charles and his orchestra. At the end of his set, Charles called King back on stage. Meanwhile,



B.B. King

had been designed by Frank Lloyd Wright and I heard every note of the program up in the third balcony.

After the show, I went to the Howard Johnson's across the street -- and who should be sitting there at a booth but Segovia and his guitar handler? He took no special note of me as he signed my program quietly. Meanwhile his dinner came -- a plate of spaghetti and a can of Coors.

I've saved my Eric Clapton story for last because it helps illustrate something about guitarists.

I've seen Clapton -- perhaps the most revered guitarist of the rock era -- a number of times, including a show at McNichol's Arena with Phil Collins playing drums.



Jeff Beck

to jam with Beck, playing "Goin' Down" -- they were both rough and ready.

Over the years, I've sought out a lot of the great rocker guitarists including Jimmy Page, Jerry Garcia, Frank Zappa, Joe Satriani, and many others.

A very memorable guitar event I went to in 1973, called "Guitar Explosion", was an afternoon offering at the Hollywood Bowl featuring a diversity of players including a young Robben Ford, old bluesman T Bone Walker, plus electric guitar phenomenon Roy Buchanan, who wowed me with a blistering version of "Hey Joe".

But I also learned about other guitar styles that day



Stevie Ray Vaughan

keyboardist Billy Preston was pulled out of the audience to join this once in a lifetime blues and soul super group.

My guitar favorites weren't just rockers. One of my favorite albums as a teenager was Leo Kottke's "Six and Twelve String Guitar" album. I was learning to play acoustic guitar and wanted to sound like him.

I got to see Kottke a number of times and even met him briefly at a show in Steamboat Springs. I was carrying my baby daughter and Kottke was very friendly.

Another great acoustic guitar player I saw was classical master Andres Segovia, famous for not using amplification. Fortunately, this concert hall in Arizona



Eric Clapton

But the most memorable was in 2007.

Clapton's band included two other great contemporary guitarists -- Derek Trucks and Doyle Bramhall II. As they kept trading solos and licks throughout the night, I realized that what Clapton knew was that the more guitarists, the better. It's all good. That night ended with another voice being added to the mix as opener Robert Cray came out to join the band for "Crossroads."

Check out "Time Capsules by Tim Van Schmidt" on YouTube.

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CITY BUZZ

EVERY CLAY ROSE HAS ITS THORN: GASOLINE LOLLIPOPS HEADLINE RIALTO THEATRE

JONSON KUHN | SceneNOCO.com

Clay Rose is what you'd call Colorado music royalty. Having founded a number of bands, from his current and long-running project Gasoline Lollipops to his hugely popular Zombie-Death-Polka band The Widow's Bane to even simply entertaining audiences with countless solo sets, Clay Rose is a name that's hard not to know.

Gasoline Lollipops are headlining at the Rialto Theater in Loveland as a part of the Sweetheart festival on Friday, February 10 at 7 pm where they'll be performing an intimate "Songs and Stories" set of music that will flesh out some of the heartfelt and harrowing backstories to Clay's songs, of which there are many.



Gasoline Lollipops (Photo courtesy of Gasoline Lollipops Facebook)

With the endless ups and downs throughout life that come with pursuing dreams and happiness, Clay said he often reflects on advice that someone once gave him, which was that the fear of losing what you have is always far greater than the fear of not getting what you want. Clay explained that for his entire life, he's only had a fear of not getting what he wanted because he didn't really have anything to lose, and it's not really until recently that he's experienced the fear of losing what he has, which he sums up by saying, "It's way harder to have shit than to not have shit."

As much as anyone will recognize his name, they certainly, too, will recognize the name Gasoline Lollipops as they've been known to tour the globe, as well as headline every major venue throughout Colorado, and have received substantial radio play, as well. Clay recently sat down with New Scene to talk about starting over and staying positive, as many bands were forced to do during the COVID-19 pandemic. As Clay explained, though being forced to slow down with the band's tremendous progress, the opportunity to reassess his reasons for playing music in the first place proved to be the best thing that could have happened.

"I had been climbing this ladder and it seemed systematic and doable and then all of a sudden the whole structure came down and there was no goal anymore, so I had to figure out if I was going to keep playing music without a goal," Clay said. "For the first year of the pandemic I thought, 'No, I don't and I'm done,' I was just going to go back to swinging a hammer in construction work, which I did just out of necessity. But then there was sort of a liberation from not chasing a goal; at a certain point I realized I have to keep playing music just to keep my sanity and to keep some degree of spiritual health. Now I feel like I'm back to playing music for the right reasons for the first time in a really long time."

Since the pandemic has become less intense, Clay said he feels things have in a sense started returning to normalcy, but at the same time there's no denying a feeling like the band was knocked back "10 miles on the path."

"It's gotten back to the normalcy of 2010," Clay said. "We're obviously not the only ones having to start over to an extent, but I'm also at an age where it's hard to go back ten years when I'm ten years older than I was then. I'm feeling like an old dog for sure."

2017 was not only the year the band saw their biggest lineup, but it was also the year they saw their most success. Nowadays Clay said the band sits pretty steadily as a five-piece and has been so for the last several years.

Though fans have become accustomed to catching Clay's solo sets, The Rialto will feature the full band, however, it will consist of a more stripped-down acoustic style set. Clay explained the reason for the stripped-down set is that the Rialto is a seated venue, which the band doesn't often play due to their high energy, so for this occasion, they're excited to change things up by

dialing back the sound to focus on their more songwriter tunes as opposed to the crowd favorite "rockers" while providing a bit more insight into the history of those songs and where they came from.

For instance, Clay said his song Mary Rose, which was originally released on the Resurrection album back in 2017, was one of many

songs that started out as a ballad but was eventually converted into a faster song simply because the original incarnation of the band was playing so many gigs in dive-bars and rowdy clubs where Clay said they couldn't really hold the audience's attention with ballads.

"We needed as many rockers as we could get, so we turned a lot of those ballads into rockers, and Mary Rose became a dance song, and I don't think a lot of people were listening to the lyrics or knew what it was about," Clay said. "That song is actually about one of my sisters who was murdered back in 2005, so it's a deeply personal, kind of heavy song, but historically it's been covered in a sheen of rock and roll, which I guess in a sense is like the medicine that helped the sugar go down, but on our most recent album we revised the song and played it in its original format so that the lyrics are more featured and you can get a better idea of what that song is about."

Challenges and ups and downs aside, fans can be happy to know that the band is feeling as though the days of licking wounds are over and the days of melting audience's faces are well back in season. With their current lineup of Don Ambory on lead guitar, Bad Brad Morse on bass, Kevin Matthews, on drums, and Scott Coulter on keys, Clay said the boys are back to plotting world domination once more.

"I've definitely pounded enough nails now to remember what that life is like; it's hard to be an aging rockstar, but it's way harder to be an aging construction worker," Clay said. "If I go two weeks without playing a show, I'm losing my mind, it's more than just a job or a hobby for me, it's therapy. It's really necessary for my sanity to continue playing music, so in the face of all that, we've become motivated again to get back on the career path. We're getting strategic about it and mapping out tours for the summer. We're going to give it another push because what the fuck, we're still here, we're still sucking air, might as well."

Gasoline Lollipops certainly have come a long way from their 2005 origins as a 'cowpunk duo' with Jonny "Machine Gun" Mouser, and as far as the sound goes, Clay said there isn't a trace of it left, and the name is all that's remained. But whether it's Gasoline Lollipops or The Widow's Bane or anything else, as the question goes, what's in a name? That which we call a (Clay) rose (band) by any other name would smell as sweet and still sound as badass.

Be sure to check out the band at the Gasoline Lollipops Facebook page or at gasolinelollipops.com.

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SEE THE SOLUTION ON PAGE 14

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KEI ITO <i>The Beginning, in the land around me</i> Jan. 18 - Apr. 2	RON KROUTEL <i>The Glade Series</i> Jan. 18 - Apr. 30	MICROLOGIES Jan. 18 - Jul. 2

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CITY BUZZ

PHOTO OF THE WEEK: A BEAUTIFUL NEW YEAR MORNING

Joalie Alldredge from Red Feather Lakes sent us this photo of a barn with a fresh coat of snow on January 4, 2023. What a beautiful shot! Thank you for sending it, Joalie.

Each Week North Forty News features a photo submitted by one lucky reader. The chosen submitter will receive a \$25 gift certificate to be used for merchandise at the gallery.

Your photo might capture a moment in time of scenery, animals in the wild, a wildfire, your friends or family, or a recent local event.

Send us your best shot!

No purchase is necessary, and multiple submissions are permitted.

One photo per email, please.

Please include a photo caption in the subject line (include your name, phone number, and location), and you could be our next weekly winner!

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We reserve the right to use the photo wherever we see fit, including our front page —crediting you as the source of that photo.

Email your photos to:
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ARTIST OF THE WEEK

Ron McIntosh

Mixed Media, Graphite artist. A flare for "Still Life" and landscapes situated on paper or canvas.

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THE LONE BELLOW AT THE AGGIE THEATRE ON FEBRUARY 2

NEW SCENE | SceneNOCO.com



(Photo courtesy of The Lone Bellow Facebook)

This month acclaimed indie/folk trio The Lone Bellow will be hitting the road for the second leg of their US tour in support of their critically praised new album Love Songs for Losers (out now via Dualtone Records), and they're headed towards a venue near you at Aggie Theatre on February 2 at 8 pm with special guests Tow'rs.

Love Songs for Losers marks an exciting departure for the band as they struck out on their own for the first time and self-produced, whereas for previous albums, they've teamed up with elite producers such as Aaron Dessner (The National) and Dave Cobb.

They also stepped outside the familiar studio setting and recorded the album over eight weeks at Roy Orbison's former home in Nashville. The result is the group's most expansive and eclectic body of work yet as they celebrate their 10th Anniversary since forming as a band. American Songwriter called it a "stunning record," while Relix raved, "Love Songs for Losers finds a winning combination, one that reverberates with revelry, resilience and absolute insistence." All Music Guide named it one of their Favorite Folk/Americana Albums of 2022, and The Bluegrass Situation chose them as "Artist of the Month" for December. They were also featured in People Magazine, NPR's World Cafe, No Depression, and Nashville Lifestyles among many others.

Their singles "Gold" and "Honey" are available on Youtube at https://youtu.be/zTWeS_3dn_ and <https://youtu.be/rxiQzDqJ8sQ>.

You can check out their new album Love Songs for Losers online at thelonebellow.fanlink.to/lovesongsforlosers and be sure to follow them out at their website at thelonebellow.com and on Facebook.

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"The pods offer our guests a premium concert experience. The program was so popular last year that we have added 12 more pods, so now 39 pod owners can have their own private space right in the middle of the arena floor to enjoy the live music with the best seat in the house," commented Jen Baia Monte, Greeley Stampede Group Parties Chair. "These are the hottest tickets we have at the Stampede, so I expect the new pods will sell fast."

Pricing for the SS+ Pods ranges from \$4,000-5,500 depending on location with limited pods



available. To reserve your SS+ Pod before they're gone, contact Jen at groups@greeleystampede.org or call 970-716-0117. For more information about the pods visit greeleystampede.org/p/concert-pods.

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WEEKLY SNEAK PEEK



FOCO Rhythm Rally, Northside Aztlan Community Center, 1 pm -3 pm, 2/5

The FOCO Rhythm Rally is a unique event just for drummers. We will get as many drummers as possible into one room to create music and rhythms like you've never heard. Think of it as a car show for drummers.

Wednesday, February 1

100% Recyclable Valentines, Larimer County Garbage Garage Education Center, 10 am & 12 pm
Carlos Barata at Penrose Taphouse, Penrose Taphouse & Eatery, 6 pm -9 pm
Davy Williamson with John Hodges, Spirits Music Hall, 6 pm -10 pm
February Comedy Night, Sparge Brewing, 7 pm -9 pm
FREE: Workingman's Wednesdays w/ Tumbledown Shack, 830 North , 6:30 pm
George Lakey -- "Dancing with History", Boulder Book Store, 6:30 pm -7:30 pm
Residency Concert with Nathaniel Riley, Wolverine Farm Letterpress and Publick House, 6 pm
Songwriters' Workshop - Fort Collins, The Purple Cup Cafe, 5:45 pm -8 pm
Wild Card Wednesdays, The Lyric, 8 pm

Thursday, February 2

100% Recyclable Valentines, Larimer County Garbage Garage Education Center, 10 am & 12 pm
Bittersweet Harvest: Carrying the Family Legacy, Aims Community College / Welcome Center, Ballroom A, 6:30 pm -8 pm
Brizida Magro -- "Let Me Call You Sweetheart", Boulder Book Store, 5:30 pm -6:30 pm
The Lone Bellow - Love Songs For Losers Tour w/ Special Guests - Presented by The Colorado Sound, Aggie Theatre, 8 pm

Friday, February 3

100% Recyclable Valentines, Larimer County Garbage Garage Education Center, 10 am & 12 pm
Al Di Meola, Boulder Theater, 8 pm -12 am
BleakHeart/Autumn Creatures/Fainting Dreams, Hi-Dive, 9 pm -12 am
Carson Jeffrey at The Black Buzzard, The Black Buzzard at Oskar Blues, 8 pm -11:30 pm
Clementine + Hospital Socks w/ Scuffed, Wastebasket - Presented by Party Guru Productions, Aggie Theatre, 8 pm
Lunar New Year Vision Board Activity, Foothills Unitarian Church, 3:30 pm -6:30 pm
Moontricks with saQi ft. Diamonde, The Fox Theatre, 9 pm -12 pm
Nick Dunbar and Sad Cowboy with Many Mountains @ Loaded, Loaded, 8 pm -11:30 pm
Opening Reception: "Rock, Paper, Fibers, Ink: Thinking about Landscape" by Margaret Sunday, Tointon Gallery, 5 pm -7 pm
RION EVANS Presents TV Game Show Night !!, The Louisville Underground, 8 pm -11 pm
"The Revolutionists" Play by OpenStage Theatre & Company, Lincoln Center, 7:30 pm -10 pm

Saturday, February 4

A Study of Inequity in Sport, CU Boulder Center for Academic Success and Engagement (CASE), 1 pm -2:30 pm
Big Bad Voodoo Daddy, Union Colony Civic Center, 7:30 pm -9:30 pm
Building Your Home Apothecary, Equinox Center of Herbal Studies, 1 pm -3 pm
Carson Jeffrey @ Moxi Theater, Moxi Theater, 9 pm -12 am
CFP with Lost Cause + Certain Punishment @ The Black Buzzard, The Black Buzzard at Oskar Blues, 8 pm -11:30 pm
"Escape to Delight" - Fort Collins Symphony, Lincoln Center, 7:30 pm -9:30 am

Geeks Who Drink, The Lyric, 7 pm
MINER'S BALL 1929, The Louisville Underground, 8 pm -11:59 pm
Monthly Bird Banding & Bird Walk, High Plains Environmental Center, 9 am -10:30 am
Moonlight Bloom/Heated Bones/The Crooked Rugs, Hi-Dive, 9 pm -12 am
Slacker University, Fox Theater Boulder, CO, 9 pm
The Cars / Offspring Tribute Night @ Cheers, @ Cheers, 7 pm -12 am
The Petty Nicks Experience, Rialto Theater Center, 7:30 pm
"The Revolutionists" Play by OpenStage Theatre & Company, Lincoln Center, 7:30 pm -10 pm
Web of Connection Awareness for Life Meditation and Inquiry, Online, 4 pm -6 pm

Sunday, February 5

A Comedy Brewers Improv Show, Bas Bleu Theatre, 7 pm -8:30 pm
Boulder Comedy Show, Rayback Collective, 7 pm -9 pm
Dime Stories: A Storytelling Open Mic, Wolverine Farm Letterpress and Publick House, 4:30 pm -6 pm
FOCO Rhythm Rally, Northside Aztlan Community Center, 1 pm -3 pm
Geeks Who Drink, The Lyric, 7 pm
Sunday Morning "Toast and Jams", New Belgium Brewing, 11 am -2 pm
Tansy Wine with Zero Hour Tango and Vera Zane, Enigma Bazaar, 5 pm -10 pm
"The Revolutionists" Play by OpenStage Theatre & Company, Lincoln Center, 2 pm -4 pm

Monday, February 6

Junto, Liberty Common Elementary School (Aristotle Campus), 6:30 pm -8 pm
Life Drawing with Art of Modeling- Monday nights, Firehouse Art Center, 6 pm -8 pm
The Art and Life podcast, Hatton Gallery, 3 pm -5 pm

Tuesday, February 7

Leslie Vedder -- "The Severed Thread," with Michelle Dotter, Boulder Book Store, 6:30 pm -7:30 pm
Music Open Mic Night w/ Laurie Michelle!, Spirits Music Hall, 7 pm -10 pm
Story-time: Oscar and the Bird, Larimer County Garbage Garage Education Center, 10:30 am -11:30 am

Wednesday, February 8

Blink 90210/Reckless Nights/Spells, Hi-Dive, 8 pm -11 pm
Residency Concert with Anthony Arras, Wolverine Farm Letterpress and Publick House, 6 pm
Roots Music Project, Boulder Bluegrass Jam, Roots Music Project, 7 pm -11 pm
Wild Card Wednesdays, The Lyric, 8 pm
Wu-Wednesday with Eternal of Wu-Tang Killa Beez & 9 other artists, Spirits Music Hall, 7 pm -11 pm

Thursday, February 9

Movete Chiquita Vinyl Club, Hi-Dive, 8 pm -11 pm
Redd w/ Autumnal & Frail Talk, The Lyric, 7 pm -11 pm
Women Writing Colorado, Boulder Book Store, 6:30 pm -7:30 pm

Friday, February 10

16th Annual Winter Bike to Work (or Wherever) Day, Fort Collins, CO, 7 am -9:30 am
American Idiot - Tribute to Green Day @ Loaded, Loaded, 8 pm -11:30 pm
Colorado Jazz Repertory Orchestra Quartet presents the Music of Nat King Cole with Robert Johnson, Parsons Theatre, 7:30 pm
Gabriel Albelo & the Midnight Temples / Los Toms/ Galleries, Hi-Dive, 9 pm -12 am
James Rollins -- "The Cradle of Ice", Boulder Book Store, 6:30 pm -7:30 pm
Jane & Matthews + Mr. Mota + Alpenglow, The Fox Theatre, 9 pm -12 am
Relative: Film Screening and Director Q&A, The Lyric, 6:30 pm
The Mike Stanley Comedy Show, The Louisville Underground, 8 pm -11 pm
"The Revolutionists" Play by OpenStage Theatre & Company, Lincoln Center, 7:30 pm -10 pm
Waylon Jennings Tribute show with New Ben Franklins @ The Black Buzzard, The Black Buzzard at Oskar Blues, 8 pm -11:30 pm

Saturday, February 11

Artist Member Social- Donuts at Landline Donuts with Vonalda, Landline Doughnuts & Coffee, 9:30 am -11:30 am
Black History Live: Josephine Baker, Museum of Boulder at Tebo Center, 3 pm -4:30 pm
Curanderismo, Foothills Unitarian Church, 10 am -12 pm
Geeks Who Drink, The Lyric, 7 pm

Guided Interpretive Trail Walk, High Plains Environmental Center, 9 am -10:30 am
In Plain Air @ Black Buzzard, The Black Buzzard at Oskar Blues, 8 pm -11:30 pm
Kick Start My Heart - a Motley Tribute w Back Stabbath, Spirits Music Hall, 6 pm -11 pm
Skid Row / Pantera / Soundgarden 31st Anniversary Tribute night, @ Cheers, 7 pm -12 am
Steven Vidaic, The Louisville Underground, 8 pm -11 pm
Sweethearts and Seltzers, High Hops Brewery, 10:30 am
Taylor Fest - Presented by 96.1 KISS FM, Aggie Theatre, 8 pm
The Cupcake Cabaret: Heartbreakers, a Valentine's Burlesque Show, The Lyric, 8 pm -11 pm
The Peking Acrobats featuring The Shanghai Circus, Union Colony Civic Center, 7:30 pm -9:30 pm
The Red Scare/ Sunnner/ LEGS. The Band./ Cellar Smellar, Hi-Dive, 9 pm -12 am
"The Revolutionists" Play by OpenStage Theatre & Company, Lincoln Center, 7:30 pm -10 pm
TWINSICK, Fox Theater Boulder, CO, 9 pm -11:45 pm
Web of Connection Awareness for Life Meditation and Inquiry, Online, 4 pm -6 pm
Yin Yoga, Sparge Brewing, 10 am -11:30 am

Sunday, February 12

Beacon's Black Heart Ball, The Beacon, 7 pm -1 am
Boulder Comedy Show, Rayback Collective, 7 pm -9 pm
Geeks Who Drink, The Lyric, 7 pm
Letter Writing Party: Stop Wolf Hunting, Wolverine Farm Letterpress and Publick House, 2 pm -4 pm
Songwriting Sessions, Roots Music Project, 6 pm -8 pm
Space for ManKind: Networking for Men of Color, Backyard Tap, 3 pm -8 pm
Sunday Morning "Toast and Jams", Soul Squared Tap house, 11 am -2 pm

Monday, February 13

Acrylic Pouring Workshop, Sparge Brewing, 6 pm -8 pm
Firehouse Artist's Circle, Firehouse Art Center, 12 pm -2:30 pm
Life Drawing with Art of Modeling- Monday nights, Firehouse Art Center, 6 pm -8 pm
Songwriting Circle, Roots Music Project, 7:30 pm -9:30 pm

Tuesday, February 14

Loveland's Annual Valentine's Day Group Wedding, Budweiser Events Center, 4 pm
MIDWIFE/ H Lite/ Polly Urethane/ Debaser, Hi-Dive, 8 pm -11 pm
Music Open Mic Night w/ Laurie Michelle!, Spirits Music Hall, 7 pm -10 pm
Simon Van Booy -- "The Presence of Absence", Boulder Book Store, 6:30 pm -7:30 pm
Traditional Hawaiian Quilting: History, Characteristics, and Techniques, Global Village Museum of Arts and Cultures, 6 pm -7:30 pm

Wednesday, February 15

FREE: Bass N' Bowl ft. HMNGBRD, BetaWolf, Scary Thoughts, 830 North , 8 pm
Jerry Kopack -- "The World Spins By", Boulder Book Store, 6:30 pm -7:30 pm
Residency Concert with Elke Tukker, Wolverine Farm Letterpress and Publick House, 6 pm
Roots Music Project, Boulder Bluegrass Jam, Roots Music Project, 7 pm -11 pm

Thursday, February 16

Carlos Barata at The Magic Rat, The Magic Rat, 7 pm -8:30 pm
Clay Rose, Singer-Songwriter night with special guest Ben Hanna., Roots Music Project, 7:30 pm -11 pm

Kyle Hollingsworth Band & Joel Cummins with Special Guest Morsel, The Fox Theatre, 9 pm
Pal-entine's Day Gathering for the Women of Color Network, The Agave Room, 5 pm -8 pm
Stephen Graham Jones -- "Don't Fear the Reaper", Boulder Book Store, 6:30 pm -7:30 pm

Friday, February 17

7 Words for Love- a performance puzzle, Masonic Temple Event Center Fort Collins, 7 pm -8:30 pm
Colorado Core Knowledge Network Conference, Liberty Common Elementary School (Plato Campus), 9 am -3 pm
Eddie 9V, Fox Theater Boulder, CO, 8 pm -11:45 pm
Guappo + Rose Capone @ The Black Buzzard, The Black Buzzard at Oskar Blues, 8 pm -11:30 pm
IMPROVARAMA! : Boulder's Best IMPROV Comedy Troupe!, The Louisville Underground, 8 pm -11 pm
Jeron Pierce @ Loaded, Loaded, 8 pm -11:30 pm
Love Gang/Cleaner/Heated Bones, Hi-Dive, 9 pm -12 am
Megan Hamilton w/ Homemade Spaceship & Lonsoul, 830 North , 8 pm
Midwinter Bluegrass Festival, Delta Hotel by Marriott, 5 pm -10 pm
Remain In Light: Jerry Harrison & Adrian Belew with special guests Cool Cool Cool (former members of Turkuaz), Boulder Theater, 8 pm -12:15 am
SIPPY, Fox Theater Boulder, CO, 9 pm

Saturday, February 18

Creature Canyon w/ Spliff Tank, 830 North , 8 pm
Deva Yoder @ The Black Buzzard, The Black Buzzard at Oskar Blues, 8 pm -11:30 pm
eTown Presents: Mick Flannery with Tianna Esperanza, eTown Hall, 7 pm -9:30 pm
Free Class: Native Plant Propagation, High Plains Environmental Center, 10 am -11:30 am
Gardening 101, The Windsor Gardener, 10 am -12 pm
Geeks Who Drink, The Lyric, 7 pm
Gentle New Moon Yoga Flow for People of Color, The Wellbeing Orchard, 9:30 am -10:30 am
Get Scam Smart, Trinity Lutheran Church, 10 am -11:30 am
Mardi Gras Party, The Louisville Underground, 8 pm -11 pm
Martin Sexton, Boulder Theater, 8 pm -12 am
Midwinter Bluegrass Festival, Delta Hotel by Marriott, 5 pm -10 pm
O'Connor Brothers Band @ Loaded, Loaded, 8 pm -11:30 pm
"Out Cold" Tour: Grieves with Mouse Powell, Zac Ivie + Dumb Luck and Special Guests TBA, Fox Theater Boulder, CO, 7:30 pm
Queen / Journey / tribute Night @ Cheers, @ Cheers, 7 pm -12 am
Rolos Rios with Top Flite Empire @ Moxi Theater, Moxi Theater, 8 pm -11:30 pm
Skegss w/ Yot Club, Aggie Theatre, 8 pm
The Doo Wop Project, Rialto Theater Center, 7:30 pm
Tiwzzted Mizztress with guests Cirkus, Spirits Music Hall, 6 pm -11 pm
Weaponizer/Cloudcatcher/Nightwraith, Hi-Dive, 8:30 pm -11:30 pm
Web of Connection Awareness for Life Meditation and Inquiry, Online, 4 pm -6 pm

Sunday, February 19

Boulder Comedy Show, Rayback Collective, 7 pm -9 pm
Grieves - Out Cold Tour w/ Mouse Powell, Zac Ivie + Dumb Luck - Presented by Party Guru Productions, Aggie Theatre, 8 pm
Midwinter Bluegrass Festival, Delta Hotel by Marriott, 5 pm -10 pm
Nancy Eastman and Alicia McKim Artist Talk at the Firehouse, Firehouse Art Center, 3:30 pm -4:30 pm
Sunday morning "Toast and Jams", Soul Squared Tap house, 12 pm -3 pm
Tasteful Sunday, Equinox Center of Herbal Studies, 1 pm -5 pm

Monday, February 20

Kristine Leschper with Guests TBA, Hi-Dive, 9 pm -12 am
The Second City Swipes Right, Boulder Theater, 7 pm -1 am

Tuesday, February 21

Battery Bonanza, Larimer County Garbage Garage Education Center, 10 am -2 pm
Gulo Gulo Poetry Open Mic and (+ Workshop), Wolverine Farm Letterpress and Publick House, 4 pm -8 pm
Music Open Mic Night w/ Laurie Michelle!, Spirits Music Hall, 7 pm -10 pm

Wednesday, February 22

Battery Bonanza, Larimer County Garbage Garage Education Center, 10 am -2 pm
Dale Bridges -- "The Mean Reds", Boulder Book Store, 6:30 pm -7:30 pm
Knit and Sip, Sparge Brewing, 5:30 pm -8:30 pm
Lorelle Meets the Obsolete/ Wave Decay / DJ Novak, Hi-Dive, 9 pm -12 am
Residency Concert with Haley Harkin, Wolverine Farm Letterpress and Publick House, 6 pm
Roots Music Project, Boulder Bluegrass Jam, Roots Music Project, 7 pm -11 pm

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COVER STORY

I-25 North Express Lanes Project Hits Major Milestones

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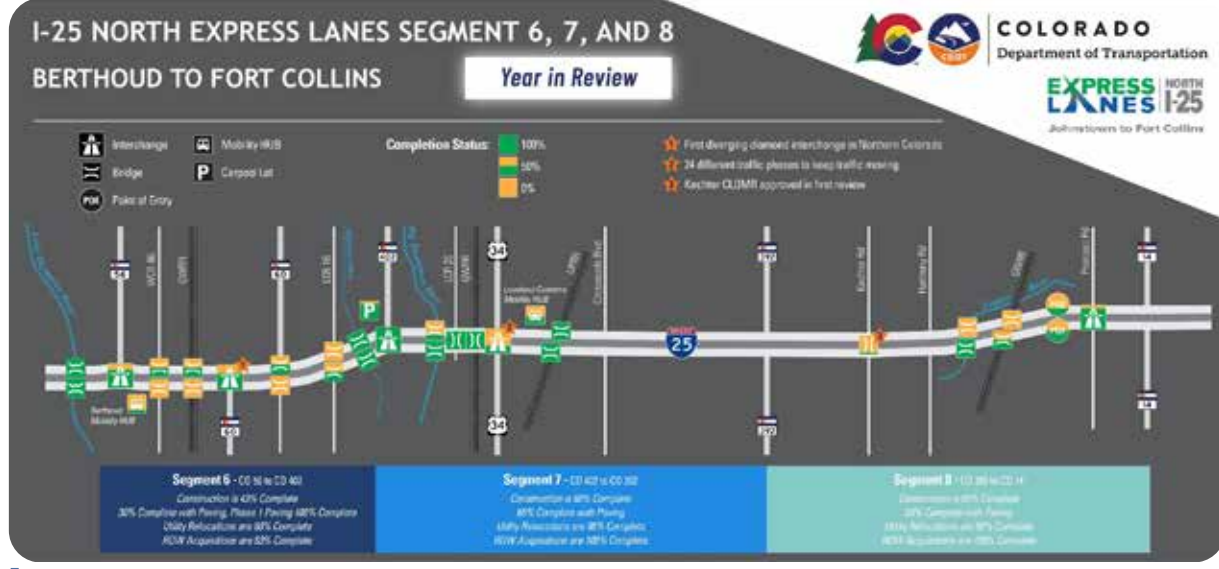
(Photo courtesy CDOT on Instagram)

The I-25 North Express Lanes construction crews and the Colorado Department of Transportation (CDOT) have acknowledged another year of construction progress on the I-25 North corridor and identified funding for two more segments (Segments 2 and 5) on the I-25 corridor outlined in the State's 10-Year Plan. Funding for these additional segments comes from various funding sources in the 10-Year plan, including SB260, and innovative financing through the Colorado Transportation Investment Office.

From Berthoud up to Fort Collins, residents and commuters alike navigated around more construction signage, activity, and a few closures and detours along the I-25 North corridor this past year. Although there were new route changes and road closures, according to CDOT, the project is progressing and is one step closer to bringing the new and improved I-25 North on time and within budget.

As Coloradans and visitors continued to travel the interstate this year, here are some of the major work crews accomplished:

- Closed and reopened the Colorado Highway 60 and I-25 interchange to transition it into a Diverging Diamond Interchange (DDI)—the newest DDI to



(Illustration courtesy CDOT)

- northern Colorado.
- Reopened Kechter Road across I-25 with a new bridge.
- Replaced the US Highway 34 bridge over I-25.
- Completed seven bridges between Johnstown and Fort Collins.
- Placed 180,000 square yards of concrete in 2022 between Johnstown and Fort Collins.
- Installed approximately four miles of pipe on the Johnstown to Fort Collins segments.
- Recycled 60 million pounds of the old concrete pavement back into the Johnstown to Fort Collins segment of the project.
- Placed more than three million pounds of steel in structures and concrete pavement between Johnstown and Fort Collins.

According to CDOT, they are pleased with the progress the project team accomplished this past year and over the last three years. The illustration shows how much has been completed on this project in 2022 and 2021.

Stay tuned on the project website and the CDOT social media pages to stay up-to-date on upcoming construction impacts and milestones for this year.

Segment 5 - CO66 to CO56 design will be underway in Spring of 2023, with construction beginning at the

heels of Segments 6, 7, and 8 completing toll testing and integration. The project, which now includes segment 5, is excited to reach more milestones in 2023, including substantial completion and roadway tolling testing and integration in 2024 for the Johnstown to Fort Collins segments.

About I-25 North Express Lanes: Berthoud to Fort Collins

The I-25 North Express Lanes Project will increase highway capacity by adding an Express Lane in each direction, rebuilding interchanges, replacing aging bridges, straightening highway curves to improve safety, making major utility and drainage improvements, and adding carpool and two mobility hub transit facilities.

During construction on the I-25 North Express Lanes Project, expect speed reductions to 55 or 65 mph, minor lane shifts, temporary concrete barriers, and median bridge work. Also, expect delays during the scheduled work hours. Construction is expected to be completed in early 2024.

PROJECT CONTACT INFORMATION
Project phone line - (720) 593-1996
Project email - Northi25ExpressLanes@gmail.com
Project website - www.codot.gov/projects/north-i-25

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Sanderosa Art Gallery
Laporte, Co



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Dan Booth
Marketing Director
Fort Collins Nursery



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"Matt and the team helped me get consistent marketing to the Town of Wellington and surrounding areas. Because of that I have been able to generate many local customer, some that I will keep for the entire time I am here. I am excited to be in this town and love working with the N40N news team. THANK YOU!"

Tanner Brown, Agent
State Farm Insurance
Wellington, CO



"We love advertising with North Forty News! It's been a great way to get the word out about our events to the Northern Colorado community, and their staff is wonderful to work with"

Michelle Horton
Marketing Manager
Aggie Theatre - Fort Collins



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SODOKU SOLUTION

CHECK OUT THE PUZZLE ON PAGE 10

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5	1	4	7	3	8	6	2	9
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CROSSWORD SOLUTION

CHECK OUT THE PUZZLE ON PAGE 15

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Four Behavioral Health Projects Serving Rural Colorado Funded by \$200,000 in Competitive CDA Grants

NORTH FORTY NEWS | NorthFortyNews.com

The Colorado Agricultural Commission has approved funding for four projects through the new Rural Mental Health Grant Program. The Colorado Department of Agriculture will distribute nearly \$200,000 in funding to improve how mental and behavioral health services are delivered across Colorado's rural communities.

"Farm and agricultural stress comes from so many different sources, yet there is a stigma around accessing services. Whether you're dealing with the effects of climate change, anxiety and depression, struggling after deployment, or wrestling with other symptoms, rural communities have unique needs and need more opportunity to access services that can help," said Commissioner of Agriculture Kate Greenberg. "The number of applications the program received shows there is an extreme need across Colorado to support mental and behavioral health services in our rural communities."

The Colorado Department of Agriculture received 55 applications from organizations serving 63 of Colorado's 64 counties, requesting more than \$3.3 million in funding, with the average request of approximately \$65,000. A one-time appropriation funded the Rural Mental Health Grant Program from the Colorado General Assembly during the 2022 legislative session.

The grants were considered by a review panel, including a member of the Agricultural Commission and mental and behavioral health services experts. Review criteria included evidence of funding impact and demonstrated need of target populations. The review panel issued recommendations for funding, which the Colorado Agricultural Commission approved.

The four awarded applicants are:

- Community Health Initiatives will provide resilience and skills training to at-risk communities in Western Colorado, serving the military, first responders, cancer patients, and aging adults and their families. The training

teaches families practical skills to help them meet the challenges of military life, such as deployments, stress, injury, and other transitions. Total grant amount: \$61,000

- Loving Beyond Understanding, Inc. will increase the availability and quality of care and services for the LGBTQ+ community, including trans and nonbinary people, by providing counseling sessions to youth and parents. The project also funds cultural competency training for existing medical professionals and other service providers who interact with LGBTQ+ people in rural communities in Western Colorado. Total grant amount: \$61,000
 - Northwest Colorado Health will increase access to direct and indirect behavioral health services during primary and dental visits while assuring providers maximize clinic time. Serving Routt and Moffat counties, this funding will allow NCH to increase patient care and outreach to rural and agricultural communities. Targeted plans will be developed in collaboration with community partners such as the CSU Extension Office, the Community Agriculture Alliance, and local 4-H Clubs. Total grant amount: \$27,500
 - Project Protect Food Systems Workers will distribute care kits and perform mental and behavioral health outreach to agricultural workers across the state. The project aims to increase awareness of services and reduce the stigma associated with seeking mental and behavioral health services among their target demographic, which includes low-income Spanish-speakers. Total grant amount: \$50,000
- The four projects will touch 34 rural Colorado counties and provide services to at-risk and underserved populations, including agricultural workers, LGBTQIA+ youth and families, veterans and emergency responders, and cancer patients and their families.

Spot Misleading Ads and Subscription Traps for Weight Loss Products

NORTH FORTY NEWS | NorthFortyNews.com

Regarding New Year's resolutions, scammers know that losing weight and getting in shape is one of the most popular goals. This popularity has led to many scams involving vitamins, supplements, and weight loss formulas, all claiming to offer rapid results. Not only are the products themselves questionable, but so are the companies' business dealings peddling them.

HOW THE SCAM WORKS

Most weight loss product scams start with promises too good to be true. Body wraps, topical creams, dietary supplements, pills, powders, skin patches, and even earrings have been advertised to "melt," "flush," "burn," or "dissolve" away unwanted fat fast. These ads usually come with some amazing before and after pictures of people who claim to have used the product and glowing five-star reviews.

You may see these ads on TV, in periodicals, or, more commonly, on social media. The sad truth is the ads are misleading, and the products won't melt away fat or give you a six-pack. Many contain ingredients that can be damaging to your health.

To make matters worse, some companies use unscrupulous selling techniques. Dozens of consumer complaints described weight loss programs as difficult to cancel, even if the product doesn't work as claimed in the ads. Some consumers believed they were making a one-time purchase. Instead, the company repeatedly billed their credit cards for more of the product.

One consumer reported this experience to BBB Scam Tracker: "I came across what I now realize was a fake advertisement for a weight loss product supported by the legit Shark Tank program. It used names and pictures of real people and their "results" using keto gummies. The advertisement

said you could try one bottle and get one free for \$52.44. Instead, I was charged \$104.88. I called them right away to report this and cancel the transaction. I was told I couldn't cancel because the order had already shipped - only five minutes after I placed it! I called my credit card company, and they recommended returning the product for a refund. After I received the product, I followed the company's return instructions and sent the product back. A week later, I called them to find out the status of my refund, only to be informed the company has no return/refund policy."

To help avoid weight loss scams, BBB recommends the following:

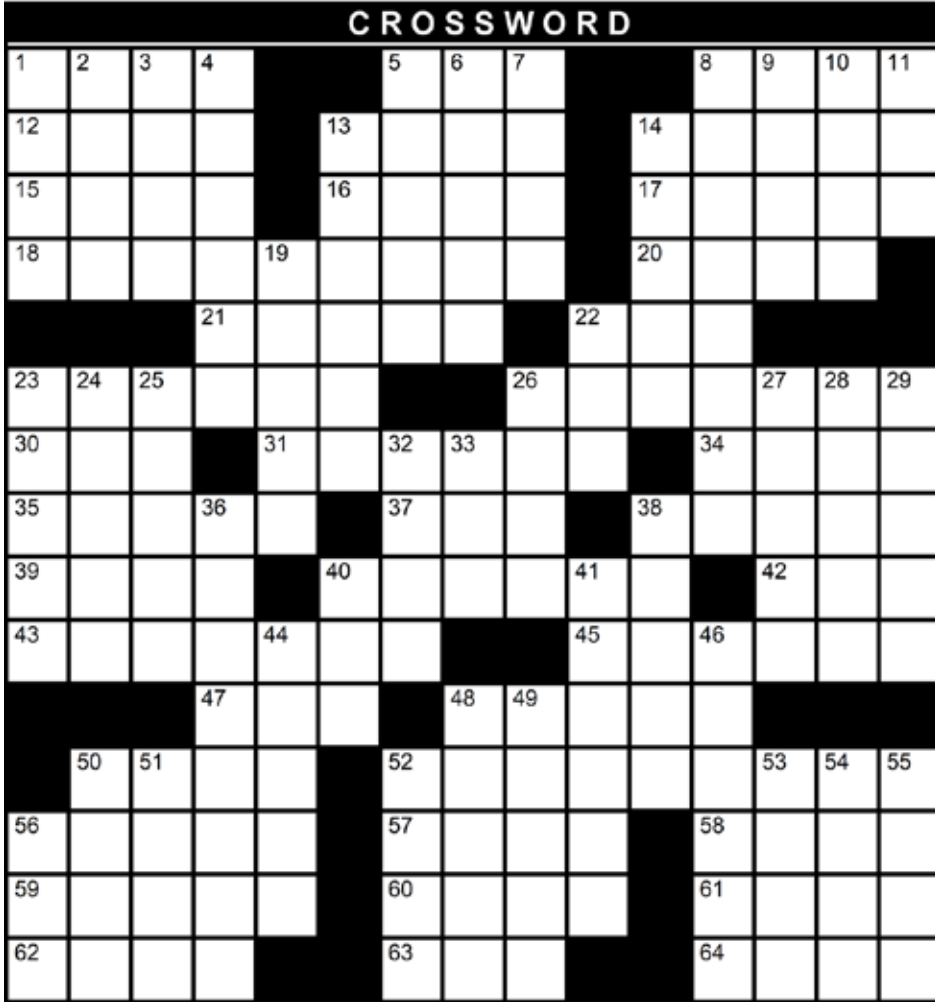
- Always be wary of advertisements and customer endorsements promising "miracle" results or immediate weight loss.
- Don't be quick to trust endorsements.
- Avoid products that claim to help lose weight without diet or exercise.
- Be suspicious of taking special pills, powders, or herbs.
- Be wary of a lack of an ingredients list.
- Be wary of free trial offers, and before signing up, understand all the terms and conditions.
- When participating in online forums and chat rooms focused on weight loss and fitness topics, be wary of individuals pushing products they claim will help quickly reach goals.
- Be realistic about your fitness goals.
- Research the company with BBB.org before purchasing.
- Report the deceptive ads.

Contact your BBB to report suspicious, confusing, or misleading ads to BBB Ad Truth or report a scam with BBB Scam Tracker.

THE BACK PAGE

VALENTINE'S DAY

CROSSWORD



ACROSS

1. "Without further _____," pl.
5. Sweet 16 gift
8. Steps to the river, in India
12. *Michael BublÉ's "_____ the Last Dance for Me"
13. Bigger than big
14. Nonkosher
15. Big-ticket one
16. October birthstone
17. *#5 Down's target
18. *Reason to celebrate Lupercalia, Valentine's Day predecessor
20. Make over
21. Omit
22. Hexagonal fastener
23. December birthstone, pl.
26. Most gem,tlich
30. Ed.'s request
31. Two dots above a letter
34. Brussels org.
35. Church recesses
37. _____ or chicken?
38. Encourage (2 words)
39. What hoarders do
40. He crossed the Rubicon
42. Jet follower
43. English county courts, in the olden days
45. Gentlemen's gentlemen
47. Chop off
48. Paparazzo's quest
50. Port in Yemen
52. *Heart-shaped box content
56. Range
57. Top notch
58. Baron Munchhausen, e.g.
59. Journalists and reporters
60. Speed unit
61. All is well that does this well
62. Bald eagle's nest
63. Ever, to a poet
64. Tinkerbell's powder

DOWN

1. "Clueless" catch phrase
2. *Get-together
3. End of a break-up phrase
4. Explosive of Czechoslovakian origin
5. *Winged one
6. September stone
7. Bank on
8. *_____ card
9. Not tails
10. '70s hairdo
11. Sylvester, to Tweety
13. Wholism, alt. sp.
14. Monotonous hum
19. Intestinal obstruction
22. "Wayne's World" catchphrase
23. Japanese port
24. Necklace clasp location, pl.
25. Affirmatives
26. *Kisses' partners
27. National emblem
28. Type of weasel
29. BBQ tool
32. Pasturelands
33. Accompanies wisdom?
36. *a.k.a. St. Valentine's Malady
38. *Muse of love poetry
40. Large edible mushroom
41. Long-legged shore bird
44. Regions
46. Bummed about
48. Bell's invention
49. Laurels
50. Homesteader's measure
51. Active one
52. Soap block
53. Hokkaido language
54. Small amounts
55. Formerly, formerly
56. *Romantic destination



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Free Radon Test Kits Available

NORTH FORTY NEWS | NorthFortyNews.com

The Larimer County Department of Health and Environment (LCDHE) is urging residents to test their homes for radon.

LCDHE has a limited number of free home radon test kits available for the public to pick up at various locations in Larimer County.

Radon is a naturally occurring, colorless, odorless radioactive gas, and elevated levels inside a home can pose a severe health threat to residents.

Radon exposure is the second leading cause of lung cancer in the United States, contributing to as many as 500 lung cancer deaths in Colorado each year.

Radon can quickly enter homes and other buildings through small openings like cracks in foundations, openings around pumps and drains, and crawl spaces.

Any home may have high radon levels, even if neighboring homes do not.

A simple test can determine if high radon levels are in a home.

Even homeowners with radon mitigation systems should retest their homes every few years to ensure the system is working correctly.

"In Colorado, about half the homes have radon levels higher than the U.S. Environmental Protection Agency recommended action level, and testing

is the only way to know if you and your family are at risk," says Larimer County Environmental Health Director Chris Manley.

Larimer County residents can pick up a free radon test kit while supplies last.

These kits come with postage to the lab prepaid, so you can test them, drop them in the mail, and get your results. Free kits can be picked up at the following locations:

- Larimer County Department of Health and Environment, 1525 Blue Spruce Drive, Fort Collins
- Larimer County Department of Health and Environment, 200 Peridot Avenue, Loveland
- Estes Park Town Hall, 170 MacGregor Avenue, pick-up in the lobby inside the main entrance (available starting Friday, 1/27)

After testing for radon, residents are encouraged to protect themselves and their families by implementing appropriate mitigation measures to reduce elevated levels of radon, if needed, which can be effectively accomplished for the price of a typical home repair.

For more information about radon and to view a map of local radon testing results, visit www.larimer.gov/radon.



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